

TRIPLE-S SALUD, INC.
1441 Ave. Roosevelt, San Juan, Puerto Rico
Independent licensee of *Blue Cross Blue Shield Association*

Triple-S Óptimo Plus

Employer

Policyholder: Leidos Inc.

Sponsor number: SP0007021

Effective date: January 1, 2021

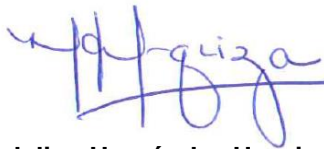
Triple-S Salud, Inc., (hereinafter referred to as Triple-S Salud) insures the active employees of the employer named in the group insurance contract and the eligible dependents of such employees, in accordance with the provisions of this policy/certificate of benefits, and the payment policy established by Triple-S Salud, against expenses for medically necessary medical-surgical and hospitalization services rendered while the policy is in force, due to injuries or illness suffered by the member. This policy is not subject to a risk assessment and is issued in consideration of the statements in the group insurance contract and the employer's advance payment of the corresponding premiums, based on the date the employer contracts the group health insurance.

This policy is issued to *bona fide* residents of Puerto Rico, whose permanent residence is located within the Area of Service, as defined in this policy, for one (1) year from the date that appears in the group insurance contract. This insurance may be continued in additional, consecutive and equal periods of time through the payment of the corresponding premiums, which will be the responsibility of the employer first, as policyholder, as well as the employee as the health plan member and user, as provided henceforth. All the terms of coverage begin and end at 12:01 a.m., local Puerto Rico time.

Triple-S Salud shall not deny, exclude, or limit the benefits of a member because of a preexisting condition, regardless of the age of the member. This policy is not a supplemental policy or contract for the Program of All-Inclusive Care for the Elderly (Medicare). Please review the Health Insurance Guide for People with Medicare available through the insurance company.

Triple S Salud follows all applicable federal civil rights laws and does not discriminate on the basis of race, color, nationality, age, disability, or sex.

Signed on behalf of Triple-S Salud, by its President.



Madeline Hernández Urquiza, CPA
President

Please keep this document in a safe place. It includes the benefits to which you are entitled as a Triple-S Salud member. For additional coverage contracted by your employer, please refer to any endorsements issued along with this policy for the full information of the benefits included in your Health Plan.

CONTACTS

Customer Service Department	
Our Customer Service Department is available whenever you have questions or concerns about the benefits or services Triple-S Salud offers to the members enrolled in this policy. They can also answer your questions, help you to understand your benefits, and provide information about our policies and procedures.	
Customer Service Phone Number	787-774-6060 or 1-800-981-3241 (toll-free) TTY users call TTY 787-792-1370 or 1-866-215-1999 (toll-free)
Business Hours for Call Center:	<ul style="list-style-type: none"> Monday to Friday: 7:30 a.m. - 8:00 p.m. (AST) Saturday: 9:00 a.m. – 6:00 p.m. (AST) Sunday: 11:00 a.m. - 5:00 p.m. (AST)
Fax – Customer Service	787-706-2833
Teleconsulta	1-800-255-4375 (24/7)
BlueCard	1-800-810-2583 www.bcbs.com
Mailing Address Customer Service	Triple-S Salud, Inc. Customer Service Department PO Box 363628 San Juan, PR 00936-3628
Email Address:	servicioalcliente@ssspr.com
Precertifications	Triple-S Salud, Inc. Precertification Department PO Box 363628 San Juan, PR 00936-3628 Fax: (787) 774-4824
Case Management Program	787-706-2552 TTY users call 1-800-981-4860 Monday to Friday: 8:00 a.m. to 7:00 p.m. (AST) Fax: 787-744-4820
Programs for Chronic Condition Management (asthma, diabetes, heart failure, prenatal, hypertension, COPD (Chronic Obstructive Pulmonary Disease), Living without Smoke	1-866-788-6770

Service Centers	
Plaza Las Américas (second floor, North Parking Lot entrance) Monday to Friday: 8:00 a.m. - 7:00 p.m. (AST) Saturday: 9:00 a.m. – 6:00 p.m. (AST) Sunday: 11:00 a.m. – 5:00 p.m. (AST)	Plaza Carolina (Second level, next to the Post Office) Monday to Friday: 9:00 a.m. – 7:00 p.m. (AST) Saturday: 9:00 a.m. – 6:00 p.m. (AST) Sunday: 11:00 a.m. – 5:00 p.m. (AST)
Caguas Angora Building Luis Muñoz Marín Ave. & Troche St. (corner) Monday to Friday: 8:00 a.m. – 5:00 p.m. (AST)	Arecibo Caribbean Cinemas Building, Suite 101 PR-2, Km. 81.0 Monday to Friday: 8:00 a.m. – 5:00 p.m. (AST)
Ponce 2760 Ave. Maruca Monday to Friday: 8:00 a.m. – 5:00 p.m. (AST)	Mayagüez PR-114 Km. 1.1 Barrio Guanajibo Monday to Friday: 8:00 a.m. – 5:00 p.m. (AST)
Personas con necesidades especiales debido a: <ul style="list-style-type: none"> • El inglés no es su lenguaje primario • Necesidades especiales 	<p>Esta información está disponible en español, libre de costo. Además, si necesita servicios de interpretación para hablar en otro idioma que no sea inglés o español, favor de comunicarse con Servicio al Cliente al 787-774-6060.</p> <p>Llame a Servicio al Cliente si necesita ayuda en otro idioma o formato. Si necesita ayuda para leer o entender un documento, le podemos ayudar. Los materiales impresos pueden estar disponibles en otros formatos.</p> <p>Usuarios TTY pueden llamar al 787-792-1370 o 1-800-215-1999 (libre de costo) durante el siguiente horario:</p> <ul style="list-style-type: none"> • Lunes a viernes: 7:30 a.m.- 8:00 p.m. (AST) • Sábados: 9:00 a.m.- 6:00 p.m. (AST) • Domingos: 11:00 a.m. - 5:00 p.m. (AST)
People with Special Needs	<p>Call Customer Service if you need help in another language or format. If you want to speak in another language or need help to read or understand a document, we can help you.</p> <p>Printed materials may be available in other formats.</p> <p>TTY users can call our Customer Service Department at TTY 787-792-1370 or 1-866-215-1999 (toll-free) during the following hours:</p> <ul style="list-style-type: none"> • Monday to Friday: 7:30 a.m. - 8:00 p.m. (AST) • Saturday: 9:00 a.m. – 6:00 p.m. (AST) • Sunday: 11:00 a.m. - 5:00 p.m. (AST)
Internet Portal	www.ssspr.com Our members may register to our website, where they may complete transactions such as: <ul style="list-style-type: none"> • Obtain information about their benefits • Health education information • Obtain a Coverage Certification • Request identification card duplicates • Check reimbursement status • Obtain a student certification letter • Review your service history

Mobile Application, Triple-S Salud	<p>Download our mobile app to access important information about your health plan coverage. The Triple-S Salud app lets you:</p> <ul style="list-style-type: none"> • View and email your plan ID card to your doctors, so you can get the services you need even if you don't have your card with you. • View your health plan coverage and benefits. • See the health care services you've received. This way, you can keep a log of the health services you and your family have received. • Find your nearest health care provider to fit your needs. • Easily find contact information for Triple-S Salud, such as phone numbers, office locations, and email address. <p>Access the link for your type of phone below to download the app:</p> <p>Apple: https://apple.co/2Uv3taP Android: https://bit.ly/2XTMeSX</p> <p>IMPORTANT: All Triple-S Salud members may download our app; the plan's primary policyholder will have access to all the plan cards and coverage information.</p>
Teleexpreso	<p>This automated phone line helps you solve issues regarding your health plan at any time of day. You just need to call (787) 774-6060 or 1-800-981-3241 (toll-free) to:</p> <ul style="list-style-type: none"> • Check your eligibility and that of your dependents • Check a reimbursement status • Obtain guidance for some processes, such as submitting a reimbursement claim, requesting card duplicates, and certifications, among others
Teleconsulta MD®	<p>Virtual interactive medical consultation from anywhere within the geographic region of Puerto Rico. To access the service, visit our web portal on your mobile device or computer. You may consult with general practitioners, family physicians, internists, or licensed pediatricians during the following hours:</p> <p>Monday to Sunday, from 6:00 a.m. to 10:00 p.m. (AST)</p>

AST: Atlantic Standard Time

IMPORTANT NOTICE FOR PEOPLE WITH MEDICARE

All forms required to exercise your rights are available at www.ssspr.com.

THIS INSURANCE DUPLICATES SOME *MEDICARE* BENEFITS

This is not a *Medicare Supplement Insurance plan*. If you are eligible for Medicare, please read the Health Insurance Guide for people with Medicare.

This insurance provides limited benefits if you comply with the policy conditions for expenses related to the specific services listed in the policy. This insurance does not pay for your *Medicare* copayments or coinsurance and is not a substitute for *Medicare* supplement insurance.

This insurance duplicates certain *Medicare* benefits when:

- Some of the services covered by the policy are also covered by *Medicare*

***Medicare* pays extended benefits for medically necessary services, regardless of the reason why you need them. These include:**

- Hospitalization
- Medical services
- Other approved items and services

Before you purchase this Insurance

- ✓ Check the coverage in all the health insurance policies you already have.
- ✓ For more information about Medicare and supplemental Medicare insurance, review the Health Insurance Guide for People with Medicare available through the insurance company.

To receive help in understanding your health insurance, please contact the Office of the Commissioner of Insurance of Puerto Rico or any governmental program that provides guidance on insurance for elderly people.

ERISA NOTICE FOR PRIVATE SECTOR EMPLOYEES

ERISA Coverage

The federal *Employee Retirement Income Security Act (ERISA)* governs benefits such as pension, health, and disability plans; death benefits; compensation schemes; prepaid plans to obtain legal services; funds for education and training programs; as well as day care centers operated by private employers. The United States Department of Labor oversees compliance with this act.

This act does not require private employers to provide specific benefits to employees, such as health plans. However, ERISA requires that, once the private employer opts to offer such benefits, they should operate according to certain standards designed to protect the interests of the (participating) employees and their dependents.

You should ask your employer for a copy of the *Summary Plan Description (SPD)* and information about the additional benefits available to employees. The benefit certificate issued by Triple-S Salud includes the health plan benefit.

Scope of ERISA

ERISA does not cover plans offered by churches or health plans granted by the agencies, corporations, and entities of the Commonwealth of Puerto Rico and its municipalities. It does not cover the plans required and managed by local laws, such as employee compensation under the State Insurance Fund and unemployment benefits.

ERISA Requirements

ERISA generally establishes that benefit plans should be implemented in a fair and financially reasonable manner. The private employers and entities that manage and control the employment benefit plans are required to:

- Manage such funds for the “exclusive benefit” of the plan’s participants and members;
- Avoid conflicts of interest when investments and decisions are made regarding the benefits;
- Notify both the government and the participants of certain information regarding the plans; and
- Comply with the specific guidelines that regulate how and when the plan funds should be invested.

Triple-S Salud, as an insurer, does not manage or make decisions, administer, control, invest, or distribute the plan funds used to finance the health plan. Please ask your employer for the SPD for more information.

Each plan should notify its participants about the due procedures to apply for benefits, and the established standards that should be followed to be able to enjoy such benefits. Such standards may, for example, include criteria to determine if someone is disabled and entitled to receive disability benefits, how soon may an employee retire and be entitled to pension benefits, how soon after paying the plan can an employee receive its benefits, and how soon can a participant file a claim for the health plan’s benefits to obtain coverage for an illness or injury. Employers or administrators (such as a disability insurance company or a retirement investment firms) may not make any significant changes to the plan without notifying the participants. Please ask your employer for the SPD for more information on whether these benefits are available.

Benefit Claims

Under ERISA, claims should be addressed within certain regulatory terms. If the health or disability plan denies a benefit, such denial must be done in writing and include the reasons to justify this decision. It should also provide guidance to resubmit the case for a fair revision. We urge you to read the Appeals of Adverse Determinations section in this policy issued by Triple-S Salud, regarding health plan claims.

For more information about ERISA, you may visit the page of the US Department of Labor at www.dol.gov.

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DEFINITIONS

1. **9-1-1 SYSTEM:** Response system for public safety emergency calls, through the 9-1-1 number created by virtue of Act No. 144 of December 22, 1994, as amended, known as the “Act for Speedy Attention of Public Safety 9-1-1 Emergency Calls” or “9-1-1 Calls Act”.
2. **ABUSE:** One or more of the following acts executed by a family member or former family member of the victim, anyone residing in the victim's house, a romantic partner, or any person in charge of their care:
 - a. Attempting to cause or intentionally or recklessly causing another person bodily injury, physical harm, severe emotional distress, psychological trauma, rape, sexual assault, or involuntary sexual intercourse;
 - b. Knowingly engaging in harassment towards the victim, which includes following the person with no proper authorization, under circumstances where the victim could reasonably understand that their physical safety is at risk;
 - c. Restricting the victim's freedom; or
 - d. Knowingly or recklessly causing damage to property with the intent to intimidate or control the victim's behavior.
3. **ABUSE VICTIM:** A person against whom an act of abuse has been committed; who has currently or previously suffered injuries, illnesses, or disorders as a result from the abuse; or who seeks, may have sought, or had reason to seek medical or psychological treatment for abuse; or court-ordered protection or shelter from abuse.
4. **ABUSE VICTIM STATUS:** It means the fact or impression that a person is or has been a victim of abuse, regardless of whether the person has suffered any abuse-related health conditions.
5. **ACTIVE EMPLOYEE:** An employee that renders services to an employer in exchange for wages, salaries, compensation, commissions, bonuses, or any other form of payment, or who is on paid leave of absence, such as vacation, sick leave, or military training, among others, regardless of whether his/her work duties are carried out in or outside the employer's facilities and whether the employee is considered permanent, full-time, or part-time. Active employees are also those who are temporarily absent from their workplace due to their own health conditions or those of their relatives. An employee will cease to be active when he/she resigns, abandons his/her employment, goes on unpaid leave of absence (save for exceptional circumstances established by law, such as those provided in the benefits offered by the State Insurance Fund Corporation and the *Family Medical Leave Act*), is fired, retires, dies, or when the position is declared vacant by the employer.
6. **AMBULANCE SERVICES:** Transportation services rendered in a vehicle that has been duly certified for such purposes by the Public Service Commission of Puerto Rico and the Puerto Rico Department of Health.
7. **ANNUAL OUT-OF-POCKET MAXIMUM:** Maximum amount determined that the member will pay per policy year. Before reaching the annual maximum out-of-pocket set forth in this policy, the member must pay the deductibles, copayments, or coinsurances for essential medical-hospital care and drugs, if enrolled for coverage, as established in the Table of Copayments and Coinsurance received via plan participating providers. After the member reaches the maximum out-of-pocket established in this policy, the plan will pay 100% of the medical expenses covered by the policy. Services rendered by non-participating providers, payments made by the member for services not covered under this policy, alternative therapy services (Triple-S Natural), and the monthly plan premium paid to Triple-S Salud are not considered eligible expenses to be accumulated towards the maximum out-of-pocket.

8. **ASSIGNMENT OF BENEFITS:** Process through which non-participating physicians, hospitals, and facilities agree to provide the necessary covered services (in Puerto Rico and United States) for insured members, while billing Triple-S Salud for said services based on participating provider rates.
9. **BARIATRIC SURGERY:** A surgical procedure for obesity control, which can be performed via four techniques: gastric bypass, adjustable band, intra-gastric balloon, or sleeve gastrectomy. Triple-S Salud will only cover, as required by law, the gastric bypass, subject to precertification. Adjustable bands, intragastric balloons, and sleeve gastrectomies will not be covered.
10. **BLUECARD® PROGRAM:** The program that offers claims processing for covered services outside the geographic area of Puerto Rico, to be paid based on the fees negotiated by the *Blue Cross* or *Blue Shield* plan in the area.
11. **BLUE CROSS BLUE SHIELD PLAN:** Independent insurer that, by contract with the Blue Plans Association (*Blue Cross/Blue Shield*), obtains the license to belong to the independent plan association and to use its trademarks.
12. **CHRONIC CONDITION:** A long-lasting or permanent condition.
13. **COBRA:** Public Law 99-272, Title X, *Consolidated Omnibus Budget Reconciliation Act (COBRA)*, which requires all employers with twenty (20) or more employees to sponsor group health insurance plans, and to provide their employees and their relatives, in certain situations, with a temporary coverage (referred to as Continued Coverage) when the plan coverage ends.
14. **COINSURANCE:** The percentage of the fee the member has to pay, upon receiving covered services, to participating providers or physicians, or to any other providers, as their contribution for the cost of the services received, as established in this policy and as notified to the participating physician or provider. This amount is not refundable by Triple-S Salud.
15. **COLLATERAL VISITS:** Interviews at the office of a psychiatrist or psychologist (with a Master's or Doctorate degree and current license issued by the Puerto Rico Board of Psychologist Examiners) with the member's immediate family.
16. **COMPENSATION:** Amount of money a member receives for a claim submitted to the health plan for a received covered service.
17. **CONCURRENT REVIEW:** Utilization review conducted during the member's stay at a facility or during the member's treatment at the office of a health care professional or any other place where health care services are provided to members on an inpatient or outpatient basis.
18. **COPAYMENT:** The predetermined fixed amount the member has to pay, upon receiving covered services, to participating providers or physicians or to any other providers, as their contribution to the cost of the services received, as established in the policy and as notified to the participating physician or provider. This amount is not refundable by Triple-S Salud.
19. **COSMETIC SURGERY:** Surgery with the sole purpose of improving the individual appearance, not to restore functionality or to correct deformities. Purely cosmetic surgery does not become reconstructive surgery for psychiatric or psychological reasons.
20. **COVERAGE RESCISSION:** Triple-S Salud may decide to retroactively cancel your contract due to fraud or intentional misrepresentation of a material fact, as prohibited in this plan. This rescission will be notified in writing thirty (30) days in advance, and the member has the right to request a review of this determination.
21. **CREDITABLE COVERAGE:** The health coverage the policyholder has before enrolling in this plan under a group plan, provided that the person has not had substantial coverage interruption. The certification of creditable coverage will be provided:
 - a. When the person ceases to be covered by the health plan or acquires coverage according to a provision of the *Consolidated Omnibus Budget Reconciliation Act* of 1986 (COBRA) about continuation;

- b. In the case of members under COBRA, according to a COBRA provision about continuation, when the person ceases to be covered in accordance to said provision; and
 - c. When the request is done on behalf of a person, if the request is made up to twenty-four (24) months after the date the coverage ceased, as described in subsections (1) or (2), whichever date is last.
22. **CUSTODIAL CARE:** Personal attention or assistance provided on a permanent basis to someone in his/her daily activities, such as bathing, dressing, eating, getting in and out of bed or chairs, move around, use the bathroom, or prepare meals, and to supervise their nutrition and medications. Custodial care does not require continued oversight from medical personnel.
23. **CUSTOMARY CHARGES:** A charge is customary when it is within the range of charges usually billed for a determined service by most physicians or service providers with similar training and experience within a given area.
24. **DEDUCTIBLE:** The annual cash amount that must be accumulated before becoming entitled to the benefits under this policy.
25. **DENTIST:** An odontologist who is legally authorized to practice the profession of dentist.
26. **DIRECT DEPENDENTS:** The following are considered direct dependents:
- a. The spouse (person with whom one is married after complying with the ceremonies and formalities required by law) of the insured employee, included in a Family contract while this policy is in force, provided that the member lives with said spouse.
 - b. Biological or adopted children of the insured employee or his/her spouse, as previously defined in subsection 26a, until they reach twenty-six (26) years of age. However, eligibility will not be extended to the spouse of the insured employee's child; the children of the insured employee's child, except those included in subsection 26d below; or the children of the insured employee's child's spouse.
 - c. Minors placed in the primary policyholder's home who are in the process of being adopted by the policyholder. The primary policyholder must provide proof of the placement for adoption along with the documents requested by Triple-S Salud.
 - d. Non-emancipated minors who are the primary policyholder's grandchild or blood relative will be eligible as direct dependents, as long as the member holds permanent custody of such minor as awarded by a final and firm court judgment; this direct dependent may remain in the plan until he/she reaches twenty-six (26) years of age. Grandchildren and blood relatives of the member, regardless of age, may also be eligible as direct dependents if said person is declared disabled by a firm and final court judgment, and the primary policyholder is awarded guardianship of the disabled person by court. In either case, primary policyholders interested in enrolling a grandchild or relative as a direct dependent under this clause must prove their status as custodians or guardians by submitting the final court judgment awarding them permanent custody or guardianship, as the case may be.
 - e. The primary policyholder's foster children will be eligible as direct dependents until they reach twenty-six (26) years of age. The primary policyholder may prove the status of foster children by sending Triple-S Salud an affidavit showing the date the relationship with the minor began, a school certificate, or income tax return certificates for the last two years, among other documentary evidence. Foster children will be understood to be minors who, without being the primary policyholder's biological or adoptive children, have lived since childhood under the same roof with the policyholder in a normal father/mother and son/daughter relationship, and are fed by them, as defined in Article 142 of the Civil Code of Puerto Rico.
27. **DURABLE MEDICAL EQUIPMENT:** Equipment whose main purpose is of a medical nature and whose medical necessity must be certified. This equipment includes, but is not limited to, hospital-type beds, wheelchairs, oxygen equipment, and walkers, among others.

28. **EFFECTIVE DATE:** The plan's first day of coverage.
29. **ELIGIBILITY WAITING PERIOD:** The time period a member must wait before becoming eligible for certain benefits under the terms of the health plan. The waiting period should never exceed ninety (90) days.
30. **ELIGIBLE EMPLOYEE:** An employee that works full-time for the minimum amount of hours required by the employer (regular work week of 30 hours or more), or part-time (at least 17.5 hours per regular work week) for an employer, within a goodwill employer-employee relationship not established with the objective of purchasing a health plan. These calculations should include any employees who are absent from work due to a license or lawfully acknowledged right, such as the benefits offered by the State Insurance Fund Corporation or the Family and Medical Leave Act of 1993. The term "eligible employee" does not include temporary employees or independent contractors.
31. **ENROLLMENT PERIOD:** Established period of time for the eligible employee to enroll in an employer-sponsored health plan.
32. **EQUIPMENT, TREATMENT, AND FACILITIES NOT AVAILABLE IN PUERTO RICO:** Treatment in facilities or with medical-hospital equipment not available in Puerto Rico, in the case of members who require these services due to their conditions.
33. **EXPERIMENTAL OR RESEARCH SERVICES:** Medical treatments that:
- are considered experimental or investigative under the criteria of the *Technology Evaluation Center (TEC)* of the *Blue Cross Blue Shield Association* for the specific indications and methods ordered; or
 - do not have final approval from the corresponding regulatory agencies, such as the Food and Drug Administration (FDA), the Department of Health and Human Services (DHHS), and the Puerto Rico Department of Health; or
 - have insufficient scientific evidence, according to the available scientific evidence, to arrive at a conclusion about the effect of the treatment or technology on the medical results obtained; or
 - have insufficient reported positive results to acceptably counterbalance the treatment's negative outcomes; or
 - are no more beneficial than other already recognized alternative treatments; or
 - show improvement that cannot be obtained outside the research phase.
34. **FAMILY CONTRACT:**
- The insurance that provides benefits for any insured employee, his/her spouse, and his/her direct dependents, as defined in subsection 26 of this section. In these cases, the premium corresponding to the family composition will apply.
 - If an eligible spouse does not exist as defined in subsection 26, the contract of the insured employee with one (1) or more eligible direct dependents may, at his/her option, be considered a Family Contract or an Individual Contract with one (1) or more direct dependents; as defined in subsection 26 of this section.
 - The insured employee may also include optional dependents in his/her Family contract, if applicable and as defined in subsection 67 of this section, provided that he/she pays the corresponding additional premium.
- Dependents may only be included when the policy is acquired or renewed, except as provided in the Changes in Enrollment and Special Enrollment sections of this policy, or as provided by law.
35. **FEES:** The fixed amount Triple-S Salud pays its participating physicians or providers for covered services rendered to members when these are not compensated in any other way.

36. **GENETIC INFORMATION:** Information about genes, genetic products, and inherited characteristics that could be derived from the person or a family member. This includes information about the carrier's status and information gleaned from laboratory tests identifying mutations in specific genes or chromosomes, physical examinations, family history, and direct gene or chromosome analyses.
37. **GRIEVANCE:** A written or verbal complaint, if it entails a request for urgent care submitted by a member or on his/her behalf, regarding:
- The availability, delivery, or quality of health care services, including grievances related to an adverse determination resulting from a utilization review;
 - The payment or handling of claims or reimbursements for health care services; or
 - Issues related to the contractual relationship between the member and the insurer.
38. **GROUP MEDICAL PLAN:** A policy, insurance contract, or certificate, issued by Triple-S Salud, Inc. or an insurer on behalf of an employer or group of employers, to provide health care services to eligible employees and their dependents.
39. **HEALTH INFORMATION:** Information or data, either in oral form or in any other way or means in which:
- a. it is created or received by the insurer or health service organization, regarding the physical, mental or behavioral health, or the past, present, or future health conditions of the person or his/her dependent; the provision of health services to the person, or the past, present, or future payment for health services provided to a person.
 - b. The payment for health care services provided to a person.
- Health information also includes demographic and genetic information, and information about financial exploitation or abuse.
40. **HEALTH PROFESSIONAL:** A physician or any other professional health care practitioner who is licensed in Puerto Rico and is accredited or certified by the corresponding entities to provide certain health care and medical services in accordance with the corresponding state laws and regulations. These are, but are not limited to, physicians, surgeons, podiatrists, naturopathic doctors, chiropractors, optometrists, audiologists, psychologists, dentists, pharmacists, nurses and medical technologists.
41. **HIGH-RISK CONDITION:** A long-term or short-term condition that leads or may lead to a poor prognosis.
42. **HIPAA (Health Insurance Portability and Accountability Act of 1996):** Federal Public Act No. 104-191 of August 21, 1996. It regulates everything related to portability and continuity of coverage in the group and individual markets, contains provisions to combat fraud and abuse in health coverages and in the provision of health services, as well as the administrative simplification of health plans.
43. **HOME CARE:** Home assistance or care provided to an individual by a licensed health care professional or caregiver to help in daily activities, such as bathing, dressing, eating, getting in and out of bed or chairs, move around, use the bathroom, or prepare meals, and to supervise drug use.
44. **HOME HEALTH CARE AGENCY:** An agency or organization that offers a home health care program and:
- a. Is approved as a Home Health Care Agency under *Medicare*, or
 - b. Is established and operates in accordance with the applicable laws in the jurisdiction where it is located, and, if a license is required, has been approved by the regulatory authority that is legally responsible for granting such a license, or
 - c. Meets all of the following requirements:
 1. It is an agency that is introduced to the public with the primary objective of providing a system that offers medical assistance and support services at home.

2. It has a full-time administrator.
 3. It keeps written records of the services provided to patients.
 4. Its staff includes at least one graduate registered nurse (RN).
 5. Its employees are bonded, and it provides professional misconduct and malpractice liability insurance.
45. **HOSPICE:** Special care for people who are terminally ill with a life expectancy of 6 months or less.
46. **HOSPITALIZATION PERIOD:** The period of time the member remained hospitalized. This period of time corresponds to the number of days elapsed between the date of admission to the hospital and the date of discharge.
47. **HOSPITALIZATION SERVICES:** Services covered by this policy and received by the member while he/she is admitted as a hospital patient.
48. **HOST BLUE:** *Blue Cross* or *Blue Shield* Plan in the area where the service is received under the *Blue Card* program. *Host Blues* determine a negotiated fee, which is stated in the conditions of each *Host Blue* contract. The negotiated fee made available to Triple-S Salud by the *Host Blue* can be represented by one of the following:
- a. The real price. The real price is the payment rate in effect at the time the claim is processed, with no other increases or reductions; or
 - b. Estimated fee or approximate price. The approximate price is the payment fee negotiated and effective at the time a claim is processed, which is then reduced or increased by a percentage to take into account certain payments negotiated with the provider, and other transactions that are related and not related to the claims. Such transactions may include, but are not limited to, fraud and abuse recovery, reimbursements for providers not applied to specific claims, retroactive arrangements, and payments related to performance or incentives, or
 - c. The average price is a percentage of the charges billed for covered services valid at the time a claim is processed, representing the total payments negotiated by the *Host Blue* with all their health care providers, or a similar classification with their providers, and other transactions that are related and unrelated to the claims. Such transactions may include the same as previously stated for an approximate price.
49. **ILLNESS:**
- a. Any non-occupational disease contracted by any member. Any diseases for which hospitals are unable, by law or regulation, to admit the patient after being diagnosed, shall not be covered under this policy.
 - b. Maternity and secondary, pregnancy-related conditions will be considered as diseases for purposes of the coverage offered by this policy, subject to the following conditions:
 - 1) The services are provided to the member regardless of her marital status.
 - 2) Any service provided to induce an abortion for therapeutic purposes.
50. **INCURRED EXPENSE:** Amount the member pays for the total cost of a service that was received and not billed to the plan or handled by assignment of benefits.
51. **INDIVIDUAL CONTRACT:** The insurance that provides benefits to any eligible employee, single or married, without including the spouse, as defined in subsection 26, Direct Dependent, as a member. This employee will have the option to include any eligible direct dependent in his/her insurance, as defined in subsection 26 of this section, by paying the corresponding additional premium. He/she may also include optional dependents, if applicable, and as defined in subsection 67 of this section, provided that he/she pays the corresponding additional premium.

Dependents may only be included when the policy is acquired or renewed, except as provided in the Changes in Enrollment and Special Enrollment sections of this policy, or as provided by law.

- 52. **INJURIES:** Any accidental injury suffered by the member that is not a car- or work-related accident and requires medical treatment and hospital services.
- 53. **INTENSIVE CARE UNIT:** A separate and clearly designated service area that is reserved for patients who are seriously ill or in critical condition and require constant audiovisual observation, as prescribed by the attending physician. It also provides rooms and nursing care services by nurses whose responsibilities are focused on the care of intensive care patients, as well as special equipment or supplies, which are immediately available at any time, for the patients admitted in this area.
- 54. **IRO:** *The Independent Review Organization* is an organization authorized to perform independent medical reviews. These reviews will be carried out by an independent physician.
- 55. **LICENSED PHYSICIAN:** Someone who requests and is granted authorization to practice medicine and surgery in Puerto Rico by previously obtaining a license from the Puerto Rico Board of Medical Licensure and Discipline, in accordance with the provisions of the Law and these Regulations.
- 56. **MEDICAL EMERGENCY:** A medical or behavioral condition that shows acute symptoms, including intense pain, that are so severe that a prudent layperson of average medical and health knowledge may deduce that a lack of immediate medical attention may seriously threaten the health condition of the afflicted person, or would result in a serious impairment of any organ or body member, or regarding members during pregnancy, the health of the member or of the fetus, or in case of a behavioral disorder, would put the health condition of said person or others at serious risk; cause problems in the bodily functions of said person; cause serious impairment of any organ or body part of said person, or serious disfigurement.

For example, an emergency condition may include, but is not limited to, the following conditions:

- a. Severe chest pain
 - b. Serious or multiple injuries
 - c. Severe respiratory difficulty
 - d. A sudden change in mental state (e.g., disorientation)
 - e. Severe bleeding
 - f. Pain or conditions that require immediate attention, such as a heart attack or suspected acute appendicitis
 - g. Poisoning
 - h. Seizures
57. **MEDICAL NECESSITY:** Anything a prudent and reasonable licensed physician understands as medically necessary regarding any health service and procedure rendered to a patient in order to prevent, diagnose, or treat an illness, injury, condition, disease, or associated symptoms, in a manner:
- a. Consistent with generally accepted standards of medical practice, taking into account the modern communication and educational media;
 - b. Clinically adequate in terms of type, frequency, degree, place, and duration of the health services or procedures;
 - c. So that the determination of medical necessity is not made merely for the patient's or physician's convenience, or to boost financial profits for the insurance company, the health service organization, other health insurance and health care providers, or the medical treatment providers themselves;

- d. Within the scope of the medical practice and/or specialty of the licensed health professional who determined the medical necessity; and
 - e. That such determination for "medical necessity" is based on supporting clinical evidence and is duly documented by the physician who treated the patient.
58. **MEDICALLY NECESSARY SERVICES:** Services that are provided by a participating physician, physician group, or provider to maintain or restore the member's health, and which are determined and provided according to good medical practice standards.
59. **MEDICARE:** Health Insurance for the Aged and Disabled, Title XVIII of the 1965 amendments to the federal Social Security Act, as established or subsequently amended.
60. **MEMBER:** Anyone who is eligible and enrolled, be it the main policyholder or a dependent (direct or optional, if applicable), who is entitled to receive the services and benefits covered under this policy.
61. **METABOLIC SYNDROME:** A group of various diseases or risk factors, in a single person, that increases their chance of developing heart disease or diabetes mellitus. Metabolic syndrome patients have at least three of the following risk factors: excessive abdominal fat, high blood pressure (hypertension), abnormal blood fat levels (lipids), cholesterol and triglycerides, and hyperglycemia (high blood sugar levels).
62. **MORBID OBESITY:** Excess of body fat, as determined by a Body Mass Index (BMI) greater than or equal to 35. This condition is part of the metabolic syndrome and is a risk factor for the development of other conditions, such as hypertension, cardiac disease, orthopedic problems, sleep apnea, skin problems, circulation problems, diabetes mellitus, acidity, psychological problems, anxiety, infertility, and pulmonary embolism, among others. Studies show that it is a condition that may arise from multiple factors, such as genetics, the environment, and psychological causes, among others. This means that it can be caused by excessive nutrition, metabolic disorders, or hereditary factors.
63. **NON-COVERED SERVICES:** Services that:
- a. are explicitly excluded in the member's policy;
 - b. are an integral part of a covered service;
 - c. are provided by a medical specialization that has not been recognized for payment;
 - d. are considered experimental or investigative by the corresponding entities, as stated in the policy;
 - e. are provided for the convenience or comfort of the member, the participating physician, or the facility.
64. **NON-PARTICIPATING PHYSICIAN OR PROVIDER:** Doctor, hospital, medical group, or provider not actively contracted with Triple-S Salud.
65. **NURSING HOME:** A private residential institution that is equipped to care for people who cannot take care of themselves, such as the elderly or people with chronic illnesses.
66. **NUTRITIONIST:** Health professional certified by the governmental entity designated for such purposes, who specializes in food and nutrition.
67. **OPTIONAL DEPENDENTS:** Immediate relatives of the insured employee, or his/her spouse, who do not qualify as direct dependents, are substantially dependent on said employee for their sustenance, and have not reached sixty-five (65) years of age. The insured employee shall be responsible for demonstrating the eligibility of such dependents. Anyone who does not qualify as a direct dependent within a family contract may qualify as an optional dependent if he/she is disabled and the insured employee submits or holds final award of custody, parental authority, or guardianship.
68. **OUTPATIENT SERVICES:** Services covered by this policy and received by the member while he/she is not admitted as a hospital patient.

69. OUTPATIENT SURGERY CENTER: a specialized establishment:

- a. That is regulated by law and has been licensed by the regulatory authority in charge of issuing such licenses as per the law in the jurisdiction where it is located; or
- b. That is not regulated by law, but meets the following requirements:
 - 1) It is established, equipped, and managed, according to the applicable laws in the jurisdiction where it is located, mainly for the purpose of carrying out surgical procedures.
 - 2) It operates under the supervision of a licensed medical doctor (*MD*) who works full-time in such oversight tasks and allows surgical procedures to be carried out only by qualified physicians who, at the time of the procedure, also carry out such procedures in at least one other hospital in the area.
 - 3) It always requires, except in cases where only local anesthesia is needed, a licensed anesthesiologist to administer anesthesia and remain throughout the surgical procedure.
 - 4) It provides at least two (2) operating rooms and at least one post-anesthesia recovery room; it is equipped to conduct diagnostic radiography and laboratory tests; and it has the necessary trained personnel and equipment to address foreseeable emergencies, including, but not limited to, a defibrillator, a tracheotomy kit, and a blood bank or blood supplies.
 - 5) It provides the full-time services of one or more graduate registered nurses (*RN*) to assist patients in the operating and recovery rooms.
 - 6) It keeps a written contract with at least one hospital in the area for the immediate admission of patients with complications or who require post-operative hospitalization.
 - 7) It keeps adequate medical records for every patient, which should include an admission diagnosis—comprising a preoperative examination report, medical history, laboratory and/or radiography tests, an operative report, and a discharge summary—for all patients, except those who submit to procedures under local anesthesia.

70. PARTIAL HOSPITALIZATION: Services that have been coordinated for the care of patients with mental conditions that require hospital care through daytime or nighttime programs, covering daily periods of less than twenty-four (24) hours.

71. PARTICIPATING PHYSICIAN OR PROVIDER: Any physician, hospital, primary care center, diagnostic and treatment center, dentist, laboratory, pharmacy, pre-hospital emergency medical service, or any other individual or entity authorized to provide health care services in Puerto Rico, that provides health care services to Triple-S Salud members under direct contract with Triple-S Salud, or through a third party.

72. PERSONAL REPRESENTATIVE: It means:

- a. A person authorized in writing by the covered or insured person to represent them;
- b. a person authorized by law to consent in the member's absence;
- c. an immediate relative of the member, or the member's attending health care professional, if the member is unable to provide consent;
- d. a healthcare professional, if the member's health insurance requires that a healthcare professional request the benefit; or
- e. in case of an urgent care request, a healthcare professional that has knowledge about the member's medical condition.

73. POLICY YEAR: Period of twelve (12) consecutive months for which the employer acquires or renews insurance with Triple-S Salud.

74. **POLICYHOLDER:** This is the person who holds the insurance contract or policy with Triple-S Salud, who in the case of this policy is the employer.
75. **PREAUTHORIZATION:** Process to obtain the insurer's or health insurance company's prior approval, as required by the health plan terms of coverage, to dispense a prescription drug.
76. **PRECERTIFICATION:** The prior authorization issued by Triple-S Salud to pay for any of the benefits and coverage under this policy and its endorsements. Some of the objectives of the precertification are: to assess if the service is medically necessary, to evaluate the suitability of the place of service, and to verify the member's eligibility for the requested service and whether the service is available in Puerto Rico. Precertifications are evaluated based on the precertification policies established by Triple-S Salud from time to time.
- Triple-S Salud will not be responsible for the payment of such services if they are provided or received without such authorization by Triple-S Salud.
77. **PREEXISTING CONDITION:** A condition, regardless of the cause, for which treatment was recommended or a diagnosis, care or treatment was received for six (6) months immediately prior to the date of enrollment in the health plan. This policy does not exclude or discriminate against members for preexisting conditions, regardless of the age of the member.
78. **PREMIUM:** The specific amount of money paid to an insurer, in this case Triple-S Salud, as a condition for eligible employees to receive health plan benefits.
79. **PREVIOUS OR CURRENT QUALIFYING COVERAGE:** Benefits or coverage provided by one of the following:
- a. Medicare Program, Medicaid, Civilian Health and Medical Program of the Uniformed Services (Tricare), or any other government-funded program.
 - b. A group health plan issued by a health insurance company or insurer, a prepaid hospitalization plan, or a medical service or health plan from the Auxilio Mutuo association, that provides benefits that are similar or exceed the ones offered by the basic health plan, provided that the coverage has been valid for at least one year.
 - c. A health plan paid by the employer through a self-insurance arrangement that provides benefits that are similar or exceed the ones offered by the basic health plan, provided that the coverage has been valid for at least the last twelve (12) consecutive months, if:
 - o The employer opted for a participating health plan in the Health Plan Insurers Association; and
 - o The employer met the requirements to participate in the Health Plan Insurers Association operational plan.
 - d. An individual or bona fide association health plan that includes coverage provided by a health insurance company or insurer, or from the Auxilio Mutuo association, that provides benefits that are similar or exceed the ones offered by the basic health plan with silver-level coverage, provided that the coverage has been valid for at least the last twelve (12) consecutive months; or
 - e. The state coverage provided by a Health Plan for the Uninsurable, if the coverage has been valid for at least one year.
80. **PRIMARY POLICYHOLDER:** Person who maintains an insurance contract with Triple-S Salud, which entitles him/her to the benefits established in the policy issued to his/her name, and assumes the responsibilities established in the policy.
81. **PROSPECTIVE REVIEW:** Utilization review before the health care service or treatment is provided to the patient, according to the insurer's requirements to approve such service or treatment, in part or in its entirety, before it is rendered.

82. **PSYCHOANALYSIS:** Psychoanalysis is based on a set of theories related to the conscious and unconscious mental processes and the interaction between them. It is a mode of therapy used to treat people who have chronic life problems, on a scale from mild to moderate. Psychoanalysis should not be used as synonym for psychotherapy, as they do not pursue the same end. This service is not covered in this policy, as established in the Exclusions Section.
83. **PSYCHOLOGICAL ASSESSMENT:** An initial interview to obtain the member's personal and clinical history, as well as a description of his/her symptoms and problems. The psychological evaluation must be performed by a Psychologist with a Master's or Doctoral Degree in Psychology, graduated from a duly accredited graduate program, and with a valid license issued by the Puerto Rico Board of Psychologist Examiners.
84. **PSYCHOLOGICAL TESTS:** The use of tools designed to measure an individual's intellectual skills or ability to master particular areas. The psychological tests to be used in each case will be subject to the professional judgment of a psychologist with a Master's or Doctorate degree, with the knowledge to administer, correct, and interpret them, graduated from a duly accredited graduate program, and with a current license issued by the Puerto Rico Board of Psychologist Examiners.
85. **PSYCHOLOGIST:** Professional with a masters or doctorate degree from an accredited university, college, or center, who has been authorized by the Puerto Rico Board of Psychologist Examiners to practice psychology in the Commonwealth of Puerto Rico.
86. **PSYCHOTHERAPY:** Methods used to treat mental and emotional disorders through psychological techniques rather than physical methods. Some of the goals in psychotherapy are to change maladaptive behavioral models, improve interpersonal relationships, resolve internal conflicts that cause personal suffering, modify inaccurate ideas about the self and the environment, and promote a defined sense of self identity that encourages individual development to achieve a pure and meaningful existence.
87. **REASONABLE CHARGES:** A charge is reasonable when it satisfies the usual and customary criteria, or it may be reasonable if, in the opinion of an appropriate Review Committee, it deserves special consideration, according to the complexity of management for this particular case.
88. **RECONSTRUCTIVE SURGERY:** Surgery that is performed on abnormal bodily structures with the intention of improving deficiencies in functionality or appearance arising from congenital defects, diseases, or trauma.
89. **RESIDENTIAL TREATMENT:** High-intensity and restrictive care services for patients with mental health conditions, including drug addiction and alcoholism, and co-morbid conditions that are difficult to handle at home and in the community, which have not responded to other less restrictive treatment levels. This treatment integrates clinical and therapeutic services, coordinated and supervised by an interdisciplinary team within a structured environment, 24 hours a day, 7 days a week. The facility must be a hospital institution accredited by Medicare, the Joint Commission, and the Department of Education, and clinical teachers must be accredited under Act No. 30. They must also have the ASSMCA license for drug administration and storage, as well as an interdisciplinary staff (clinical personnel, psychiatrist, psychologist, and registered nurses).
90. **RETROSPECTIVE REVIEW:** Review of a benefit request that is conducted after the health care service has been provided. It does not include claim reviews that are only meant to evaluate documentation accuracy or correct code usage.
91. **SECONDARY CONDITIONS:** A medical condition that is directly caused by an existing medical condition, and not on its own.
92. **SERVICE AREA:** The area within which the member is expected to receive most medical-hospital services. In this policy, service area means Puerto Rico, because the benefits provided in this policy are available only to those who permanently reside in Puerto Rico.

93. **SERVICE PREDETERMINATION:** Evaluation of the treatment plan suggested by the dentist before providing services to determine the member's eligibility, the scope of the covered benefits, limits and exclusions, and the applicable copayment under the member's contract.
94. **SESSIONS:** Two or more types of physical or respiratory therapy treatment.
95. **SKILLED NURSING FACILITY (SNF):**
- a. A Skilled Nursing Facility, as defined by *Medicare*, that it is qualified to participate and is eligible to receive payments in accordance with *Medicare* provisions; or
 - b. An institution that meets the following conditions:
 - 1) It is directed in accordance with the applicable laws of the jurisdiction where it is located.
 - 2) It is supervised by a licensed physician or registered nurse (*RN*) who is dedicated full-time to such supervision.
 - 3) It regularly provides rooms, meals, and continuous skilled nursing services, 24 hours a day, to sick and injured people during the convalescence phase for an injury or illness.
 - 4) Keeps medical records for every patient under the assistance of a duly qualified physician.
 - 5) It is authorized to administer medications and treatment to patients as per the instructions of a duly qualified physician.
 - 6) It is not, other than incidentally, a site for the elderly, blind, or deaf, a hotel, a house for home care, a maternity home, or an institution for alcoholics, drug addicts, or the mentally ill.
 - 7) It is not a hospital.
96. **SPECIAL CONDITIONS:** A low-prevalence or rare condition.
97. **SPECIAL ENROLLMENT:** Cases when the employee and his/her eligible dependents may enroll in the health plan at any moment due to a specific qualified event, such as loss of eligibility under another group plan, marriage, and birth, among others.
98. **SPECIALIZED NURSES:** Nurses dedicated to the specialized care of a specific population of patients (i.e. nurse anesthetists).
99. **SPORTS MEDICINE:** Branch of medicine that deals with the conditions and injuries arising from sports activities, including any preventive and preparatory care needed to stay in good physical and mental shape.
100. **SPOUSE:** Person of the same or a different gender to whom the primary policyholder is legally married.
101. **SUBSTANTIAL INTERRUPTION OF COVERAGE:** A period of sixty-three (63) consecutive days during which the person has had no creditable coverage. The waiting and enrollment periods are not taken into account to calculate this term.
102. **TELECONSULTA:** Triple-S Salud service where the member, at his/her option, may receive guidance about their health-related concerns. This telephone line is staffed by nursing professionals, seven (7) days a week, twenty-four (24) hours a day. If a member calls and is advised to go to the emergency room, he/she will be assigned a registration number that must be presented in order to receive the service. In case of illness, upon presenting this number at the emergency room, the member may obtain a lower copayment for the use of the facilities. The phone number to call Teleconsulta is located on the back of the member's Triple-S Salud identification card.
103. **TELECONSULTA MD ®:** Interactive virtual service rendered via smartphone or computer, where the member can hold a medical consultation with a generalist, an internist, a primary care physician, or a pediatrician certified to practice telemedicine, pursuant to Act No. 168 of March 13, 2018. Its main objective is to offer access to a physician and provide relief for acute medical conditions. Conditions

that can be addressed through this service include allergies, bronchitis, nasal infections, stomachache, hypertension, sore throat, migraine, cold, nausea, earache, asthma, and muscle pain.

104. **TRANSPLANT:** A procedure or series of procedures where an organ or tissue is:
- a. removed from the body of one person, the donor, and implanted in the body of another person, the recipient; or
 - b. removed from and implanted in the same individual's body.
105. **TREATMENT PLAN:** A detailed report of the procedures recommended by the physician to treat the patient's medical needs, which are detected during the physical examination done by the same physician.
106. **URGENT CARE:** A sudden illness that does not threaten the life or the integrity of a person and may be treated in a physician's office or extended hours clinic, and not necessarily in an emergency room, but if it is not properly treated at the appropriate time, may become an emergency.
107. **URGENT CARE REQUEST:**
- a. A request for a health care service or treatment for which the established time period for non-urgent care determinations:
 - 1) Could endanger the member's life, health, or full recovery; or
 - 2) In the opinion of a physician with knowledge of the member's health condition, would expose the person to pain that cannot be adequately managed without the requested healthcare service or treatment.
 - b. When determining if the request will be treated as urgent, the person representing the health insurance company or insurer will exercise the prudent judgment of a lay person with average knowledge of healthcare and medicine. If a physician with knowledge about the member's health condition decides to submit an urgent care request under subsection (1), the health insurance company or insurer will treat such request as an urgent care case.
108. **USUAL CHARGES:** The usual charge is the most frequent charge physicians or service providers make to patients for a determined service.
109. **UTILIZATION REVIEW ORGANIZATION:** Entity hired by a health insurance company or insurer to perform utilization reviews, if it is not the health insurance organization or insurer itself conducting the review of its own health insurance plan. It will not be considered as a requirement for the health insurance company or insurer to subcontract an independent entity to carry out the utilization review processes.

ELEGIBILITY

WHO IS ELIGIBLE?

All active employees and their dependents are eligible for the insurance offered by this policy. Triple-S Salud may verify the member's eligibility to meet the necessary requirements to obtain the benefits this policy provides. All active employees and their spouses who are over sixty-five (65) years old and enrolled in both Parts of the Medicare Program may obtain insurance through the benefits of this policy.

EFFECTIVE DATE

Employees and their eligible dependents will be insured as of the policy's effective date if the employee's individual insurance application including said eligible dependents, if any, also includes any other document related to the contract, which should be provided by Triple-S Salud via the employer's personnel officer or Benefits Administrator. After this date, the employee may not enroll in the insurance until the next renewal date for this policy or if a special enrollment event comes up.

Any new employees whose date of eligibility for this insurance is later than the date of this policy will have an eligibility waiting period of no more than 90 days after the date they begin working for the employer. The insurance application should include the corresponding document that confirms the employees date of eligibility. The insurance in such cases will be effective immediately on the day after the waiting period. If there is no insurance application, the employee may enroll in the insurance on the next renewal date for this policy or if a special enrollment event comes up.

CHANGES IN ENROLLMENT

After the end of the enrollment period, the employee cannot cancel at any time during the policy period, except in case of termination of employment. Additionally, changes may not be made to their insurance, and the employer may not request them, unless such changes are necessary for any of the following reasons:

1. Death of any of the plan members: When a member dies during the term of this policy, the change request for the cessation of the insurance must be done within thirty (30) days after the date of death, which must be proved with a Death Certificate. The change will be effective on the date of the event.
2. The insured employee gets divorced: If the insured employee gets divorced during the term of this policy, the change request for the cessation of the insurance must be done within thirty (30) days after the date of divorce, which must be proved with the Divorce Decree and its corresponding Notification. The change shall be effective on the first day of the month after the event.
3. A son/daughter, grandson/granddaughter, blood relative, or foster child, as per the definition for direct dependent in this policy, is no longer eligible as a direct dependent of the insured employee:
 - a. If the direct dependents mentioned in this subsection reach the age of twenty-six (26) years, the birthday date shall be considered the date of change for the cancellation of coverage, except in the case of disabled dependents, as established in the definition for direct dependent. The change shall be effective on the first day of the month after the event.
 - b. If a direct dependent enlists in the Armed Forces of the United States, the date of enlistment shall be considered the date the insurance cessation was requested. This change shall be effective on the first day of the month after the event.
4. If an optional dependent stops being eligible, as explained in the definition for optional dependent in this policy:
 - a. If an insured optional dependent reaches the age of sixty-five (65) years, the birthday date shall be considered the insurance date of cessation. The change shall be effective on the first day of the month after the event.
 - b. If an optional dependent enlists in the Armed Forces of the United States, the date of enlistment shall be considered the date the insurance cessation was requested. The change shall be effective on the first day of the month after the event.

All insured employees must fill an enrollment application in its entirety and send it through the employer's personnel officer or Benefits Administrator. The same norm will apply to any change request for the insurance, except changes due to age, which may be done automatically by Triple-S Salud. The employer's personnel officer or Benefits Administrator shall be responsible for promptly forwarding or submitting to Triple-S Salud all received insurance applications or change requests, health plan cards from the members who cancel their insurance, and a certified summary of all new applications and pending changes. Triple-S Salud may verify the member's eligibility to meet the necessary requirements to obtain the benefits this policy provides.

SPECIAL ENROLLMENT

Active employees and their eligible dependents may enroll in this policy at any time if any of the following conditions, terms, and limitations occur:

1. The insured employee gets married: If the insured employee gets married during the term of this policy, he/she may include his/her spouse in his/her insurance, as well as any dependents who become eligible through such marriage, if the change request is submitted to Triple-S Salud within thirty (30) days after the date of the marriage, and it is proved with the Marriage Certificate and evidence that proves the dependents are eligible, as the case may be. In such cases, the insurance shall be effective on the first day of the month after Triple S-Salud receives the request.
2. Birth, adoption, placement for adoption, or award of custody:
 - a. If the insured employee procreates a biological child, legally adopts a minor, has a minor placed in his/her home to be adopted by the insured employee, or is awarded legal custody or guardianship of a minor, the insured employee may include him/her under this policy. The event must be evidenced with an original Birth Certificate, Court sentence or resolution, or the official document issued by the corresponding agency or governmental authority, as the case may be.
 - b. In the case of newborns who are biological children of the insured employee, the plan will cover the newborn as of the moment of birth. If Triple-S Salud does not receive the application to include the dependent in these cases, Triple-S Salud shall cover the newborn under the primary policyholder's health plan, if it is an individual contract, or in the health plan of the insured employee or the insured employee's spouse, if it is a family contract, during the first thirty (30) days after birth, while the enrollment process for the minor is completed.
 - c. For minors who have been recently adopted by members, starting from the first of the following dates:
 1. The date the child is placed in the insured employee's home with the purpose of being adopted, and remains in the home under the same conditions as the rest of the dependents, unless the placement is interrupted before legal adoption takes place and the minor is removed from the home where he/she had been placed;
 2. The date an order is issued providing custody of the minor to the insured employee who intends to adopt him/her; or
 3. The effective date of adoption.
 - d. Coverage for newborns, newly adopted minors, or minors put up for adoption:
 1. includes healthcare services for injuries or illness, which includes the care and treatment of birth defects and abnormalities diagnosed by a physician; and
 2. is not subject to any exclusions based on preexistent conditions.

e. In the case of newborns:

1. If the payment of a premium or specific subscription charge is required to provide coverage for a newborn, the plan may require the insured employee to notify the birth of the minor, including a request to include the dependent and the original Birth Certificate, and that he/she provide payment for the required fees or premium no later than thirty (30) days from the date of birth.
2. If the insured employee fails to provide notification or pay the premium, the plan may opt not to continue providing coverage for the dependent minor beyond the 30-day period. However, if the insured employee issued all payments owed no later than four (4) months from the child's date of birth, the child's coverage will be reinstated.
3. If on the other hand, the plan does not require a premium payment, it may request a notification of birth, but it may not deny or refuse continued coverage if the insured employee does not provide such notice.

f. For newly adopted minors or minors placed for adoption, the insurer or health insurance company shall be required to provide reasonable notification to the insured employee about the following:

1. If the payment of a premium or specific subscription fee is required to provide coverage to a newly adopted minor or a minor placed for adoption, the plan may require that the insured employee notify about the adoption or placement for adoption, and that he/she pay the required premium or fees no later than thirty (30) days from the date the coverage is required to begin.
2. If the insured employee does not provide the notification or payment described in the previous subsection within thirty (30) days, the plan may not treat the adopted minor or minor placed for adoption in a less favorable way than the other dependents, except for newborns, for whom coverage is requested at a later date from the date the dependent became eligible for coverage.

g. If the insured employee has a family contract and the event of adoption or placement for adoption does not involve the payment of additional premium, the insured employee must notify the plan about the event within thirty (30) days from the date of adoption or placement for adoption, and submit the corresponding evidence to prove the eligibility of the minor, the compliance of the submitted documents with all legal requirements, and the consequent issuance of the health plan card for the minor.

In these cases, the plan will cover services for these minors from the date of birth, adoption or placement for adoption.

3. Special enrollment due to loss of eligibility under another group plan, or due to the termination of employer contributions to cover the premium of another health group plan

Active employees and their direct dependents may enroll in this policy during special enrollment periods if any of the following events occur:

- a. In cases where, during the time open enrollment periods, the active employee did not enroll in the health plan of his/her current employer or failed to enroll an eligible dependent, because at that time he/she was a participant in another health plan or extended coverage under COBRA from his/her former employer.

- b. Because the former employer used to contribute to the premiums of the health plan the employee had up until then, and completely ceased to contribute as an employer to such health plan.
- c. The other health plan the active employee used to have finished according to the health plan's eligibility requirements, which include separation, divorce, death, employment termination, or reduction in working hours.
- d. In the case of birth, adoption, or awarded custody or guardianship of a minor, the dependent may be enrolled in the health plan. Please refer to subsection 2 of this Section to see the applicable rules and effective dates for these cases.
- e. In the case of marriage, if the employee and his/her dependent were not initially enrolled in the health plan, they may enroll during this special enrollment period.
- f. The eligible employee or his/her dependent loses the minimum coverage with essential health benefits.
- g. The previous policy has not been canceled by lack of payment or fraud by the member.
- h. If the person lost eligibility to the Puerto Rico Government Health Plan.

In all of these cases, both the active employee and his/her eligible dependent are entitled to special enrollment to this policy as of 30 days from the date the event happened. To be able to use this special enrollment benefit, the loss of eligibility under another plan should not have happened due to a default on the premiums or a unilateral decision from the other plan to terminate due to fraud.

This special enrollment period benefits both the active employee and his/her eligible dependents, who will have to meet the eligibility requirements contained in the terms of this policy when applying for enrollment. In such cases, the employee shall be responsible for submitting, along with the enrollment application, the letter of cancellation or insurability issued by the other plan or insurance, as provided by law.

- 4. If an insured employee or one of their eligible dependents fails to enroll in the employer's health plan during the enrollment period because they were participating in Medicaid or the *Children's Health Insurance Program* (CHIP) and have subsequently lost their eligibility for either of these programs or becomes eligible for a premium subsidy under either of these programs. In such cases, the insured employee and his/her eligible dependents shall be entitled to special enrollment and may apply for the employer's health plan within 60 days after any of the aforementioned events.

If a (non-custodial) primary policyholder with minor children listed as dependents in the policy or a member of legal age but listed as eligible dependent in the policy requests that compensation be paid directly to them because they paid for the covered medical services being claimed, Triple-S Salud may issue direct payment to the non-custodial parent or member.

HOW YOUR PLAN WORKS

Your coverage under this policy / certificate

Your employer (the "Policyholder") has acquired a policy from Triple-S Salud and holds a contract with Triple-S Salud. You, as an employee, and your dependents are entitled to the benefits described in this Policy/Certificate.

The benefits provided by this policy are included within the general classifications below. These benefits are subject to the terms and conditions specifically established for them and are only offered for those members who permanently reside in the Service Area. Triple-S Salud is responsible for the payment of services provided to a member, subject to the provisions of this policy and the conditions expressed below.

The benefits provided by this basic policy do not have a cumulative effect and are not subject to waiting periods.

The primary policyholder and all his/her direct dependents will enjoy similar benefits.

Free Choice Plan

You, as a Triple-S Salud member, are enrolled in a Free Choice plan. This means you may freely access your medical care within the Triple-S Salud Participants and Providers Network, without the need for a referral from a primary care physician or any other physician.

However, we recommend that you always select a primary care physician to coordinate your services with other providers. Your physician will help you identify the medical care you need to coordinate with other medical specialists and providers of the Triple-S Salud Participants and Providers Network who are part of the Directory.

The Triple-S Salud plan also has certain rules you should follow to ensure your services are covered, such as: visiting certain providers to receive specific services, obtaining a precertification for services before receiving them, using the Drug List, if applicable, among other rules.

Medically Necessary Services

Triple-S Salud covers the benefits described in this policy, provided they are medically necessary. Medically necessary services are services that are provided by a participating physician, group of physicians, or provider to maintain or restore the member's health, and that are determined and provided according to good medical practice standards.

Please refer to the section of Appeals for Adverse Benefit Determinations to learn more about your right to appeal an adverse benefit determination for a service deemed not medically necessary.

Medical-Surgical Services During Hospitalization

Triple-S Salud promises to pay, based on the fees established for such purposes, for the services covered in this policy, that are provided to the member during periods of hospitalization. We will only cover the services of physicians that are normally available at the hospital where the member is hospitalized during any period of hospitalization.

Members under this policy who are hospitalized in semi-private or private hospital rooms will not be required to pay any amount to a participating physician for the services rendered by the physician and covered by this policy. In these cases, Triple-S Salud will pay the medical fees directly to the participating physicians, based on the fees established for such purposes.

Hospitalization Services

If your plan includes the hospital preferred network, participating hospitals in the Triple-S Salud network have been grouped in two classifications based on the level of quality of their hospital facilities. The first classification is the **Preferred Hospitals** network, where you pay a lower admission copayment. The second classification is the **Non-Preferred Hospitals** network, which includes the rest of the contracted hospitals and where you pay a higher admission copayment. To verify which hospitals are preferred and non-preferred, please read the section on Preferred Networks in the Triple-S Salud Participants and Providers Directory. To find out if your plan includes the preferred hospital network, please see the Table of Copayments and Coinsurance at the end of the policy.

If a member insured under this plan needs to be hospitalized due to an injury or illness, they will be required to pay the hospital, upon admission, the copayment or coinsurance established for admission. The member will also be responsible for paying any other services provided during hospitalization that require copayments or coinsurance, as defined in this policy. Copayments and coinsurance are non-refundable.

To calculate a hospitalization period, the admission day is counted, but the day the patient is discharged by the attending physician does not count. Triple-S Salud is not responsible for services received by any member if he/she stays in the hospital after being discharged by the attending physician. Triple-S Salud is not responsible for any day(s) in which the patient is authorized to leave the hospital during the same hospitalization period.

Our Participating Provider Network

We hold contracts with physicians, facilities and providers all over the Island to provide services to our members. It is essential that you know and are able to access our Provider and Participant Directory at all times.

To find out if a physician or provider is part of our network:

- Check the available Provider and Participant Directory for your Triple-S Salud Network.
- Visit our website at: www.ssspr.com.
- Access our Triple-S Salud **mobile application** for smartphones (Android and Apple). You may access the Provider Directory after completing the registration process.
- If you have any questions about a specific provider, please call Customer Service at the number listed on the back of the member identification card.

Preferred Networks for Outpatient Facilities

Your policy may include Preferred Networks for medical visits, clinical laboratories, X-rays, and radiology and imaging outpatient services. This means that if you visit participating providers from these Preferred Networks, as follows:

- **SALUS Clinics:** The Salus Clinics network offers lower copayments and/or coinsurance than any other contracted provider. Some of the services you may access at a reduced cost are medical visits and X-rays. You may visit other physicians within the Triple-S Salud participating provider network for a higher copayment.

- **Selective Networks:** Networks of clinical, radiology, and imaging laboratories. A higher co-insurance will apply if you visit a non-participating out-of-network provider.

It is important to check the Triple-S Salud Participants and Providers Directory before you receive services to become familiar with our participating network providers. Please refer to the Table of Copayments and Coinsurance to confirm if the plan you are enrolled in includes Selective Preferred Networks as part of its coverage.

Special Management Contracts

Triple-S Salud may establish a particular contract with a provider for health conditions that require, or for which Triple-S Salud requires, specialized management. There are certain conditions that, due to their particular characteristics, require Triple-S Salud to closely review the utilization of services to prevent insurance fraud or service abuse. Triple-S Salud policies are aimed at ensuring an adequate management of these particular cases, so as to guarantee equal treatment for all members under similar conditions while also guaranteeing a cost-effective management. This policy is not construed as an elimination or reduction of the benefits covered under this policy.

Compensation to Participating Providers

The services provided by participating providers are paid based on the established fee for each service, in accordance with the contract between the participant and Triple-S Salud. When requesting a service, the member is obligated to show the plan identification card that certifies him/her as eligible to receive services from the provider. The card will show the coverage the member is entitled to.

If you need additional information about the fees or rates paid to participating physicians or providers for a specific service, please call Customer Service at the number listed on the back of the member identification card.

Services outside the Contracted Provider Network in Puerto Rico

Any services covered in this policy and provided by non-Triple-S Salud doctors or providers in Puerto Rico will be reimbursed at 100% of the fees contracted with participating providers, minus the corresponding copayment or coinsurance.

Transition

When a provider abandons the Triple-S Salud Network

If a provider cancels (voluntarily or involuntarily) or the health plan is terminated, the member shall be notified of such cancellation at least 30 days before the effective date of cancellation. In the case of a cancellation, and subject to the payment of the premium, the member shall be entitled to continue receiving benefits for a transition period of 90 days. If the member is hospitalized on the date of cancellation and the discharge date was scheduled before the termination date, the transition period will be extended 90 days after the member's date of discharge.

If a member is pregnant and the cancellation occurs during the second trimester, the transition period will be extended until the member's date of discharge after delivery or the newborn's date of discharge, whichever is last. If a patient is diagnosed with a terminal condition before the plan's termination date and he/she continues receiving services for that condition before the plan's termination date, the transition period will be extended for the remainder of the patient's life.

New members with ongoing treatment

If the member is receiving an ongoing treatment with a non-participating provider when this policy coverage becomes effective, the member may receive covered services for the ongoing treatment with the non-participating provider for a maximum of 60 days, from the effective date of Triple-S Salud coverage.

This course of treatment must be for a life-threatening disease or condition, or a degenerative and debilitating condition or disease. Members may also continue receiving care from a non-participating provider if the member is in her second or third trimester of pregnancy when the coverage of this policy becomes effective. Members may continue receiving health care up until the date of delivery and for any post-partum services directly related to it.

To continue receiving services from a non-participating provider under the aforementioned circumstances, the provider must accept our fees as payment for such services. The provider must also agree to provide the necessary medical information about the member's health care and accept our policies and procedures, including those to ensure the quality of health care, to obtain a precertification and a plan of treatment approved by the Plan. If the provider agrees with these conditions, the member will receive the covered services as if they were provided by a participating provider. The member shall be liable only for copayments and coinsurance applicable to his/her coverage.

After the established period of time, the services received from non-participating providers will be reimbursed based on 100% of the contracted fees with participating providers, minus the corresponding copayment or coinsurance.

Emergency Services

Triple-S Salud covers emergency services to treat an emergency condition at a hospital or an independent emergency room.

Coverage of emergency services to treat an emergency condition will be provided to the member regardless of whether the provider is a participating provider. The plan will only cover medically necessary emergency services and supplies used to treat or stabilize a member's emergency condition at a hospital.

Urgent Care

Care services for an illness, injury, or condition that is serious enough so that a person may reasonably seek immediate medical care, but not so serious to warrant a visit to the emergency room. Urgent care is usually available during extended hours, including weekends and evenings. This plan covers urgent care. At urgent care centers a lower copayment may apply than at emergency room.

Maximize Your Plan Benefits

Make the most of your health benefits by following these recommendations:

- Avoid using the emergency room for urgent or routine services instead of emergencies. Visiting the emergency room in such cases could result in higher costs for the health plan and higher disbursements for you, compared to a medical visit. Observe the following examples:

<p>Non-emergency services You must call your doctor or visit a SALUS Clinic or an urgent care center</p> <p>Mild throat pain Earache Mild cuts or scrapes Mild sprains or tears Fever under 103 F° Cold or flu</p>	<p>Emergency Visit the closest emergency room or call the 9-1-1 System</p> <p>Broken bones or serious tears / Deep cuts or uncontrolled bleeding / Poisoning / Severe burns / Chest pain or intense and sudden pain / Fever over 103 F° / Coughing or vomiting blood / Sudden dizziness, weakness, loss of coordination or balance, or loss of consciousness / Numbness in the face, arms, or legs / Seizures / Difficulty to breathe / Sudden blurred vision or sudden or unusual headache</p>
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Remember: if you feel **ill**, are **injured**, or **need health advice**, call **Teleconsulta**. Nursing professionals in this volunteer-based service will offer you guidance to help you decide whether you should:

- Make a medical appointment,
- visit an emergency room,
- or follow their instructions to relieve your symptoms in a safe and reliable manner in the comfort of your home.

Visit a general practitioner or primary care physician instead of visiting multiple medical specialists to properly diagnose and treat a condition. A general practitioner or primary care physician may be an Internal Medicine Specialist, Family Medicine Specialist, General Practitioner, Pediatrician, Gynecologist, Obstetrician-Gynecologist, or Geriatrician. Your primary care physician will coordinate the necessary and preventive services according to your age and health condition, as well as any necessary health care services with other medical specialists and providers from the Triple-S Salud network.

Your general practitioner or primary care physician will know all about your health and keep a record of your health condition. Remember that you do not need a referral to receive covered services from any provider in the Triple-S Salud network.

- Use generic medications as your first choice to treat your condition whenever they are available, if you are enrolled in this coverage.
 - A generic medication is a copy of a brand medication whose patent has expired. A patent gives pharmaceutical companies the sole right to sell a medication while it is effective. When a patent expires, companies may sell generic versions of the available brand medication.
 - A generic medication has the same use and works in the same way in the body as brand-name drugs. It has the same active ingredient and it is equal in dosage, safety, and quality, as required by the Food and Drug Administration (FDA).
 - Generic medications can also mean savings for you, since they cost much less than the brand name. In addition, copayments and/or coinsurance for generic medications are usually lower. Please note that, if you are using a brand-name medication for which there is a generic available, you could receive the same benefits at a lower cost.
- Use Over the Counter (OTC) medications with a \$0 copayment under the Triple-S Salud program, if you are enrolled in this coverage. The list includes medications for stomach conditions, allergies, and eye drops that have demonstrated to be safe and effective, and also represent lower costs for

the health plan. Please remember you need to submit a physician's prescription for the OTC medication.

- Talk with your physician to evaluate the medications that are part of your treatment and are included in our Drug List, if you are enrolled in this coverage. Use preferred drugs, which are cost-effective and already proven to treat conditions. They have also been selected by the Pharmacy and Therapeutics Committee for their effectiveness. Your out-of-pocket expenses will be higher if you use non-preferred medications. Check your coverage description and the Table of Copayments and Coinsurance to see how much is your out-of-pocket copayments and coinsurance.
- Use your preventive service coverage to detect conditions in time.

Our plan offers all the preventive services required by law at no cost to you. This means you pay nothing out-of-pocket for services such as annual physical exams and preventive gynecological appointments, preventive mammograms, and other tests, vaccinations, and much more. These are important steps to stay healthy, so you should maximize this benefit to promptly detect any health issues.

- Significantly reduce your out-of-pocket expenses by always using network providers. Triple-S Salud provides a comprehensive provider network in and outside Puerto Rico.
- If you have additional health insurance, notify Triple-S Salud and your other plan to coordinate benefits between both plans. Please refer to the Coordination of Benefits Section for more information on the rules to determine which plan will be primary.

Teleconsulta¹

Teleconsulta is a voluntary service offering telephone health care guidance, available **24** hours a day, **7** days a week, **365** days a year.

Our members have phone access to medical information 24 hours a day, 7 days a week. This program is staffed by qualified clinical personnel to offer you help and guidance about your condition. These professionals assess the member's symptoms to determine the most appropriate treatment.

If you feel **ill**, are **injured**, or **need health care advice**, our professional nurses will offer you advice to help you decide whether you should:

- Make a medical appointment,
- visit an emergency room,
- or follow their instructions to relieve your symptoms in a safe and reliable manner in the comfort of your home.

As an added benefit from Teleconsulta, if the nursing professional recommends you "visit an Emergency Room", you will be given a number that will waive or reduce your copayment / coinsurance at the Emergency Room (available only in Puerto Rico.) This does not apply in case of an accident. If a non-participating provider cannot process the number in their system to waive or reduce your copayment/coinsurance, the member will have to pay and then request a reimbursement from Triple-S Salud for the amount that would have been waived or reduced.

Calls to Teleconsulta are **free of charge** through **1-800-255-4375**. Look for the phone number on the back of your Triple-S Salud health insurance card. Remember, when you call **Teleconsulta**, have your health insurance card with you.

¹ Teleconsulta is an exclusive Triple-S Salud service for its members, managed by Axis Point Health, an independent contractor for health guidance and information phone services.

Service Precertification

There are certain services that require prior approval from Triple-S Salud before the member can receive them. Either the member or the provider are responsible for requesting a service precertification. Please refer to the Sections on Precertifications and Precertification Procedures to obtain a detailed list of the services that require precertification and the steps the member or provider should follow to obtain precertification from the plan.

Clinical Management

The benefits offered by this Policy are subject to precertifications and concurrent and retrospective reviews to determine when those services should be covered by the plan. The objective of these reviews is to promote the provision of medical care in a cost-effective way by revising the usage of medical procedures and, as the case may be, the level or provider rendering the service. Covered services must be deemed medically necessary to be covered by the plan.

Case Management

The Case Management Program helps coordinate services for members who have health care needs due to serious, complex, and/or chronic health conditions, such as:

Disease Management Program:

- Diabetes
- Hypertension and Congestive Failure
- Asthma
- Obstructive pulmonary disease
- Prenatal: high risk pregnancy
- Chronic kidney failure

Complex case management:

- Immunological disorders (example: HIV or AIDS)
- Cerebrovascular disease
- Cystic fibrosis
- Degenerative diseases (example: multiple sclerosis, ALS)
- High users
- Organ and tissue transplant, including bone marrow, liver, kidney, heart, lung, and pancreas
- Skin lesions (ulcers III and IV)
- Mental health and substance abuse
- Stroke
- Cystic fibrosis
- Pulmonary hypertension
- Cancer under continuous chemotherapy treatment (head/neck, gastrointestinal, lung, ovary/uterus, brain, metastasis or in terminal phase)

Our program is confidential and voluntary. It will help participating members coordinate their benefits, and it will guide them, so they are able to meet their health care needs.

Members may be referred to the program by physicians, social workers, hospitals, discharge planners, relatives, or of their own accord, as well as by other sources.

Eligibility to participate in the program will depend on the existence of effective options to treat the member's health condition. These may include home health services, durable medical equipment, or admission to a specialized care center, among other services.

If the member meets the program's criteria and agrees to participate, a group of nurses, physicians, and a social worker with extensive clinical experience will evaluate the member's health needs and determine the available alternatives of care. Coordination is based on the recommendations from the member's primary care physician or attending physician. When the member is accepted into the program, the case manager will coordinate services and follow up through phone calls and personal visits.

To learn more, call 787-706-2552; Fax: 787-744-4820; TTY users call 1-800-981-4860. Our business hours are Monday to Friday: 8:00 a.m. – 7:00 p.m.

Management Program for Populations with Specific Diseases

This program provides guidance and follow-up to our members in order to optimize their quality of life and ensure the adequate management of their health condition to avoid risks and prevent complications.

- **Diabetes Program:** This program offers educational orientations for members 18 years of age or older who have been diagnosed with diabetes. The workshops and telephone calls address topics such as what is diabetes, emotional aspects, exercise, nutrition, medications, and how to prevent complications, among others.
- **Asthma Program:** With the help of clinical management staff, educators, and therapists, members between the ages of 5 to 56 years suffering from asthma can receive information about their condition and the factors that may cause asthma attacks, symptoms, warning signs, and medications, to help establish control strategies.
- **Hypertension Program:** Members over the age of 18 suffering from hypertension (high or uncontrolled blood pressure) may benefit from the educational activities offered by this program. They can learn what hypertension is, its signs or symptoms, lifestyle modification, and how to control blood pressure.
- **Heart Failure Program:** Members over 19 years old who suffer from cardiac failure (heart disease that causes abnormalities in the processes that pump blood to the body). If the condition is severe, they will receive educational materials at home, and our nursing professionals from the Heart Failure Program will provide guidance for self-care, so they may start feeling better. Members whose condition is not severe will be invited by health educators to attend educational activities. This will help them manage their condition, prevent complications, and improve their quality of life.
- **COPD Program:** Members over the age of 40 with COPD (Chronic Obstructive Pulmonary Disease) will receive guidance about their condition, use of medications to control it, signs and symptoms of complications, and the importance of medical follow-ups. Our health care professionals help participants become familiar with their condition and adopt healthy lifestyles to prevent complications and enjoy a better quality of life.
- **Prenatal Program:** The Prenatal Program educates members about the importance of early prenatal care and the risk factors that must be taken into account. Pregnant members will receive educational brochures about pregnancy and baby care. They will also receive phone guidance from a prenatal clinical management specialist, as well as guidance at educational workshops offered by health educators.

- **"Living without Smoke" Program:** The program offers guidance and general education about the effects of smoking on your health and the benefits of modifying or eliminating this addiction. It is aimed at people who suffer from chronic conditions and those who want to stop this addiction. The Program is offered free of charge to members. This program will help members obtain information about the importance and benefits of stopping their smoking habit, which will help them improve their self-control and minimize their tobacco addiction, thus reducing their risks of illness.

For more information on population management programs, you may call 1-866-788-6770.

Your coverage when you participate in a *Clinical Trial*

Below, we explain what the plan does and does not cover when you participate in a clinical trial.

Please remember this applies if you enroll in a trial or study to treat a life-threatening disease for which there is no effective treatment and obtain your physician's approval to participate in the trial because it offers potential benefits.

Our plan covers:

- The patient's routine medical expenses, according to covered service categories, limits, and other conditions established by the policy. These are expenses for which there is usually available coverage, regardless of whether the patient is participating in a clinical trial. This includes services to diagnose and treat any complications resulting from the trial.

Our plan does not cover:

- Expenses for research studies or clinical trial treatments
- Experimental or research devices or medications administered to be used as part of these trials
- Services or products provided to obtain data and analyses, and not for the direct management of the member
- Items or services free of cost to the member, usually offered by the research sponsor.

Preventive Centers Program

You may obtain this program's preventive services at participating Centers, all in one visit without the need for long waits. Members should set up an appointment at the Participating Center of interest to receive the services provided in the policy, under the Preventive Service Coverage section. The program includes an initial evaluation and an assessment after the tests are performed.

The program is only available through SALUS Clinics and other participating facilities in the Program. For a list of the Preventive Centers participating in the program, please refer to the Triple-S Salud Provider and Participant Directory, visit our website www.ssspr.com, search our mobile application, or call Customer Service for information about Centers near you.

Triple-S Natural

Triple-S Natural is a program that lets you receive medical services using a new model of integrative medicine, which incorporates complementary techniques and treatments certified by the United States National Institutes of Health and other renowned international organizations. The member will be responsible for the copayment established for the service, which is shown in the Table of Copayments and Coinsurance at the end of the policy.

The Triple-S Natural Program comprises the various disciplines from conventional and complementary medicine, such as:

- **Conventional primary medicine:** Conventional health care offered by specialists in Family Medicine, Chinese Medicine, and Acupuncture.
- **Integrative and complementary health care:** It is the use of conventional medicine along with therapies, treatments, and therapeutic procedures and approaches based on the scientific method, which are conducive to a person's optimal state of health, even within the limitations posed by a health condition. Its objective is preventing diseases and, if they occur, a coordinated intervention with all of these therapies to reestablish the patient's physical, mental, and spiritual health.
- **Medical acupuncture:** Acupuncture is based on the body's ability to regenerate and heal through stimuli produced by the insertion and manipulation of needles or other instruments at certain points on the skin. These points have been clinically defined for therapeutic purposes.
- **Therapeutic massage:** This type of massage is based on the concept of human beings as a whole, and it sees disease as a rupture in the constant flow of energy, nutrients, and well-being, which ensures a person's optimal state of health. Hands, elbows, and auxiliary instruments are used in a combination of specialized techniques to help activate the flow of blood and energy needed for the patient's recovery.
- **Naturopathic Medicine:** It is the system of care practiced by a Doctor of Naturopathy to prevent, diagnose, and treat health conditions through the use of natural medicine, therapies, and patient education, in order to maintain and stimulate each individual's intrinsic self-healing system.
- **Bioenergetic Medicine (*Pranic Healing*):** Treatment of different health conditions by balancing the vital energy that permeates or inhabits our body. This therapeutic method is based on the principle that the body has a life-giving energy, which many scientists call electromagnetic energy or bioenergy. The therapist provides energy to the patient with the primary purpose of improving the general state of the patient.
- **Hypnotherapy:** Medical treatment technique that uses special and active states of sleep, where some of the brain's active areas may be partially inhibited, as opposed to regular sleep states, where the brain is generally inhibited, to treat certain emotional and physical conditions.
- **Traditional Chinese Medicine:** Group of healing techniques and methods that follow the traditional Chinese medicine principles of healing. This healing system has different procedures, like stimulating acupuncture points through different techniques, such as: needles, laser, electricity, heat (moxibustion), massages (acupressure), magnets, bleeding techniques, injections, auriculotherapy, cranial acupuncture, Chinese herbs, Oriental nutrition and food, Oriental massage, and exercises (Qi gong, Tai-chi).
- **Reflexology:** It is a specialized technique that aims to offer treatment for various health conditions through the activation of acupressure points on the feet and hands. This technique is based on using body maps with the traditional Chinese medicine acupuncture points.
- **Clinical Nutrition:** It is the oral or injected administration of food supplements, such as vitamins and minerals, to treat various diseases.
- **Botanical Medicine:** It is the use of plants with medicinal properties, or their derivatives, to treat diseases. These are administered in various ways, such as tea, infusions, capsules, injections, tinctures, suppositories, compresses, baths, or creams. It is also known as herbology or phytotherapy.

- **Aromatherapy:** It uses the therapeutic, psychological, and physiological properties of pure essential oils through different methods, such as inhalation, diffusers, compresses, aromatherapy massage, and mud poultices (on specific areas), to improve health and obtain balance between body, mind, and spirit.
- **Music Therapy:** It uses music for therapeutic purposes. Specialization focused on opening communication channels through sound, rhythm, gestures, movement, and silence, at a psychological, physical, and cognitive level. Music therapy has various applications for mental conditions, addictions, depression, and hyper or hypoactivity, among others.
- **Chiropractic care:** It is based on the concept that a human being's vital energy flows through the spinal column, and that any alteration in this energy flow causes pathologies that devolve into disease. The chiropractor uses spinal adjustment techniques to restore the normal flow of energy, up to a total or partial disappearance of the patient's symptoms.

The program is only available through participating facilities in the Program. For a list of the participating providers in the program, please refer to the Triple-S Salud Participants and Providers Directory, visit our website www.ssspr.com, search our mobile application, or call Customer Service.

Tool for Health Risk Assessment (HRA)

We have developed a tool (HRA) that evaluates lifestyles, risk factors, and existing conditions, among others. This tool helps us have a clear profile of our member population and to determine where to direct our health education and prevention strategies. It also helps members make a self-assessment to know where they are in terms of compliance with preventive tests, the changes they need to do, and to improve awareness to prevent future health problems. **Register today on our website, www.ssspr.com, and complete your questionnaire. Stay active, stay healthy!**

Educational Materials on Our Website

Search for **Our Blog** section on our website, www.ssspr.com, to obtain health and wellness information for our members.

Satisfaction Surveys

The opinion of our members matters.

Triple-S Salud periodically surveys its members to measure their overall satisfaction with the plan and the care provided by our network providers. These studies are conducted with organizations independent from Triple-S Salud. The survey results are used by Triple-S Salud in its continuous efforts to improve the members' overall experience with the health plan, including service experience and quality of care.

For more information and the most recent customer satisfaction survey results, please call Customer Service.

Benefits Not Covered by the Plan

Your physician could recommend medical services, treatments, or medications not covered by your Triple-S Salud policy. If you receive non-emergency services not covered by your Triple-S Salud policy, you will be responsible for paying the provided services or dispensed medications in full.

We recommend that you verify the Exclusions Sections in your policy before receiving the medical service, treatment, or medication, as well as any added endorsement, to verify if it is covered or not. We also recommend you talk with your physician or service provider about the treatment alternatives covered under the plan to reduce your disbursements, or about coverage options under programs with other organizations that may provide you additional help.

Advance Instructions or Directives

Advance directives or statements of intent regarding medical treatment are legal documents that allow any person of legal age (21 years or older) and in full use of their mental faculties to express their decisions in writing about the medical care and treatment they wish to receive in case of a health condition that would not allow them to express themselves during treatment. This document offers you greater control over crucial matters regarding your quality of life, offering family members, friends, and doctors the basic information they need to care for you. Physicians and other health care professionals are legally obliged to follow patient directives. In accordance with the provisions of law, you cannot be denied care or be discriminated based on whether you have signed or not an advance directive.

If a disease disables you from communicating, the decisions regarding your health will be taken by another person, and not always in accordance to what you would have wished.

As per Puerto Rico law, the closest relative of legal age—first of which is the patient's spouse—shall be the one to make the decisions about accepting or rejecting medical treatment. Therefore, it is important to take a few moments to write your advance directives.

For more information about Advance Directives, please visit our website at www.ssspr.com, or call Customer Service at the number that appears on the back of the member card.

Informed Decisions About Your Health Care

You can play an active role in your health care. Clear and honest communication between you and your physician or service provider can help you both make smart decisions about your health and treatment. It is important to have an open dialogue about your symptoms, conditions, and concerns regarding your treatment. Here are some questions you should ask your physician to ensure you understand your diagnosis, treatment alternatives, and recovery.

- What is my diagnosis?
- What caused this problem?
- What is the adequate treatment? What are the estimated costs?
- When will I begin my treatment, and how long will it last?
- What are the benefits of this treatment, and how much success does it usually have?
- What are the risks and side effects associated with this treatment?
- Are there any foods, medications, or activities that I should avoid while I am following the treatment plan?
- What medications will I take before, during, and after treatment?

Ask for a cost estimate. After your physician gives you all the details about your condition and treatment alternatives, call Triple-S Salud to confirm how much your disbursement will be to treat your condition.

We can help you if you have a condition for which we can offer assistance and the most cost-effective alternatives for you.

Coverage of Services by Local or Federal Law

This policy provides members, including those diagnosed with HIV/AIDS or a physical or mental disability, with all the benefits offered in this policy, including the services required by local and federal law.

Preventive screening services, in accordance with the minor's preschool age, required by Act No. 296 of September 1, 2000 are covered by this policy. In accordance with letter No. N-AV-7-8-2001, the Department of Education is responsible for ensuring that every child has received an annual medical evaluation before the beginning of each school year. Said medical evaluation will include physical, mental, and oral health evaluations, ocular and hearing screenings, and other periodical screenings recommended by the American Academy of Pediatrics.

In compliance with Act 97 of May 15, 2018 (Bill of Rights of Persons with Down Syndrome), we cover the required services for members with Down Syndrome, including genetic testing, neurology, immunology, gastroenterology and nutrition, medical visits and tests referred by physicians, as well as therapeutic services with a remedial approach to independent or assisted living for adults over 21 years old; subject to the limitations, copayments, and coinsurances established in the policy.

Vaccines. This policy also covers the vaccines established by the Centers for Medicare & Medicaid Services (CMS), as provided by Act No. 218 of August 30, 2012, and as recommended by the *Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention*, and the *Advisory Committee on Immunization Practices of the Puerto Rico Department of Health*. For specific information about the coverage, please refer to the section on Standard Vaccine Coverage for Minors, Adolescents, and Adults.

You may request the following additional information to understand your plan better and learn more about the company.

- The cost of a specific medical service, treatment, or medication, if you are enrolled in this coverage
- The policies about the specific coverage, treatment, or medication, if you are enrolled in this coverage
- The reason why a medication was not approved in the Drug List, if you are enrolled in this coverage
- Results from the satisfaction surveys conducted by Triple-S Salud
- Coverage for specific benefits, and an explanation of how we determine what will be covered
- A report of how much you have accrued towards your maximum out-of-pocket in the coverage
- A written description of how we pay our network providers, including descriptions and justifications for the provider's compensation
- Programs, including incentives or sanctions offered to providers in order to control referrals to other specialists or providers
- Financial information about the company
- Copy of adverse benefit determinations and the clinical guidelines used for such determinations
- Status of our accreditations

Acts of Wrongful Discrimination

Wrongful discrimination is:

- Denying, refusing to issue, renew or reissue, cancelling or otherwise terminating a health plan, increasing its premium, or adding a surcharge based on the member's status as abuse victim; or

- Excluding, limiting coverage, or denying a claim based on the member's status as abuse victim;

Discriminatory acts include requesting information about acts of abuse or a current or potential member's status as abuse victim, or using this information, however obtained, except for the limited purposes of complying with legal obligations or verifying a person's claim to be a victim of abuse.

Discriminatory acts also include terminating group coverage for an abuse victim because coverage was originally issued in the name of the abuser and the abuser has divorced, separated from, or lost custody of the abuse victim, or the abuser's coverage was otherwise terminated voluntarily or involuntarily. Nothing in this subsection prohibits Triple-S Salud from requiring the abuse victim to pay the full premium for the health plan coverage, or from requiring, as a condition for coverage, that the abuse victim reside or work within the health plan service area, if these requirements apply equally to all existing or potential members. If conversion to an equivalent individual plan is offered, Triple-S Salud may terminate the group coverage after the required continued coverage is in effect for eighteen (18) months. The required continued coverage may be met with the coverage provided by virtue of the "Consolidated Omnibus Budget Reconciliation Act of 1985" (COBRA) and will not be additional to the coverage provided under COBRA.

How Does Your Coverage Work?

This plan helps you pay for some of the costs incurred when you are sick or injured. It also pays for certain health care services, to help them remain in optimal health conditions and detect any conditions through preventive services.

Aside from the monthly payment you make for your plan (called the "premium"), you also pay part of the costs when you receive the health care services covered by the plan. There are different types of costs you must pay out-of-pocket: deductibles, copayments, and coinsurances; until you reach the coverage maximum out-of-pocket. For details about your plan copayments, coinsurance, and deductibles, please refer to the Table of Copayments and Coinsurance at the end of this policy.

COORDINATION OF BENEFITS (COB)

If a member is covered by two or more plans, the rules to determine the order in which plans must pay the benefits will be as follows:

- a.
 - 1) The primary plan will pay its benefits as if the secondary plan did not exist.
 - 2) If the primary plan is a closed panel plan and the secondary plan is not a closed panel plan, the secondary plan will pay its benefits as if it were the primary plan if the member receives services from a provider outside the panel, except for emergency services or authorized referrals provided by the primary plan.
 - 3) If there are multiple contracts providing coordinated coverages and these are treated as the same plan for the purposes of this rule, this section shall apply only to the plan as a whole, and the coordination between contract components shall be governed by their own terms. If more than one contractor pays or provides benefits under the plan, the contractor designated as the primary payer in the plan will be responsible for the compliance of the whole plan with this section.
 - 4) If a person is insured by more than one secondary plan, these rules will also apply to the order in which secondary plans shall pay their benefits between one another. Each secondary plan takes into account the benefits of the primary plan and the benefits of any other plan that has been appointed to pay first under these rules.
- b.
 - 1) Except for what is provided later in paragraph (2), a plan that has not provided an order of coordination of benefits consistent with this section shall be deemed a primary plan, unless provisions for both plans, regardless of what is stated in this paragraph, establish that the plan that provided an order of coordination of benefits is the primary plan.
 - 2) A group coverage designed to complement part of a basic benefit package may establish that the complementary coverage be in excess to any of other parts of the plan provided by the same contract or policy. An example of this are major medical expense coverages and coverages specifically designed to cover services rendered by non-participating providers in a closed panel plan.
- c. A plan may only take into account the benefits paid by another plan if, under these rules, it is a secondary payer in relation to the other plan.
- d. Order of Determination of Benefits

Each plan will determine its benefits using the first of the following rules that apply:

- 1) Non-dependent or dependent
 - a) Except for what is provided in subparagraph (b) of this paragraph, the plan that covers a person as non-dependent (for example, the plan that covers a person as an employee, member, policyholder, or retired) is the primary plan, and the plan that covers the person as dependent is the secondary plan.
 - b)
 - (i) If the person is a Medicare beneficiary, and, as a result of the provisions in Title XVIII of the Social Security Act and its regulations, Medicare is:
 - (I) Secondary to the plan covering the person as a dependent; and
 - (II) Primary to the plan covering the person as a non-dependent

- (ii) Then the order of benefits is reversed, so that the plan covering the person as non-dependent will be secondary, and the other plan covering the person as dependent will be primary.

2) Dependent Child Covered Under More than One Plan

Unless there is a court order stating otherwise, the plans that cover a dependent child will pay their benefits in the following order:

- a) In the case of a dependent child whose parents are married or living together although never married:
 - (i) The plan of the parent whose birthday is the first in a calendar year will be the primary plan; or
 - (ii) If both parents have their birthday on the same day of the year, the plan that has covered one of the parents for the longest time will be the primary plan.
- b) In the case of a dependent child whose parents are divorced, separated, or not living together although never married:
 - (i) If a court order states that one of the parents will be responsible for the medical expenses of the dependent child or for providing the child with a health plan, and the plan of said parent has knowledge of such decree, that plan will be primary. If the parent with such responsibility does not have a health plan to cover the expenses of the dependent child, but the spouse of this parent has such a plan, the plan belonging to the spouse of the responsible parent will be the primary plan. This provision shall not apply to any year in which services were paid or supplied, before this plan became aware of the corresponding court order
 - (ii) If a court order states that both parents are responsible for the medical expenses of the dependent child or for providing the child with a health plan, the rules established in subparagraph (a) of this paragraph will determine the order of benefits.
 - (iii) If a court order states that the parents have joint custody without specifying that one of them shall be responsible for the dependent child's medical expenses or for providing a health plan, the rules established in subparagraph (a) of this paragraph shall determine the order of benefits.
 - (iv) If there is no court order assigning responsibility to either one of the parents for the dependent child's medical expenses or for providing a health plan, then the order of benefits will be determined as follows:
 - I. The plan covering the custodial parent;
 - II. The plan covering the spouse of the custodial parent;
 - III. The plan covering the non-custodial parent; and finally
 - IV. The plan covering the spouse of the non-custodial parent.
- c) For a minor covered as a dependent under more than one plan belonging to people who are not the parents of said minor, the order of the benefits will be determined according to subsection (a) or (b) of this paragraph, as applicable, as if such people were the parents of said minor.

- d)
 - i. For dependent children who are covered under the plan of one or both parents and who also have their own coverage as dependents under the plan of a spouse, the rule in paragraph (5) applies.
 - ii. For the coverage of the dependent underage child under the spouse's plan, which began on the same date as the coverage under either one or both parents' plans, the order of benefits will be determined through the application of the birthday rule in paragraph (a), between the parent(s) of the dependent minor(s) and the dependent spouse.
- 3) Active Employee or Retired or Former Employee
 - a) The plan covering a person as an active employee (meaning an employee who is not a former or retired employee) or as an active employee's dependent will be the primary plan. The plan that covers a person as a former or retired employee or as the dependent of a former or retired employee will be the secondary plan.
 - b) If the other plan does not have this rule and, as a result, the plans do not agree as to the order in which benefits are payable, this rule will be ignored.
 - c) This rule shall not apply if the rule in the Paragraph (1) can determine the order of benefits.
- 4) COBRA or Extensions of Coverage Under State Law
 - a) If a person with extended coverage under COBRA or other similar federal or state law also has coverage under another plan, the plan covering this person as an employee, member, or retiree, or as a dependent of an employee, member, subscriber, or retiree, will be the primary plan. The plan covering that person under COBRA or other similar federal or state law shall be the secondary plan.
 - b) If the other plan does not have this rule and the plans do not agree about the order in which benefits are payable, this rule will be ignored.
 - c) This rule shall not apply if the rule in Paragraph (1) can determine the order of benefits.
- 5) Longer or Shorter Coverage Time
 - a) If none of the previous rules determines the order of benefits, the plan that has covered the member for the longest time will be the primary plan, and the plan that has covered the person for the shortest time will be the secondary plan.
 - b) To determine the time period a person has been covered under a plan, two successive plans shall be treated as one if the person was eligible to participate in the second plan within twenty-four (24) hours after the termination of the first plan.
 - c) The beginning of a new plan does not include:
 - i. A change in the amount or scope of plan benefits;
 - ii. A change in the entity that pays, provides, or administers the plan benefits; or
 - iii. A change in the type of plan, like for example, from a single employer plan to a multiple employer plan.

- d) The period of time that a person has been covered under a plan is measured from the date that person's coverage began under the plan. If we cannot determine such date in the case of a group plan, the date when the person became a group employee for the first time will be used to determine the period of time the person has been covered under the group plan.
- 6) If none of the previous rules determines the order of benefits, expenses shall be shared by all plans in equal parts.

If you are covered by more than one health plan, you must submit all your claims to each one of your plans.

GENERAL PROVISIONS

1. **ACTIONS FROM THIRD PARTIES:** If by fault or negligence from a third party, the member or any of his/her dependents suffers an illness or injury covered under this policy, Triple-S Salud shall be entitled to subrogate to the member's rights to claim and receive compensation from such third party, equivalent to the expenses incurred in treating the member, caused by such acts of fault or negligence. Triple-S Salud will only claim medical expenses paid in connection with the accident caused by the third party.

Subrogation is a legal process by which an insurer asserts the member's rights against a third party who has caused them damages. If the member has an accident caused by fault or negligence of a third party (e.g., a school, a grocery store, or any other public or private establishment), they must fill out the Incident Report of the place where the accident happened. The member should provide Triple-S Salud with a copy of this report as soon as possible, including their name and contract number. This information may be sent by email to subrogation@ssspr.com or delivered to your plan administrator, who will then forward the documents to Triple-S Salud.

This does not apply to car accidents, which are handled by the Automobile Accident Compensation Administration (ACAA, by its Spanish acronym), or to workplace accidents insured by the State Insurance Fund.

The member recognizes Triple-S Salud's subrogation rights and will be responsible for notifying Triple-S Salud of any actions initiated against said third party; and the member shall be responsible for paying Triple-S Salud for such expenses, should he/she act otherwise.

2. **BLUECARD® PROGRAM AND SERVICES OUTSIDE THE COVERAGE AREA:** Triple-S Salud has various relationships with other Blue Cross and/or Blue Shield licensees. These relationships are usually called "*Inter-*

Plan Arrangements." These *Inter-Plan Arrangements* work based on the regulations and procedures issued by the Blue Cross Blue Shield Association ("Association"). If you access health care services outside Triple-S Salud's service area, the claim for these services may be processed through one of these *Inter-Plan Arrangements*. *Inter-Plan Arrangements* are described in general terms below.

Whenever you receive medical care outside Triple-S Salud's service area, you will get it from two provider types. Most participating providers are contracted by the Blue Cross or Blue Shield licensee in that other geographical area ("*Host Blue*"). Some providers ("non-participating providers") are not contracted by *Host Blue*. We will explain below how Triple-S Salud pays both provider types.

Types of claim

All claim types fulfill the requirements to be processed through *Inter-Plan Arrangements*, as described above, except for any dental care, prescription drugs, or vision care benefits that may be managed by Triple-S Salud to provide services.

A. BlueCard® Program

Under the BlueCard® Program, if you receive covered services in a *Host Blue* service area, Triple-S Salud will continue being responsible for fulfilling our part in the contract. However, the *Host Blue* is responsible for hiring and coordinating all your interactions with their participating health care providers.

If you obtain covered services outside our service area and the claim is processed through the BlueCard Program, the amount you pay for the covered services is calculated based on the lowest cost between:

- Covered charges that have been billed for covered services, or

- the negotiated price between Triple-S Salud and the HostBlue.

This "negotiated price" will often consist of a simple discount that states the real price paid by the Host Blue to your health care provider. Sometimes, it is an estimated price that takes into account the special arrangements made with your specific provider or provider group, which may include arrangements, incentives, and other credits or charges. It may occasionally be an average price based on a discount that yields average anticipated savings for healthcare providers, compared to the same type of transactions occurring at an estimated price.

The estimated price and the average price also take into account previously noted adjustments to correct overstated or understated changes to old prices to correct the prices of past claims. However, said adjustments will not affect the price we have used for your claims, as these will not be applied retroactively to claims that have been paid.

Host Blues decide if they will use a real price, an estimate, or an average. *Host Blues* using either estimates or average prices may prospectively increase or reduce such prices to correct previously understated or overstated prices (in other words, prospective adjustments may mean that the current price reflects an additional amount or credit for paid claims or those that providers are to pay or receive). However, the *BlueCard* Program requires that the sum paid by the member be the final price. No future price adjustment will result in increases or reductions in the price determined for prior claims. Triple-S Salud takes into account the method *Host Blues* use for claim payments in order to determine their premiums.

B. Federal and State Taxes/Late Fees/Charges

In some cases, federal or state laws or regulations could levy a late fee, tax, or any other applicable charge to member accounts. If applicable, Triple-S Salud will

include any of these late fees, taxes, or charges to determine the premium.

C. Non-Participating Providers Outside Triple-S Salud's Service Area

If covered services are rendered outside Triple-S Salud's service area by non-participating providers, the amount you pay for such services will usually be based on either the local rate payable to providers not participating as *Host Blues* or the payment agreements required by the applicable state law. In any of these cases, the member may be responsible for paying the difference between the amount billed by the non-participating provider and the payment made by Triple-S Salud for the covered services, as set out in this paragraph. Payments for emergency services outside the network are regulated by the applicable federal and state laws.

3. BLUE CROSS BLUE SHIELD ASSOCIATION INDEPENDENT LICENSEE:

The member and his/her dependents hereby expressly acknowledge and understand that this policy constitutes a contract solely between the member and Triple-S Salud, Inc. is an independent corporation operating under a license of the *Blue Cross and Blue Shield Association*, an association of Independent Plans affiliated to *Blue Cross and Blue Shield* (the Association), thus allowing Triple-S Salud, Inc. to use the service brand *Blue Cross and Blue Shield* in Puerto Rico. Triple-S Salud, Inc. is not contracted as an agent of the Association.

The member and his/her dependents agree and accept that they have not acquired this policy based on representations from any person other than Triple-S Salud, Inc., and that no person, entity, or organization other than Triple-S Salud, Inc. may be held liable for any of Triple-S Salud Inc.'s obligations with the member created under this policy.

The aforementioned statements shall not create any additional obligations by Triple-S Salud, Inc. other than the obligations created under the provisions of this agreement.

4. **CIVIL ACTIONS:** No civil action shall be initiated to claim any of the member's rights under this policy before sixty (60) days have elapsed after submitting written proof of service, in accordance with the requirements of this policy. No action shall be initiated after three (3) years have elapsed from the date written proof of the service is required to be submitted.

5. **CIVIL RIGHTS FOR INDIVIDUALS UNDER SECTION 1557:** Triple-S Salud, Inc. follows all applicable federal civil rights laws and does not discriminate on the basis of race, color, nationality, age, disability, or sex.

Triple-S Salud, Inc. It does not exclude persons nor treats them differently because of their ethnic origin, color, nationality, age, disability, or sex.

We offer free assistance and services to people with disabilities so they may communicate with us effectively. We also offer free language services to people whose first language is not English.

For more information, please refer to our website:

<http://www.ssspr.com/SSSPortal/GeneralInfo/politica-privacidad.html>, or call the following numbers: (787) 774-6060, or toll free to 1-800-981-3241, for telephone services for the hearing impaired (TTY/TDD) at (787) 792-1370, or toll free to 1-866-215-1999.

6. **CLAIM NOTICE:** The member or employer should issue a written claim notice to Triple-S Salud within twenty (20) days after the service occurs, or, after such term, as soon as reasonably possible. A written notice delivered by the member, in his/her name, to Triple-S Salud, at the main office in San Juan, Puerto Rico, or at any of its Service Centers throughout the Island, or to any authorized Triple-S Salud representative, with sufficient identifying information, shall be deemed as a notice issued to Triple-S Salud.
7. **CLAIM PAYMENTS:** As a general rule, the benefits provided under this policy are payable directly to participating providers,

except in cases of emergency, where they will be paid as provided by law. If the member uses non-participating providers in case of emergency, the services rendered will be paid directly to the provider.

If the member receives care after receiving post-stabilization or emergency services, which are covered under this policy, except that it was a non-participating provider which performed the services, Triple-S Salud will reimburse the member the lesser between the cost incurred and the fee that would have been paid to a participating provider, after deducting the applicable copayment and/or coinsurance, as provided in this policy. This policy also contains benefits that are paid based on compensation or reimbursement to the member even if the provider is a participating provider.

In order for Triple-S Salud to compensate or reimburse a member in such cases, the member should provide a written claim notice to Triple-S Salud within twenty (20) days after the incident, or if after such term, as soon as reasonably possible, but no later than one (1) year from the date the service was provided, unless there is evidence that it was impossible to submit the claim within the established period.

8. **COBRA (CONSOLIDATED OMNIBUS BUDGET RECONCILIATION ACT) APPLICABLE TO EMPLOYERS WITH 20 OR MORE EMPLOYEES:** Provides, in some situations, continued (extended) coverage to covered employees and eligible direct dependents if the group health plan coverage ends for reasons (qualifying events) established in said act. The insured employee should check with their employer whether they are eligible for this coverage. The employer, not Triple-S Salud, shall be the COBRA administrator.

In case of employment termination, be it due to dismissal (provided that it was not caused by misconduct) or resignation, or a reduction of hours, COBRA states that the member of the group health plan is entitled to extended coverage for 18 months. This coverage shall also be available for the member's direct dependents. If the member under COBRA

becomes disabled, and such disability is certified by the Social Security Administration within 60 days after the qualifying event, then the member under *COBRA* will be entitled to an 11-month extension under *COBRA*. Lastly, in the case of an employee's divorce or death, the spouse and children shall be entitled to extended coverage for a period of 36 months. Direct dependents (children) shall have 36 months if they lose eligibility under the plan. If the employee receives *Medicare* benefits, the spouse and dependents will be entitled to extended coverage for 36 months. Extended coverage under *COBRA* may end for the following reasons:

- a. The *COBRA* period ends;
- b. Default on payments;
- c. The employer terminates the group health plan;
- d. The member enrolls in *Medicare*;
- e. The member enrolls in another health plan with no waiting period;
- f. The member engages in an offense that, according to the plan, is just cause to be removed from the plan (for example, submitting fraudulent claims).

Transition cases are included as *COBRA* cases for purposes of group experience.

9. **CONFIDENTIALITY:** Triple-S Salud shall keep the confidentiality of the member's medical information and claims, in accordance with the policies and practices set forth in the Notice of Privacy Practices contained in this policy.

10. **CONVERSION CLAUSE:**

- a. If a member's insurance policy ceases due to separation from employment or from a class eligible for coverage under the policy, such person shall have the right for Triple-S Salud to issue, without need for proof of insurability, a basic individual policy at one of the various metallic levels available in the market, in exchange for the payment of the premium for such individual health plan. The written application for enrollment in

an individual policy and the first premium payment should be submitted to Triple-S Salud no later than thirty (30) days after the aforementioned termination; while also stipulating that:

- 1) If the member had prior qualifying coverage with benefits that are not comparable or do not exceed those offered in the coverage of the individual basic silver health plan, Triple-S Salud shall offer the individual basic bronze health plan to that person, thus converting the plan between enrollment periods, until the next enrollment period. During the enrollment period, the member may select the basic individual health plan they prefer.
- 2) The premium of the individual policy shall be the current applicable Triple-S Salud rate for the form and benefits corresponding to the policy selected by the member. Health conditions shall not be an acceptable basis for risk classification.
- 3) The individual policy must also cover the insured employee's spouse or direct dependents, if they were covered when the group insurance ended. Triple-S Salud may issue a separate individual policy to cover the enrolled spouse or direct dependents. Any of the member's optional dependents, if applicable, will be eligible for an individual policy if they were covered when the insurance ended.
- 4) The individual policy shall be effective as of the termination of insurance under the group policy.
- 5) Triple-S Salud shall not be required to issue an individual policy to someone who:
 - a) Fails to apply for a basic individual health plan within thirty (30) days after the qualifying event, or no later than

thirty (30) days after losing eligibility for the existing qualifying coverage.

- b) Is covered or is eligible for coverage, according to another medical benefit contract, be it public or private, which includes Medicare supplemental or Medicare program policies, as established in Title XVIII of the Social Security Law, as amended, or in any other federal or state law, except in case of someone who is eligible for Medicare for reasons other than age.
- c) Is covered or is eligible for coverage under a health plan, as offered by the employer of the recently covered person.
- d) Is covered or is eligible for coverage under a health plan that provides health care coverage, in which the spouse, parent or guardian is enrolled or is eligible for enrollment, except if such health plan is the Puerto Rico Government Health Plan or any other government health plan managed by the Health Insurance Administration;
- e) For the time period, they are covered according to the previous individual health plan, which ends after the effective date of the new coverage.
- f) Is covered or is eligible for coverage for an extended group health plan, in tune with Section 4980b of the US Internal Revenue Code, sections 601 to 608 of the Employee Retirement Income Security Act (ERISA) of 1974, as amended, sections 2201 to 2208 of the Public Health Service Act (PHSA), as amended, or any other extended group health plan required by law.

b. Subject to the conditions and limitations in subsection (a) of this section, the privilege of conversion shall be granted:

- 1) to the member's spouse or direct dependents whose coverage under the group policy has ceased due to the death of the member.
 - 2) to the spouse or direct dependents of the person whose coverage has ceased because they did not qualify as a dependent under a group policy, even if the member remains covered under the group policy.
 - 3) optional dependents, if applicable
- c. If a member insured under a group policy loses coverage under an individual policy as described under subsection (a) of this section, during the time period he/she would have qualified to have such individual policy issued, and before such policy becomes effective, the benefits to which he/she is entitled under said policy shall be payable as a claim under the group policy, even if he/she did not apply to the individual policy or has not yet made the first premium payment.
 - d. If a member insured under this group policy becomes entitled to obtaining an individual policy under the group policy terms, subject to application and first premium payment within the time specified in the policy, and if such person is not notified of the existence of this right at least fifteen (15) days before the expiration date of such time period, then the that person shall have an additional time period during which he/she may exercise this right, but this does not imply the continuation of a policy beyond the time provided by said policy.

The additional period will end 15 days after notice is provided, but under no circumstance will it extend for more

than 60 days after the policy expiration date. A written notice handed to the person or sent by mail by the policyholder to that last known address of the individual, as written by the policyholder, will be considered sufficient warning to these ends. If an additional period is granted to exercise the right to conversion, as provided here, and if the written application for said individual policy is sent along with the first premium payment during the additional period, the individual policy will be effective on the date the group insurance policy ends.

11. **COVERAGE TRANSFER:** If the member moves to an area covered by another *Blue Cross Blue Shield Association* affiliate plan, and if the member so requests it, Triple-S Salud will process the transfer to the plan servicing the member's new area of residence.

The new plan should offer the member at least its group conversion policy. This is a type of policy usually offered to members who abandon a group and request individual coverage. The conversion policy offers coverage without need for a medical exam or health certificate.

If the member accepts the conversion policy, the new plan shall credit the time they were insured under Triple-S Salud against any waiting time period. Any physical or mental condition covered by Triple-S Salud shall be covered under the new plan without need for a waiting period, if the new plan offers such a feature to others who have the same type of coverage.

The available fees and benefits under the new plan may vary significantly from those offered by Triple-S Salud. The new plan may provide the member with other types of coverage outside the Transfer Program. These policies may require a medical exam or health certificate to exclude coverage for preexisting conditions; or they may not apply the time insured under Triple-S Salud to the waiting time periods.

Members may obtain additional information about the Transfer Program by contacting our Customer Service Department.

12. **GRACE PERIOD:** A grace period of 31 calendar days will be granted for each premium payment due after the first premium, during which the policy will continue in force.
13. **IDENTIFICATION:** Triple-S Salud will issue a card to each member, which will be required to be presented to any participating Triple-S Salud provider whose services are requested, to have them covered by this policy. The member must also present a second photo identification.
14. **INDIVIDUAL CANCELLATION:** Triple-S Salud may cancel the insurance of any member at any time, if the member commits fraudulent acts, misrepresents material facts, has submitted or made someone else submit a fraudulent claim or evidence to support such claim, to obtain payment for a claim pursuant to any Triple-S Salud policy, regardless of the date when such act was committed or the date and manner it was discovered; or if the member displays patterns of fraud in the utilization of the benefits provided by the policy. The cancellation will be notified to the member via written notice, which will be delivered or mailed to the latest address shown in Triple-S Salud's records, stating when the cancellation will be effective, which shall not be less than thirty (30) days after the notice.
- Triple-S Salud will issue certificates of coverage to insured employees as required by HIPAA. If you do not receive this certificate of coverage, the member may obtain it through our Customer Service Department by calling 787-774-6060.
15. **INDIVIDUAL TERMINATION:** Any insured employee who retires or ceases to be employed is responsible for returning the plan ID cards to Triple-S Salud. Triple-S Salud shall not cover any services used after the insurance is terminated. The employee shall be responsible for the payment of such services.

16. LIABILITY WAIVER FOR MEMBERS:

Members will not be responsible for paying any services where the participating provider failed to comply with the eligibility procedures, payment policies, or service protocols established by Triple-S Salud.

17. MANDATORY COVERAGES: This policy is subject to federal and local laws and regulations that may require, during its effectiveness, coverage for additional hospital or medical-surgical services that were not part of the covered services when the policy was made effective. These mandatory coverages, which become effective on a date subsequent to the issuance of this policy, may have an impact on costs and premiums.

18. MODEL FOR CLAIMS: Upon receipt of a claim notice, Triple-S Salud will provide the claimant with the models that it regularly provides to submit proofs of service. If these models are not provided within fifteen days after such notice has been given, it will be understood that the claimant has complied with the requirements of this policy as to proof of service, if the member submits, within the time established in this policy to submit a proof of service, written proof including what happened and the nature and scope of the services being claimed.

19. PATIENTS' BILL OF RIGHTS AND RESPONSIBILITIES: Triple-S Salud require its members, or in the case of persons with disabilities or minors, to their parents, guardians, custodians, or persons in charge, to read and become familiar with the "Patients' Bill of Rights and Responsibilities" or a proper and reasonable summary thereof, as prepared or authorized by the Department of Health.

20. PERSONAL RIGHTS: The rights and benefits of this policy are not transferable, and no member may assign, transfer, or alienate any of the rights or benefits that he/she could claim under the policy in favor of third parties. Triple-S Salud reserves the right to recover all expenses incurred if the member, with his/her express or implied consent, allows uninsured persons to use the member card issued in his/her name by

Triple-S Salud. In addition, the recovery of such expenses will not prevent Triple-S Salud from being able to cancel the insurance contract when it discovers the illegal use of the card, nor will it prevent the filing of a grievance so that the member or the person using such card illegally is prosecuted criminally.

21. PHYSICAL EXAMS: Triple-S Salud has the right and opportunity to examine, on its own account, the member when and as frequently as it is reasonably required for the purposes of auditing or investigating fraud.

22. POLICY/BENEFIT CERTIFICATE: A document that Triple-S Salud issues to the policyholder. Triple-S Salud will also submit a list of participating physicians and providers with Triple-S Salud, as well as the Summary of Benefits and Coverage (SBC).

23. PREMIUM PAYMENT: Both the employer and the insured employee will be jointly responsible for paying the policy premium; providing that such liability covers the total premium due until the policy's date of termination, in accordance with the Termination clause.

Triple-S Salud is entitled to collecting the premium due from the insured employee, or, at its option, it may recover the costs incurred in the payment of claims for services provided to the member after the cancellation of that person's health plan; stipulating that the insured employee shall be responsible for paying any of the two amounts as claimed by Triple-S Salud. Triple-S Salud may use collection agency services to demand the payment of any existing debt with Triple-S Salud. Besides, the debtor shall be required to pay the costs, expenses, and attorney fees, as well as any other additional amount or expense, unless the Court orders otherwise.

Triple-S Salud reserves the right to alert any credit agency, institution, or entity, in detailed form, about the breach of payment incurred by the employer or insured employee.

24. **QUALIFIED MEDICAL CHILD SUPPORT ORDER (QMCSO):** The *Employee Retirement Income Security Act* (ERISA) requires employment-based group health plans to extend health care coverage to the children of employees who are divorced, separated, or who never married, when ordered to do so by state authorities. This provision states that the plan may be required to offer health care coverage for an employee's underage dependents. The State or Court may require the ERISA-covered employer to extend the coverage to an employee's underage dependents through an order for health care coverage support.

25. **RECOUPMENT OR RECOVERY OF EXCESS OR ERRONEOUS PAYMENTS:** Triple-S Salud has the right to recover payments made in excess or in error to a member, retroactive for up to two (2) years from the date Triple-S Salud issued the payment. Triple-S Salud will contact the member as soon as it becomes aware that it has issued an erroneous or excess payment. Members will be required to notify Triple-S Salud when they realize they have received a payment in error or excess.

26. **REINSTATEMENT:** If an overdue premium is not paid before the end of the grace period granted to the group, subsequent acceptance of premium payment by Triple-S Salud or an authorized representative, without need for a reinstatement request, shall be sufficient to reinstate the policy. If Triple-S Salud or the authorized representative asks for a request, a conditional receipt for the premium will be given. If the request is approved, this policy shall be reinstated as of the date of approval. In the absence of such approval, the policy shall be reinstated on the forty-fifth (45th) day after the date of the conditional receipt, unless the denial has been notified in writing.

The reinstated policy only covers losses resulting from an injury occurring after the date of reinstatement, or from an illness beginning after ten (10) days have elapsed from such reinstatement.

In all other cases, your rights and those of Triple-S Salud remain the same, subject to any provisions stipulated or attached to the reinstated policy. Any premium accepted for reinstatement shall be applied to a period for which the premium has not been paid; but no premium shall be applied to a period greater than sixty (60) days prior to the reinstatement date.

27. **RIGHT OF TRIPLE-S SALUD TO PERFORM AUDITS:** By enrolling in this policy, members accept, acknowledge, and understand that Triple-S Salud, as payer of the health services incurred by primary policyholders and their dependents, has the authority to access their medical records to perform audits on any or all health service claims paid by Triple-S Salud.

28. **RIGHT TO A GUARANTEED RENEWAL OF THE PLAN:** The employer has the right to demand the guaranteed renewal of the health plan for all eligible employees and their dependents, except in the following cases:

- a. Due to a default in the premium payments, taking into account the grace period;
- b. If the employer, the eligible employee, or any of his/her dependents commits a fraudulent act. In such cases, Triple-S Salud may choose not to renew the health plan for the employer, the eligible employee, or the member for one (1) year after the date of termination of the coverage;
- c. If the employer, the eligible employee or member has intentionally misrepresented an important and material fact under the health plan terms. In such cases, Triple-S Salud may choose not to renew the health plan for the employer, the eligible employee, or the member for one (1) year after the date of termination of the coverage;
- d. For failure to meet the minimum participation requirements established by Triple-S Salud.

- e. For failing to meet the employer contribution requirements;
- f. If Triple-S Salud decides to stop offering all the health plans it has executed with employers in Puerto Rico: In such cases, Triple-S Salud will send written notice of its determination not to renew to the Office of the Commissioner of Insurance of Puerto Rico, the employers, and all covered members, at least 180 days before the health plan's date of renewal.
- g. If the Commissioner of Insurance determines that continuing the health plan would not respond to the best interests of the policyholders or would affect the insurer's ability to meet its contractual obligations.
- h. In the case of health plans made available in the small group market through a preferred network plan, if the employer has no more employees who live, work, or reside within the geographical area established by the insurer.

29. RIGHTS UNDER ACT NO. 248 OF AUGUST 15, 1999, ACT TO GUARANTEE ADEQUATE CARE FOR MOTHERS AND THEIR NEWBORNS DURING THE POST-PARTUM PERIOD: The applicable laws provide, among other things, the following:

- a. The stays of the mother or the newborn as a result of childbirth will not be limited to less than 48 hours in the event of natural childbirth, or less than 96 hours in the case of deliveries by caesarean section.
- b. However, insurers and group plans may cover stays shorter than these periods, if the physician, after consulting with the mother, orders the discharge of the mother or the newborn prior to meeting the aforementioned terms.
- c. If the mother and the newborn are discharged within a shorter time period than what was established in subsection (a) of this item, but, as

per subsection (b), the coverage provides for a follow-up visit within the next forty-eight (48) hours. Services include, but are not limited to assistance and physical care for the minor, education on child care for both parents, breastfeeding assistance and training, guidance about home support, and medical treatments and tests for both.

- d. Insurers and group plans shall not design benefits or include copayments or coinsurances that imply an unfavorable treatment during some portion of the hospital stay.

30. RIGHTS UNDER THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT: Any member insured under a group health plan for at least eighteen (18) months is entitled to enroll in an individual health insurance policy without the need for a waiting period or a preexisting condition clause.

To be able to enroll, the application for the individual plan should not be submitted more than sixty-three (63) days after losing the previous group plan or employer's contribution, and the plan's termination must have happened for one of the following reasons:

- a. Loss of eligibility (for example, resignation or dismissal),
- b. Loss of employer's contribution, or
- c. Termination of *COBRA* coverage

31. SINGLE CONTRACT - CHANGES: This policy, including its endorsements and added documents, if any, constitutes the full text of the insurance contract. No change to this policy shall be valid until it is approved by the executive officer designated by the Board of Directors of Triple-S Salud and the Office of the Commissioner of Insurance of Puerto Rico prior to its use, unless such approval is herein endorsed or attached. No authorized representative has the authority to change this policy or waive any of its provisions.

32. **TERMINATION:** Triple-S Salud reserves the right to terminate this policy on the expiration date for non-payment of the premium, after the grace period has passed, via written notice to the insured employee at least thirty (30) days in advance. The termination shall not affect any claim for services rendered before the date of termination.

Triple-S Salud also reserves the right to terminate this policy for non-payment of the premiums through written notification to the employer, no less than thirty (30) days in advance. If the employer decides to cancel this policy to continue providing its employees with health plan benefits through another organization, the employer may terminate the policy on the due date of any premium by sending written notification to Triple-S Salud at least thirty (30) days in advance. On the other hand, if the employer decides not to continue providing its employees with a health plan as part of their employee benefits, it should provide written notification to Triple-S Salud at least forty-five (45) days before the cancellation becomes effective, which should be on the last day of the month after the notification is delivered. The termination shall not affect any claim for services rendered before the date of termination.

If a health care plan is terminated or canceled, or if a provider terminates or cancels, Triple-S Salud will notify you of such termination or cancellation thirty (30) calendar days prior to the date of termination or cancellation.

Subject to any premium payment, if a provider or health plan is terminated, the insured employee may continue receiving the same benefits during a transition period of ninety (90) days from the termination date of the plan or provider.

The transition period, in the circumstances described below, will occur in the following way:

- a. If the member is hospitalized on the plan's termination date, and the date of discharge was scheduled before such termination date, the transition

period shall be extended from this date up to ninety (90) days after the date of discharge.

- b. If a member is in her second trimester of pregnancy by the termination date of this policy and the provider has been offering medical treatment related to the pregnancy before such termination date, the transition period for pregnancy-related services shall be extended until the member's date of discharge from hospitalization for delivery or the newborn's date of discharge, whichever of the two is latest.
- c. If the patient is diagnosed with a terminal condition before the termination date of the policy and the provider has been offering medical treatment related to this condition before such date, the transition period shall be extended for the patient's remaining life.

The transition care period is subject to payment of the premium and may be denied or terminated if the member and/or the provider commit fraud against the insurance. The member may choose to enroll in a Triple-S Directo policy or use the period of transition due to termination of the plan. Once this transition period ends, provisions under the Conversion clause shall apply.

33. **TOTAL PAYMENT FOR COVERED SERVICES IF THERE IS NO PROVIDER:** If a member has medical need for a service that is covered by the plan but for which there is no contracted provider, and it is not stated in your coverage that the service will be provided by reimbursement to members, Triple-S Salud will coordinate and establish a special agreement with a non-participating provider for the provision of such services to the member. This will be subject to the terms and conditions of the member's policy, and to the provider payment based on the fee established by Triple-S Salud for the services to be provided.

34. **WOMEN'S HEALTH AND CANCER RIGHTS ACT (WHCRA):** This policy provides coverage to the member for breast reconstruction in connection with a mastectomy, for the reconstruction of the other breast to produce a symmetrical appearance, and for prostheses and the treatment of any physical issues that arise at any stage of the mastectomy. These benefits are provided in consultation between the member and her physician and will be subject to the coinsurance and copayments established in this policy.

YOUR RIGHTS AND RESPONSIBILITIES AS A PATIENT

Act No. 194 of August 25, 2000, as amended, known as the Patients' Bill of Rights and Responsibilities, states the rights and responsibilities of the users of Puerto Rico's medical-surgical health system.

Right to high-quality Health Services

Services consistent with the generally accepted principles of medicine practice.

Rights regarding the collection and disclosure of information

You have the right to receive truthful, reliable, and simple information, in English or Spanish, about your health plan, such as:

- Covered benefits, limitations, and exclusions
- Payable premiums, deductibles, coinsurances, and copayments
- Provider Directory
- Access to specialists and emergency services
- Precertification and grievance processes
- Education, licensing, and certifications of your health care providers

Rights regarding the selection of plans and providers

Every individual has the right to:

- Select health care plans and providers that are appropriate and best fit his/her needs without being discriminated against based on socio-economic status, ability to pay, preexisting medical conditions, or medical history, regardless of age.
- A network of enough authorized providers to ensure that all the services covered by the plan will be accessible and available without unreasonable delay and in reasonable geographical proximity to the

members' residences and workplaces, including access to emergency services twenty-four (24) hours a day, seven (7) days a week. All health care plans offering health service coverage in Puerto Rico must let each patient receive primary health care services from any participating primary service provider selected, pursuant to the provisions in the health care plan.

- Let every member receive the specialized health care services necessary or appropriate to maintain their health, according to the referral procedures established in the health care plan. This includes access to qualified specialists for patients with special conditions or health care needs, to ensure that members will have fast and direct access to the qualified providers or specialists selected from the plan's provider network. If the plan requires a special authorization for such access to qualified providers or specialists, the plan will guarantee an appropriate amount of visits to cover the health needs of these members.

Patient's right to continuity in their health care services

If a provider cancels or the plan ceases, the member has to be notified of such cancellation at least 30 days in advance. In the event of cancellation, and subject to payment of the premium, the member shall be entitled to continue receiving benefits for a transition period of 90 days. If the member is hospitalized on the date of cancellation and the discharge date was scheduled before the termination date, the transition period will be extended 90 days after the member's date of discharge. If a member is pregnant and the cancellation occurs during the second trimester, the transition period will be extended until the member's date of discharge after delivery or the newborn's date of discharge, whichever is last. If a patient is diagnosed with a terminal condition before the plan's termination date and he/she continues receiving services for that condition before the plan's termination date, the transition period will be extended for the remainder of the patient's life.

Providers who continue to treat the member during this period must accept the payments and fees set by the plan as payment in full for their services.

Right to access emergency services and facilities

- Free and unrestricted access to emergency services and facilities, when and where the need arises, and without precertification or waiting periods.
- Reliable and detailed information regarding the availability, location, and proper use of emergency facilities and services in their respective locations, as well as provisions regarding the payment of premiums and reimbursement of costs related to such services.
- If emergency services are rendered by a non-participating provider, the member will only pay the applicable copayment or coinsurance.

Right to participate in the decision-making process for your treatment

- The right to participate, or have your parent, guardian, custodian, caretaker, spouse, relative, legal representative, proxy, or any person designated by court for such purpose to fully participate, in the decisions about your health care.
- Receiving all the necessary information and available treatment options, costs, risks, and chances of success for these options.
- The use of advance directives or guidelines concerning your treatment, or appointing someone to act as your guardian if necessary, to make decisions. Your health care service provider shall respect and abide by your treatment decisions and preferences.
- No health care plan may impose gag clauses, penalties, or any other type of clause that interferes with the communication between patients and physicians.
- All health care providers are required to provide medical orders for laboratory tests, x-rays, or drugs so you may choose the facility where you will receive the services.

Right to respect and equal treatment

- Right to receive a respectful treatment from all health service providers at all times, regardless of race, color, sex, age, religion, origin, ideology, disability, medical information, genetics, social status, sexual orientation, or ability or form of payment.

Right to confidentiality of information and medical records

- To communicate freely, without fear and in strict confidentiality with your health care providers.
- Be confident that your medical records will be kept under strict confidentiality and will not be disclosed without your authorization, except for medical or treatment purposes, by court order, or as specifically authorized by law.
- Obtain receipt for the expenses incurred for total or partial payments, copayments, or coinsurance. The receipt must specify the date of service, name, provider's license number and specialization, name of the patient and the person paying for the services, description of services, amount paid, and signature of the authorized officer.
- Access or obtain a copy of your medical record. Your physician must give you the medical record copies within 5 business days from the date of request. Hospitals will have 15 business days to comply. They may charge you up to \$0.75 per page, but no more than \$25.00 per record. If the physician-patient relationship is severed, you are entitled to request the original record free of charge, regardless of whether you have outstanding debts with the health service provider.
- To receive a quarterly utilization report including, among other things: member's name, service type and description, date of service and provider, as well as the amount paid for the service. Members may access their quarterly utilization reports, which include an itemization of the services paid for them and their dependents, by registering as member in Triple-S Salud's website (www.ssspr.com).

Rights regarding complaints and grievances

- Every health service provider or insurer shall have an established procedure to quickly and fairly resolve any complaint presented by members, as well as appeals mechanisms for the reconsideration of determinations. Please refer to the section Appeals for Adverse Benefit Determinations.
- Receive responses to your concerns in your preferred language, be it English or Spanish.

Your responsibilities as a patient are:

- Provide the necessary information about health plans and account payments. To know the rules for the coordination of benefits.
- To inform the insurer of any instance or suspicion of fraud against the health insurance. If you suspect fraud has been committed against the health insurance, you must contact our Customer Service Department at 787-774-6060 or through our website www.ssspr.com.
- Provide the most complete and accurate information about your health, including previous illnesses, medications, etc. Participate in every decision related to your health care. To know the risks and limitations of medicine.
- To learn about the health plan's coverage, options, benefits, and other details.
- To comply with your health plan's administrative procedures.
- To adopt a healthy lifestyle.
- To inform your physician about any unexpected changes in your condition.
- To confirm that you clearly understand the course of action recommended by the health care professional.

- To provide a copy of your advance directives.
 - To inform your physician if you foresee any problems with the prescribed treatment.
 - To recognize the provider's obligation to be efficient and fair in providing care to other patients.
 - To be considerate, so that your individual actions do not affect others.
 - To resolve any differences through the procedures established by the insurer.
-

APPEALS FOR ADVERSE BENEFIT DETERMINATIONS

RIGHT TO APPEAL AN ADVERSE DETERMINATION

What is an Adverse Determination?

- A determination made by the insurer or a utilization review organization, to deny, reduce, or terminate a benefit, or to not pay the benefit in part or in full, since in applying the utilization review techniques, based on the information provided and according to the health plan, the requested benefit does not meet the requirements for medical necessity and appropriateness, the place where the service is provided, or the level or effectiveness of care, or it is determined that it is experimental or investigative in nature;
- The denial, reduction, termination, or absence of payment for a benefit, either partial or in full, by the insurer or utilization review organization, based on the determination of the member's eligibility to participate in the health plan;
- The determination resulting from a prospective or retrospective review in which the benefit is denied, reduced, terminated, or not paid, in part or in full;
- Coverage rescission: the decision to terminate your contract with retroactive effect to the effective date or any other date prior to the termination notice, provided that the reason for such determination is not a default on premiums, fraud, or misrepresentation, as prohibited by the plan and made intentionally. Cancellations must be notified in writing thirty (30) days before their effective date.

The member may request a review of the determination as explained below.

RIGHT TO APPEAL AN ADVERSE DETERMINATION

If you disagree with an Adverse Determination from Triple-S Salud, whether it is related to a reimbursement request, a precertification request, coverage rescission, or a denial of the benefits described in your policy, you may appeal Triple-S Salud's determination.

APPEALS PROCEDURE

1. First Internal Level of Standard Appeals

You or your authorized representative must submit the appeals in writing within **180 calendar days** from the date you received the first written notice of the adverse determination in order to have it evaluated, regardless of whether it is accompanied with all the information necessary to make the determination. In your appeals, you may request assistance from the Commissioner of Insurance, the Advocate of Health, or your preferred lawyer (at your own expense).

To request assistance, please contact:

Office of the Commissioner of Insurance
Investigations Division
B5 Calle Tabonuco Suite 216 PMB 356
Guaynabo PR 00968-3029
Telephone: 787-304-8686
Advocate of Health
PO BOX 11247
San Juan PR 00910-2347
Telephone: 787-977-0909

You must include any other evidence or information that you consider relevant to your appeals, and send it via email, fax, or to the following address:

Triple-S Salud, Inc.
Department of Grievances and Appeals
PO Box 11320
San Juan, PR 00922-9905.
Fax Appeals: 787-706-4057
Email address: qacomercial@ssspr.com

If you need information about your request, please contact the number provided in the adverse determination notice you received.

Triple-S Salud will acknowledge receipt of the appeals request to the member no later than three (3) business days after receiving it. The member shall also be informed of his/her rights on filing the appeals.

Aside from submitting written remarks, documents, records, and other materials related to the appeals, you have the right to receive free copies or access from Triple-S Salud to all documents and records. This includes any information relevant to filing the appeals, that:

- was used in the initial determination
- was presented, considered, or generated in regard to the adverse determination, even if the benefit determination did not depend on these documents, records, or other information;
- proves that, in making such determination, Triple-S Salud consistently followed the same administrative procedures and guarantees that are followed with other members under similar circumstances; or
- constitutes statements of policy or plan guidelines related to the denied health care service or treatment and the member's diagnosis, regardless of whether they were taken or not into account when making the initial adverse determination.

If the appeal arises as a result of an adverse determination related to a utilization review, Triple-S Salud will appoint one or several clinical peer reviewers belonging to the same or a similar specialty as the health care professionals who normally handle the case for which the adverse determination was made. These clinical peer reviewer(s) may have not participated in the initial adverse determination. If Triple-S Salud appoints more than one peer reviewer, it ensures the reviewers have the adequate expertise to evaluate the case.

When evaluating the case, the reviewers will consider all remarks, documents, and records, as well as any information related to the submitted request for appeals, regardless of whether the information was presented or considered when making the initial adverse determination.

Triple-S Salud will notify the member, or his/her personal representative, of its decision in writing within a reasonable amount of time, according to the established terms and the member's medical condition:

- an appeals requesting a first-level review of an adverse determination related to a prospective review, within a reasonable amount of time according to the member's medical condition, but never more than fifteen (15) calendar days after receiving the appeals.
- an appeals requesting a first-level review of an adverse determination related to a retrospective review, within a reasonable amount of time, but never more than thirty (30) calendar days after receiving the appeals.

This determination will include:

- The titles and credentials of the reviewers involved in the evaluation;
- A statement of the interpretation made by the grievance reviewer(s);
- The reviewers' determination with the medical justification or contractual basis to allow the member or his/her personal representative to respond to the claims;
- Evidence or documentation used as basis for the determination

If it is an adverse determination, it must also include:

- The specific reasons for an adverse determination;
- Reference to the health plan's specific provisions on which the determination is based;
- A statement about the member's rights to access or obtain free copies of the documents, records, and other relevant information used in the evaluation of the appeals, including any rules, guidelines, internal protocols, or any other similar criteria used to substantiate the determination.
- If the adverse determination is based on medical necessity or the treatment's experimental or investigative nature, or on a similar exclusion or limitation, a written explanation of the scientific or clinical rationale followed to make the determination, or a statement saying an explanation will be provided to the member or, if applicable, to his/her personal representative, free of charge, at his/her request.
- If applicable, it should also include instructions to request a copy of the rules, guidelines, internal protocols, or any other similar criteria on which the determination was based, an explanation of the scientific or clinical rationale followed to make the determination, and a description of the process to obtain an additional voluntary review, as well as any relevant deadlines, in case the member wishes to request it. It must also include a description of how to obtain an independent external review, in case the member decides not to request a voluntary review, and the member's right to initiate a lawsuit before a competent court.
- If applicable, it must also include a statement indicating that Triple-S Salud and you may have other available options to voluntarily resolve disputes, such as mediation or arbitration, and your right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to obtain guidance, request information about available options, and request assistance, as well as the contact information for such cases.

2. Second Internal Level of Appeals

If you are not satisfied with Triple-S Salud's response to your first appeals, you have the right to submit a second internal appeals before Triple-S Salud within **60 calendar days** from the date you received notice of the adverse revised determination for your first appeals.

In this second appeals, you should include copies of all documents related to your first appeals along with an explanation of your reasons to state that Triple-S Salud erred in denying your first appeals. You may also include any additional evidence you may have to support your claims.

Your second appeals shall be evaluated by individuals who were not involved in evaluating the first appeals nor are subordinates of such individuals. Triple-S Salud's prior decisions shall not be taken into consideration either. You are entitled to ask Triple-S Salud to reveal the names and titles of the officers or experts who were involved in the evaluation of your second appeals, as well as an explanation of the basis for their decision.

If this is an appeals for an urgent case (as previously defined), Triple-S Salud shall respond to your request within 48 hours. If this is an appeals for a precertification, Triple-S Salud shall respond to your second appeals within 15 calendar days from the date they receive your appeals. For any other cases, Triple-S Salud shall respond within 30 days from the date they receive your appeals.

You have the right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to request assistance. The contact information for these offices is included at the end of this section, under Right to Assistance.

3. Ordinary Reviews of Grievances Not Related to Adverse Determinations

You or your personal representative have the right to request an ordinary review for grievances not related with an adverse benefit determination (for example, a grievance related to the policy's subscription or cancellation processes, services provided by our staff).

Triple-S Salud will inform you of your rights within three (3) working days from receiving the grievance, and it will appoint one or more people who have not previously managed the issue object of the grievance. Triple-S Salud will also provide you, the member, or your personal representative if applicable, the name, address, and phone number of the people assigned to conduction the ordinary grievance review.

Triple-S Salud will notify you in writing of its determination, no later than thirty (30) calendar days after receiving the grievance. Once you have been notified of Triple-S Salud's decision, the determination shall include the names and titles of the officers or experts involved in the evaluation of your grievance, as well as a statement of the interpretation made by the grievance reviewers.

It must also include:

- the determination of the examiners in clear terms, and the contractual base or medical justification so you may respond to these considerations;
- Reference to the evidence or documentation used as basis for the determination;
- If applicable:
 - a written statement that includes the description of the process an additional voluntary review in case the member requests it
 - The procedure to follow and the terms required for review
 - A description of the procedures to obtain an independent external review, should the member decide not to request a voluntary review.
 - The member's right to file a suit in a competent court.
 - Triple-S Salud and you may have other options to voluntarily resolve controversies, such as mediation or arbitration. Contact the Insurance Commissioner to determine which options are available
 - a notification of the member's right to contact the Commissioner's Office or the Office of the Advocate of Health to seek guidance or help, at the telephone number and address of the Commissioner's Office and the Office of the Advocate of Health. You have the right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to request assistance. The contact information for these Offices appears below.

RIGHT TO ASSISTANCE

You have the right to be assisted by the Office of the Commissioner of Insurance or the Office of the Advocate of Health in the aforementioned appeals processes.

- The Office of the Commissioner of Insurance is located at GAM Tower, Urb. Caparra Hills Industrial Park 2, Calle Tabonuco Suite 400, Guaynabo, PR. You may also call (787) 304-8686.
- The Office of the Advocate of Health is located at Mercantil Plaza, 1501 Ponce de León Ave, Hato Rey, PR, or you may call (787) 977-0909 (Metro area) or toll-free at 1-800-981-0031.

RIGHT TO APPOINT A REPRESENTATIVE

You are entitled to appoint a representative to act on your behalf before Triple-S Salud. The representative appointment must include all the items listed below:

- Member's name and contract number
- Name of the person appointed as authorized representative, and their address, telephone number, and relation to the member
- Specific action for which the representative is appointed
- Date and member's signature to grant the appointment
- Expiration date of the appointment

Triple-S Salud may require additional information from the authorized representative to help authenticate him/her if he/she calls by phone or visits our Offices.

The member or his/her authorized representative will be required to notify Triple-S Salud in writing if the appointment is revoked before the expiration date.

As a result of the appeals process, the member shall be entitled to the determined benefits, as they were determined.

4. Voluntary Level of Review

If you are not satisfied with Triple-S Salud's response, you may submit a written request for a voluntary review no later than fifteen (15) business days after receiving the adverse determination notice. At the voluntary level, you may add any additional information not included in your case at the previous internal review level.

Upon receiving the request for an additional voluntary review, Triple-S Salud shall acknowledge receipt and notify the member or personal representative about his/her right to:

- Request, within the specified time, an opportunity to appear in person before the review panel appointed by Triple-S Salud
- Receive from Triple-S Salud copies of all documents, logs, and other non-confidential, non-privileged information regarding the request for an additional voluntary review
- Present his/her case before the review panel

- Submit written remarks, documents, records, and other materials related to the request for additional voluntary review, to be considered by the panel both before and during the review meeting
- If applicable, ask questions to the review panel representatives
- Obtain assistance or representation from anyone, including a lawyer

Triple-S Salud shall not condition the member's right to obtain a fair review and attend the review meeting.

Once the member receives our receipt acknowledgement for his/her request, he/she may submit a written request stating his/her interest in appearing in person before the review panel, within 15 business days from the receipt.

Triple-S Salud shall appoint a review panel, made up of Triple-S Salud people, employees, or representatives who did not participate in the first-level review, to consider your request. Either you or your authorized representative may appear in person or call in to state your request. A reviewer who participated in the First Internal Level of Appeal can be a panel member or appear before said panel to provide information or answer the panel's questions. Triple-S Salud will ensure the reviewers participating in the additional voluntary review are health professionals with adequate expertise, and that the personnel performing the voluntary review is not a provider of the member's health insurance and has no financial interest in the results of the review process.

The panel has legal authority to require Triple-S Salud to abide by the panel's determination. If twenty (20) calendar days have elapsed without Triple-S Salud abiding with the review panel's determination, the panel will be required to notify the Office of the Commissioner of Insurance.

If Triple-S Salud receives assistance from its legal representatives, you shall be notified at least 15 calendar days before the date of the review meeting, and you will receive confirmation that you may be assisted by your own legal representative. Any member or personal representative who wishes to appear in person before the review panel shall submit a written request to the insurer or health insurance company no later than fifteen (15) business days after receiving the notification.

Should the hearing be held, the panel will conduct an evaluation, taking into account any comments, documents, logs, and any other information related to the request for additional voluntary review you or your authorized representative submitted, regardless of whether the information was submitted or considered when making the determination in prior reviews (first-level). The review determination shall be issued not later than 10 calendar days after the hearing. If a hearing does not take place, Triple-S Salud will disclose the panel's determination no later than 45 days from: 1) the date the person stated he/she would not request a hearing, or 2) the deadline date for the person to request a hearing before the panel. Once Triple-S Salud's decision has been notified, the written determination must include:

- Titles and accreditations of the review panel members
- A statement about the interpretation made by the review panel of your request and all pertinent facts.
- The justification for the review panel's determination
- Reference of the evidence or documentation used by the review panel as a basis for the determination

It will also include a notification of the member's right to contact the Commissioner's Office or the Health Solicitor's Office to seek assistance at any time, with the telephone number and address of the Commissioner's Office and the Office of the Advocate of Health. The contact information for these offices is included at the end of this section, under Right to Assistance.

If the request for additional voluntary review is related to an adverse determination, it shall include:

- The instructions to request a written statement of the medical justification, including the clinical review criteria used to make the decision.
- If applicable, a statement describing the procedures to obtain an independent external review of the adverse determination, pursuant to the Health Insurance Code of Puerto Rico.

5. Expedited First Internal Level of Appeals

If your case undergoes an expedited evaluation, Triple-S Salud will notify the determination to you or, if applicable, to your authorized representative, via telephone, fax, or as soon as possible, with the urgency required by your medical condition but no later than 48 hours from the date when the expedited review request was submitted to Triple-S Salud, regardless of whether the request included all the information required to make a determination. Urgent case appeals mean requests for appeals corresponding to medical services or treatments that, if held to the regular deadlines to respond to an appeals: (a) put the member's life, health, or full recovery in serious danger; or (b) in the opinion of a physician with full knowledge of the member's medical condition, it could subject the member to severe pain that cannot be handled adequately without the medical care or treatment that is the object of the appeals.

This determination will include:

- The titles and credentials of the reviewers involved in the evaluation
- A clear explanation of the determination made by the reviewers who worked on your expedited case.
- The reviewers' determination with the medical justification or contractual basis to allow the member or his/her personal representative to respond to the claims;
- Evidence or documentation used as basis for the determination

If it is an adverse determination, it must also include:

- The specific reasons for an adverse determination;
- Reference to the plan's specific provisions on which the determination is based;
- A statement about the member's rights to access or obtain free copies of the documents, records, and other relevant information used in the evaluation of the appeals, including any rules, guidelines, internal protocols, or any other similar criteria used to substantiate the determination.
- If the adverse determination is based on medical necessity or the treatment's experimental or investigative nature, or on a similar exclusion or limitation, a written explanation of the scientific or clinical rationale followed to make the determination, or a statement saying an explanation will be provided to the member or, if applicable, to his/her personal representative, free of charge, at his/her request.
- If applicable, it should also include instructions to request a copy of the rules, guidelines, internal protocols, or any other similar criteria on which the determination was based, an explanation of the scientific or clinical rationale followed to make the determination, and a description of the process to obtain an additional voluntary review, as well as any relevant deadlines, in case the member wishes to request it. It must also include a description of how to obtain an independent external review, in case the member decides not to request a voluntary review, and the member's right to initiate a lawsuit before a competent court.
- If applicable, it must also include a statement indicating that Triple-S Salud and you may have other available options to voluntarily resolve disputes, such as mediation or arbitration, and your right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to

obtain guidance, request information about available options, and request assistance, as well as the contact information for such cases.

You have the right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to request assistance.

To request assistance, please contact:

Office of the Commissioner of Insurance

Investigations Division
B5 Calle Tabonuco Suite 216 PMB 356
Guaynabo PR 00968-3029
Telephone: 787-304-8686

Advocate of Health

PO BOX 11247
San Juan PR 00910-2347
Telephone: 787-977-0909

You must include any other evidence or information that you consider relevant to your appeals, and send it via email, fax, or to the following address:

Triple-S Salud, Inc.

Department of Grievances and Appeals
PO Box 11320
San Juan, PR 00922-9905.
Fax Appeals: 787-706-4057
Email address: gacomercial@ssspr.com

If you need information about your request, please contact the number provided in the adverse determination notice you received.

6. Expedited Utilization Review and Benefit Determination

Triple-S Salud establishes written procedures for the accelerated review of benefit utilization and determination, and to notify members of its determinations for urgent care requests. As established in the procedures, if the member fails to follow the procedures to submit a request for urgent care, Triple-S Salud must notify the member of this shortcoming, along with the procedures they must follow to request the services correctly.

A verbal or written notice (should the member request it in writing) regarding the shortcomings in the request for urgent care should be delivered to the member as soon as possible, but never in later than twenty-four (24) hours after the request is received.

In the case of urgent care requests, Triple-S Salud will notify the member of its determination, adverse or not, as soon as possible, taking into account the member's health condition, but never later than twenty-four (24) hours after the request is received, unless the member has not provided sufficient information for Triple-S Salud to determine whether the benefits claimed are covered and payable under this policy.

Triple-S Salud will deliver the notice in an adequate manner, both culturally and linguistically, as required by federal law.

If the member has not provided sufficient information for Triple-S Salud to make a determination, Triple-S Salud will notify the member of this shortcoming, whether verbally or in writing, if the member so wishes it, stating the specific information needed, as soon as possible, but never later than twenty-four (24) hours after the request is received.

Triple-S Salud will provide a reasonable deadline for the member to submit the additional specified information, but never later than forty-eight (48) hours from the notice of insufficient information.

Triple-S Salud will notify the member of its determination regarding the urgent care request as soon as possible, but never later than forty-eight (48) hours from whichever happens first: the date the insurer or health insurance company receive the specified additional information or the deadline for the member to submit the specified additional information.

Should the member fail to submit the specified additional information before the established deadline, Triple-S Salud may refuse to authorize the requested benefit. If an adverse determination is issued, Triple-S Salud shall notify said determination as explained in this section.

In the case of member requests for concurrent reviews to extend urgent care beyond the originally approved time period or number of treatments, if the request is made less than twenty-four (24) hours before the original term expires or after exhausting the amount of previously approved treatments, Triple-S Salud shall make its determination for the request and notify the member as soon as possible, taking into account the member's health condition, but never later than twenty-four (24) hours from receipt of the request.

In order to calculate the required deadlines for Triple-S Salud to make its determinations, the time periods start on the date Triple-S Salud receives the request, in accordance with the established procedures to file such requests, regardless of whether the request includes all the information required for the determination.

Aside from submitting written remarks, documents, records, and other materials related to the appeals, you have the right to receive free copies or access to all documents and records. This includes any information relevant to filing the appeals, that:

- was used in the initial determination
- was presented, considered, or generated in regard to the adverse determination, even if the benefit determination did not depend on these documents, records, or other information;
- proves that, in making such determination, Triple-S Salud consistently followed the same administrative procedures and guarantees that are followed with other members under similar circumstances; or
- constitutes statements of policy or plan guidelines related to the denied health care service or treatment and the member's diagnosis, regardless of whether they were taken or not into account when making the initial adverse determination.

The determination notice of should include:

- The titles and credentials of the reviewers involved in the evaluation
- A statement of the interpretation made by the reviewers
- The reviewers' determination with the medical justification or contractual basis to allow the member or his/her personal representative to respond to the claims;
- Evidence or documentation used as basis for the determination

If it is an adverse determination, it must also include:

- Sufficient information to help identify the requested benefit or claim filed, including relevant data such as service date, provider, claim amount, diagnostic code and meaning, and treatment code and meaning.
- The specific reasons for the adverse determination, including denial code and meaning, as well as a description of the standards, if any, used for the benefit or claim denial.
- A reference to the policy's specific provisions on which the determination is based;

- A description of any additional material or information needed for the member to complete the request, including an explanation as to why said material or information is necessary.
- A description of Triple-S Salud's internal grievance procedures, established according to the Health Insurance Code of Puerto Rico, including the applicable deadlines for these procedures.
- A description of Triple-S Salud's internal expedited grievance procedures, established according to the Health Insurance Code of Puerto Rico, including the applicable deadlines for these procedures.
- If Triple-S Salud used a rule, guideline, internal protocol, or any other similar criteria as a basis to make the adverse determination, the member shall be provided a copy, free of charge, of said rule, guideline, internal protocol, or similar criteria.
- Should the adverse determination be based on a judgment of the medical necessity for the service or treatment, the experimental or investigative nature thereof, of a similar exclusion or limitation, the notice will include an explanation of the scientific or clinical reasoning used to make the determination and apply the policy terms to the member's circumstances.
- An explanation of the member's right to contact, as deemed pertinent, the Insurance Commissioner's Office or the office of the Advocate of Health to request assistance at any time regarding their right to file a legal action in a court with jurisdiction when Triple-S Salud's internal grievance process concludes, including the contact information of the Insurance Commissioner's Office and the Advocate of Health's office.

7. Standard External Review Procedure

You or your authorized representative may request an independent review after exhausting the Internal Review process and receiving a final Adverse Determination. The Adverse Determination shall include the External Review form and the form of Authorization of Use and Disclosure of Protected Health Information, which should be completed and returned by fax, mail, or email to the Commissioner of Insurance at the following:

- **Fax:** 787-273-6082

- **Mail:**

**Office of the Commissioner of Insurance
Investigations Division**

B5 Calle Tabonuco Suite 216 PMB 356 Guaynabo, PR 00968-3029

- **By email:** salud@ocs.pr.gov

Preliminary Evaluation

After receiving the request for external review, the external review examiner shall ask Triple-S Salud for the following documents, which were taken into account when making the adverse benefit determination, including:

- Certificate of coverage or benefits;
- Copy of final Adverse Benefit Determination;
- Summary of claim;
- An explanation from the plan or from the person who issued the Adverse Benefit Determination;
- All documents and information taken into account for the Adverse Benefit Determination or final Adverse Benefit Determination issued internally, including any additional information furnished to the plan or issuer of the determination or taken into account during the external appeals process.

Triple-S Salud must provide the examiner with the aforementioned information within five (5) business days. The examiner will review the information received from Triple-S Salud and may request additional information, if considered necessary for the external review. If the examiner requests additional information, Triple-S Salud will furnish the information within 5 business days from the date the request was received.

The examiner will check your external review request to determine whether:

- you were covered under the plan at the time you requested or received the service. An adverse determination is not related to eligibility;
- you exhausted all of the Plan's internal appeals processes; and
- you provided all the necessary documents to complete the external review.

The examiner will notify you in writing, within one (1) business day after completing the review, whether the adverse determination is eligible for external review, and if additional information is needed. If additional information is needed, you must furnish it by the later date between the deadline of 120 calendar days to submit the application, as described above, or 48 hours after receiving the notification.

Review Process

The external review examiner will review the information provided by Triple-S Salud and send all the documents the claimant directly provided, within one (1) business day. Once Triple-S Salud receives all the documents, it may reconsider its original decision about the claim. The external review may only be finalized if Triple-S Salud decides to reverse its adverse benefit determination and provide coverage or payment. Triple-S Salud must provide the claimant and the examiner with a written notification of its determination within 1 business day after deciding to overturn its decision. The examiner shall consider the external review concluded upon receipt of this notification.

However, if the external review is not concluded for the aforementioned reasons, the examiner shall continue the review and notify you and Triple-S Salud about the final determination within forty-five (45) days from the date you requested the external review. This notification shall include:

- a general description of the reason to request an external review, including sufficient information to identify the claim, the date the IRO (Independent Review Organization) received the request for external review, and the date of its decision;
- reference to the evidence or documentation that was taken into account to make the decision; the reasons for the decision, including any evidence-based standard used as a basis for such decision;
- a statement saying the determination is binding, except if there are remedies available under federal or state law; and
- a statement indicating that judicial review could be available;

If the decision made by the IRO overturns the adverse benefit determination, the Plan shall accept the decision and provide the benefits for the service or procedure, according to the Plan's terms and conditions. However, if the decision confirms Triple-S Salud's adverse benefit determination, the Plan will not be required to provide such benefits for the service or procedure.

8. Expedited External Review

Your adverse benefit determination could be eligible for an expedited external review if:

- you have received an adverse benefit determination involving a medical condition where the completion deadline for an internal accelerated appeals (as described above) could endanger your life, health, or ability to regain maximum function, and you have submitted a request for an expedited internal appeals;
- you have received an adverse benefit determination regarding a medical condition, and the deadline to complete the standard external appeals process might endanger your life, health, or ability to regain maximum function; or
- a final adverse determination is related to admission to a health care facility, the availability of a service, or a prolonged stay at a facility where the member received emergency services but has not been discharged from. The examiner will continue the aforementioned review process and must provide notification of the final decision within 72 hours from the date your expedited external review request was received. However, if the request is related to an urgent care situation, and you are in a treatment course for the condition, the final decision must be notified within 24 hours. In these cases, the examiner may provide verbal notification, but must issue a written notification to you and the Plan within 48 hours.

You have the right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to request assistance. The contact information for these offices is included at the end of this section, under Right to Assistance.

9. External Review Process

Triple-S Salud has opted to use the process of External Grievance Review through the Commissioner of Insurance. If, after exhausting all internal appeals levels, you are not satisfied with the final determination, you may file a request for an independent external review with the Office of the Commissioner of Insurance of Puerto Rico. As part of the external review process, you will pay a nominal fee no greater than \$25.00 for each review. Furthermore, the fees for a single member may not exceed seventy-five dollars (\$75.00) per policy year. The amount you paid will be refunded if this results in a favorable determination for you.

PROCEDURE FOR REIMBURSEMENTS

1. Reimbursement requests should be sent:

- a. Through our website www.ssspr.com. You will find the Member Forms under the Tools for You section located at the bottom of the main page, including information to request a reimbursement online.
- b. Via email. For medical services, to the following email: reembolso@ssspr.com. For dental services, please send your documents to: reemdental@ssspr.com.
- c. By mail: Triple-S Salud, Inc. PO Box 363628, San Juan, PR 00936-3628
- d. You should include the following:
 - Full name (including both last names) and contract number of the member who received the service
 - Date of service
 - Diagnostic Code (*ICD-10*) and description of received services
 - Procedure Code (in force at the time of service)
 - *National Provider Identifier (NPI)*
 - Stamped payment receipt, including provider's name, address, specialization, and license number
 - Amount paid for each service
 - Signature of the provider or participant who rendered the services
 - Reason you are requesting a refund
 - For ambulance services, you must include information about the traveled distance and evidence of medical necessity
 - If the services required a precertification, copy of such precertification

If you are requesting a reimbursement for medications, you must add:

- Pharmacy's official receipt
- Name and contract number of the member who received the service
- Name of medication
- Daily dosage
- Prescription number
- Amount dispensed
- National Drug Code (*NDC*)
- *National Provider Identifier (NPI)* of the pharmacy and prescribing physician
- If you paid a participating pharmacy, state the reason
- State the cost for each medication

If you are requesting a reimbursement for dental services, you must include:

- Service code, number of restored teeth and surfaces (if applicable).
- Amount paid for each service
- If the member pays more than one visit under a single receipt, he/she must send the exact dates of service (**MONTH, DAY, YEAR**) for which he/she paid.
- When requesting a reimbursement for the initial visit and down payment for orthodontic services, if your coverage includes it as an optional service for an additional corresponding

premium, you should include the detailed treatment plan, including visit records, down payment, monthly payments, and the total cost and duration of the medical treatment.

- If you receive dental prostheses and periodontology services, offered as an option for a corresponding additional premium, you must bring the radiographies.

If you are requesting a reimbursement for Coordination of Benefits, you should include:

- Contract number of your primary plan if it is with Triple-S Salud
 - If you are requesting reimbursement for the amount not paid by your primary health insurance plan, you must include the Explanation of Benefits of the other plan
2. You must notify Triple-S Salud in writing about the claim within twenty (20) days after receiving the service or as soon as reasonably possible for the member or the employer, but no later than one (1) year after the date the service was rendered, unless evidence is submitted that it was impossible to file the claim within the established time.
 3. Triple-S Salud has up to 15 days to deliver an acknowledgement of receipt after receiving the claim notice by mail. Notices delivered to a member's appointee shall be considered notices delivered to the member, provided that the authorization is in force and has not been revoked. If the person is not authorized and receives a notice addressed to the member, he/she must report it to the claimant within 7 days, stating the name and address of the person who should receive the notification. Should the claim notice be sent by email, the member will immediately receive a system confirmation. Should the claim be submitted at a Service Center, receipt is given upon delivery of the document.
 4. Triple-S Salud will investigate, adjust, and resolve all claims in the shortest reasonable period, within 30 days after receiving the request. If Triple-S Salud cannot arrive at a resolution within the aforementioned period, it shall keep record of the documents that prove just cause to exceed such term. The Commissioner of Insurance has the authority to request an immediate resolution if it is understood that the process is being delayed unduly or unreasonably.

PRECERTIFICATIONS

The precertification process guarantees that you and your family will receive an adequate level of care for your health condition. A precertification aims to establish coordination measures to ensure that the hospital and outpatient services are provided at the appropriate place and time, and by the right professional. It also helps verify the member's eligibility for the requested service.

For services to be considered covered by the plan, the member must meet the precertification requirements. If Triple-S Salud requires a precertification or preauthorization for the service to be rendered, it will not be responsible for the payment of such services if they have been rendered without the aforementioned precertification or preauthorization from Triple-S Salud.

Physicians, doctors, and facilities have already been apprised of which services need to be precertified. Precertification may be needed for hospital or outpatient services.

Precertifications for studies and procedures are processed by the attending physician, the clinical personnel appointed by the physician or the health facility where the member will go for treatment. Please call Triple-S Salud's call center and choose to talk with Precertifications, from Monday to Friday, 8:00 a.m. – 4:30 p.m. Providers may also check the eligibility of the studies and procedures on our website www.ssspr.com, available 24 hours a day, 7 days a week.

Members and participating physicians and providers shall receive guidance about which hospital admissions need to be precertified or notified 24 hours in advance or as soon as reasonably possible. Certain studies and diagnostic or surgical procedures require precertification from Triple-S Salud. The member and the participating physicians and providers shall receive guidance about which services should be precertified. **Services received in an Emergency Room as a result of a medical emergency do not require precertification by Triple-S Salud.**

The services for which you or your physician must obtain precertification directly with Triple-S Salud are:

- Bariatric and post-bariatric surgery (torso and abdomen)
- Lithotripsy
- PET CT Scan or PET Scan
- Computerized tomography (CT) and magnetic resonance imaging (MRI) additional to the established maximum
- Reconstructive surgeries and procedures that could be performed on an outpatient basis but, for medical reasons, need another level of service (hospitalization or outpatient surgery center, if it can be performed at an office)
- Immunoprophylaxis for respiratory syncytial virus
- Genetic tests
- Durable Medical Equipment
- Skilled nursing facility
- Home health services
- Residential treatment
- Hospice
- Non-emergency services obtained in the United States
- General anesthesia and hospitalization services for dental procedures on minors and physically or mentally disabled people who require them.
- Insulin infusion pump and supplies ordered by the endocrinologist for insured persons diagnosed with Type 1 Diabetes Mellitus.

For Precertifications, or if you have any questions or need more information regarding whether or not you should request a precertification for medical services you need, please contact our Customer Service Department at (787) 774-6060.

You may submit your information request via fax or mail

Main Offices: (787) 749-0265

Fax: 787-774-4824

Mail:

Triple-S Salud, Inc.

Precertification Department

PO Box 363628

San Juan, PR 00936-3628

PROCEDURE FOR PRECERTIFICATIONS

Once the precertification request is received, Triple-S Salud will evaluate it and notify its determination to the member, regardless of whether the benefit is authorized or not, within a period not exceeding fifteen (15) days after the date the request is received.

If Triple-S Salud cannot make its determination within that time frame for reasons beyond its control, said term may be extended for fifteen (15) additional days. In these cases, Triple-S Salud will send a justification to the member, before the end of the initial fifteen-day (15) term from the receipt of the precertification request, stating the date when the determination is expected to be made.

If your request is incomplete and fails to fulfill the minimum evaluation requirements, Triple-S Salud will notify you verbally or in writing, no later than five (5) days from the date the request was received and confirm the information you must provide to complete the evaluation process. Should you request the confirmation in writing, Triple-S Salud will send you the notice within the established period. In such case, you will have up to 45 days from the notice to provide the information requested, starting from the date of notice.

PRECERTIFICATION FOR URGENT CASES

You may need Triple-S Salud to consider your precertification request urgently. This could be due to a health condition that, according to your attending physician, could put your life, health, or ability to regain maximum function at serious risk, or because submitting you to the regular terms to respond to the precertification request would expose you to suffering severe pain that cannot be handled properly without the treatment for which the precertification is being requested. In such cases, your attending physician must state the nature of the urgency. Once stated by the physician, Triple-S Salud will process the request urgently. Requests for these cases may be made orally or in writing. Triple-S Salud must notify you of its decision verbally or in writing, unless you request that it be done in writing, within 24 hours from receiving your request.

If Triple-S Salud needs additional information to furnish its determination, it must notify you verbally or in writing, unless you request it to be in writing within 24 hours after the request was received. You or your representative will have at least 48 hours from the notification to submit any additional information requested. After receiving the additional information, Triple-S Salud must answer the request within no more than 48 hours after whichever comes first between: the date of receipt of the additional information, or the established deadline to receive it. If Triple-S Salud does not receive the information requested by the aforementioned deadline, Triple-S Salud may deny the requested service certification.

The notification of the adverse determination shall state the following:

- Date of service, provider, claim amount, diagnostic and treatment codes, as well as their meanings, if applicable;
- Specific reasons for the adverse determination, including the denial code and its meaning, as well as a description of the standards, if any, used for the determination;
- Reference to the plan's specific provisions on which the determination is based;
- Description of all additional material or information needed to complete the request, including an explanation of why it is necessary;
- Description of the plan's internal procedures for grievances and expedited grievance reviews, including the applicable time limits for such procedures;
- If a rule, guideline, internal protocol, or other similar criteria was considered for the adverse determination, a copy will be provided free of charge to the member;
- If the adverse determination considered judgment of medical necessity, experimental or investigative nature, or similar exclusions or limits, we shall include an explanation of the scientific or clinical rationale that was considered for the determination when applying the health plan terms to the member's circumstances.

You have the right to contact the Office of the Commissioner of Insurance or the Office of the Advocate of Health to request assistance at any time, and you have the right to sue before a competent court after concluding Triple-S Salud's internal grievance process. The Insurance Commissioner's Office is located at GAM Tower, Urb. Caparra Hills Industrial Park 2, Calle Tabonuco Suite 400, Guaynabo, PR. You may also call (787) 304-8686.

The Office of the Advocate of Health is located at Mercantil Plaza, 1501 Ponce de León Ave, Hato Rey, PR, or you may call (787) 977-0909 (Metro area) or toll-free at 1-800-981-0031.

HEALTH COVERAGE

Some of the services in this Section are subject to applicable copayments or coinsurances. For details about your copayments and coinsurances, please refer to the Table of Copayments and Coinsurance at the end of this policy.

MAXIMUM ANNUAL OUT-OF-POCKET

The maximum annual out-of-pocket for this coverage is **\$6,350** for individual contracts and **\$12,700** for couple or family contracts. Once the member reaches the applicable amount for his/her type of contract, he/she will not need to make any additional disbursements for the remaining policy year; Triple-S Salud will pay 100% of the remaining health care expenses covered under this policy.

Services provided by non-participating providers in and outside Puerto Rico, payments made by the member for non-covered services under this policy, alternative therapy services (Triple-S Natural), and the monthly premium paid to Triple-S Salud for the plan are not considered eligible expenses for the accrual of the maximum out-of-pocket.

The selected maximum out-of-pocket is in accordance with the amount allowed by the Office of the Commissioner of Insurance of Puerto Rico.

TELECONSULTA MD®

Telemedicine services through virtual medical consultations, with unlimited visits. **Teleconsulta MD®** lets you receive medical attention from 6:00 AM to 10:00 PM from anywhere within Puerto Rico, 365 days a year. You will be able to access medical consultations with licensed general practitioners, family physicians, internists, or pediatricians, pursuant to Act No. 168-2018. You decide if you would rather set up a time for the medical consultation or choose your preferred physician. The provider must send the prescriptions to the participating pharmacy. You may also share test results with the physician.

Visit our website, at www.ssspr.com to download the app and connect from your mobile device or your computer. Telemedicine services do not substitute the care provided by your doctor. In the event of a medical emergency, call 911 or go to your nearest emergency room. This benefit requires a **\$10.00** copayment per consultation. Service available throughout the policy year, with no limits on the number of consultations.

PREVENTIVE SERVICE COVERAGE

This policy covers the preventive services required by the following federal laws: *Patient Protection and Affordable Care Act*, Public Law No. 111-148 (PPACA), and the Health Care and Education Reconciliation Act of 2010 (HCERA), Public Law No. 111-152, as established by the *United States Preventive Services Task Force (USPSTF)*. These may be modified during the year, in accordance with HCERA and USPSTF recommendations. The preventive care services listed below are included in our basic coverage, and they entail a \$0 copayment or 0% coinsurance, as long as they are rendered by physicians and providers in Puerto Rico. For an updated list, as well as additional information about these services, please visit the following website: <https://www.healthcare.gov/coverage/preventive-care-benefits/>.

PREVENTIVE SERVICES FOR ADULTS

Preventive Service	Indication
Abdominal aortic aneurysm (AAA)	One (1) service per ultrasonogram to screen for abdominal aortic aneurysm (AAA), for members 65 to 75 years of age who were smokers at some point
Alcohol abuse	Screening and counseling. Clinical screening for adults over 18 years old for alcohol abuse, as well as behavioral counseling interventions to reduce alcohol use for members who exhibit a pattern of risk or dangerous alcohol consumption.
Aspirin supply to prevent the risk for cardiovascular disease and colorectal cancer: preventive medicine	Use of low-dose aspirin as primary preventive measures against cardiovascular disease and colorectal cancer for adults between 50 and 59 years old who have 10% or more than 10 years of cardiovascular risk, who are not at high risk for bleeding, whose life expectancy is at least 10 more years, and who are willing to take low-dose aspirin every day for at least 10 years.
Screening for urine bacteria among pregnant individuals	The USPSTF recommends screening for asymptomatic bacteriuria through the use of urine cultures among pregnant individuals.
Colorectal cancer	Colorectal cancer screening via occult blood test, sigmoidoscopy, colonoscopy, or serological test, in adults 50 to 75 years old. The risks and benefits of these screening methods may vary.
Depression Screening for adults	Depression screening for adults, including members in their pregnancy or post-partum. The screening must be performed through an adequate system to guarantee an accurate diagnosis, an effective treatment, and an appropriate follow-up.

Preventive Service	Indication
Diabetes screening	Screening for abnormal blood sugar levels as part of the cardiovascular risk evaluation in overweight or obese adults aged 40 to 70 years old. Doctors must offer or refer members with abnormal blood sugar levels to intensive behavioral counseling interventions to promote a healthy diet and physical activity.
Fall prevention in elderly adults: exercise or physical therapy	Exercise and physical therapy to prevent falls in adults over 65 years old at risk of suffering falls.
Healthy diet and physical activity as prevention for cardiovascular disease in adults at cardiovascular risk.	Offer and refer adults who are overweight, obese, or who exhibit additional risk for cardiovascular disease to intensive behavioral counseling interventions to promote a healthy diet and physical activity, in order to prevent cardiovascular disease.
Hepatitis B screening: screening for teenagers and adults who are not pregnant	Hepatitis B screening for adults at high risk of infection.
Hepatitis C virus infection screening: adults	The USPSTF recommends screening for hepatitis C (HCV) infections among adults who are 18 to 79 years old.
Hypertension screening	Hypertension screening for adults 18 years of age and older. These measures must be obtained outside the clinical setting so as to confirm the diagnosis before starting treatment.
Pre-exposure prophylaxis for HIV to prevent HIV infection	The USPSTF recommends doctors to offer pre-exposure prophylaxis (PrEP) with effective antiretroviral therapy to individuals at high risk of contracting HIV.
Human Immunodeficiency Virus (HIV) screening: teenagers and adults who are not pregnant	Human Immunodeficiency Virus (HIV) screening for adults 13 to 65 years old, as well as younger teenagers and older adults at a higher risk. As required by Act 45-2016, this includes an HIV test per year as part of the routine medical check-ups, except for members who are pregnant and to whom the USPSTF requirements apply.
Immunization	Vaccines. The recommended doses, ages, and populations vary: Hepatitis A, Hepatitis B, Herpes Zoster, Human Papilloma Virus, Influenza, MMR, Meningococcus, Pneumococcus, Tetanus, Diphtheria, Whooping Cough, and Chickenpox. Follow-up or "catch up" vaccines are covered.

Preventive Service	Indication
Lung cancer screening	Annual lung cancer screening through computerized tomography, for adults aged 55 to 80 years old with a history of smoking thirty (30) packs a year, who are currently smoking or stopped smoking within the last 15 years. The screening will be discontinued after 15 consecutive years have elapsed since the person stopped smoking or if they develop a health problem that would substantially limit their life expectancy or their ability or possibility of undergoing surgery to treat the cancer.
Screening and counseling for obesity in adults	Obesity screening for adults. Doctors may offer or refer patients with a Body Mass Index (BMI) of 30 kg/m ² or more to intensive multi-component behavioral interventions.
Sexually transmitted diseases	Intensive behavioral counseling for sexually active teenagers and adults who are at high risk for sexually transmitted diseases.
Statins to prevent cardiovascular events in adults: Preventive Drugs	<p>For adults without any history of cardiovascular disease (such as symptomatic coronary artery disease or ischemic stroke), to use low- or moderate-dose statins to prevent cardiovascular events and death if all the following criteria are met:</p> <ul style="list-style-type: none"> • They are 40 to 75 years old, • Have one or more risk factors (dyslipidemia, diabetes, hypertension, or smoking), and • Have a calculated 10-year risk of having a cardiovascular event of 10% or more. Detecting dyslipidemia and calculating a 10-year risk for a cardiovascular event requires a general lipid screening for adults between 40 and 75 years old.
Syphilis screening for non-pregnant members	Syphilis screening for members who are at high risk of infection
Ceasing tobacco use and medications: adults who are not pregnant	Based on USPSTF recommendations, physicians should ask all adults about their tobacco use, advise them to stop using it, and offer behavioral interventions and medications approved by the Food and Drug Administration (FDA) to cease smoking. For those using products to cease tobacco use, this plan covers FDA-approved medications to cease smoking for ninety (90) consecutive days in one single attempt, and up to two (2) attempts per year.
TB screening test: adults	Screening for tuberculosis infection in high-risk populations.

Preventive Service	Indication
Harmful drug use	Screening for harmful drug use among adults aged 18 years and over, including pregnant members, providing brief interventions for behavioral counseling, accurate diagnosis, effective treatment, and adequate care in order to reduce the use of harmful drugs among individuals who engage in risky or dangerous consumption.
Harmful alcohol use: adults	Screening for harmful alcohol use at primary care facilities for adults over 18 years old, including pregnant members, by providing brief guidance behavioral counseling interventions to reduce harmful alcohol consumption in people who engage in dangerous or risky consumption.

PREVENTIVE SERVICES FOR ADULTS, INCLUDING PREGNANCIES

Preventive Service	Indication
Urinary incontinence screening tests among women	<p>The Women's Preventive Services Initiative recommends testing women to detect urinary incontinence as a preventive service. Factors associated with a higher risk of urinary incontinence include increasing parity, advancing age, and obesity; however, these factors should not be used to limit screening.</p> <p>Several screening tools demonstrate fair to high accuracy in identifying urinary incontinence in women. Although minimum screening intervals are unknown, given the prevalence of urinary incontinence, the fact that many women do not volunteer symptoms, and the multiple, frequently-changing risk factors associated with incontinence, it is reasonable to conduct screening tests annually.</p>
Counseling and Screening for Human Immunodeficiency Virus	Annual counseling and screening for human immunodeficiency virus infection for all sexually active women.
Screening of urinary tract infection for pregnant members	Screening for pregnant members showing no symptoms of bacteria in their urine culture, between 12 to 16 weeks of pregnancy, or during their first prenatal visit if it occurs after the aforementioned term.
BRCA: Risk Assessment	Primary care providers should screen people whose relatives have had breast, ovarian, fallopian, or peritoneal cancer, through tools designed to identify any family history that could be linked to an increased risk for potentially harmful mutations in the breast cancer susceptibility genes (BRCA1 or BRCA2). Members who obtain a positive result should get genetic counseling and, if deemed appropriate after counseling, undergo the BRCA test.

Preventive Service	Indication
Breast cancer: preventive drugs	Clinical guidance for high-risk patients. The USPSTF recommends that all physicians involve their patients at high risk for breast cancer in making the decision whether to use drugs that would reduce the risk of developing the disease. The physician should offer to prescribe medications to reduce the risk of developing breast cancer, such as <i>tamoxifen</i> or <i>raloxifene</i> , for patients that are found to be at high risk of developing the disease and have a low risk of having adverse reactions to the medications.
Breast Cancer Screening (Diagnosis and screening of breast cancer)	Act No. 10 of January 3, 2020, "Law on the Right to Effective Breast Cancer Screening," establishes that the following be included among the preventive care benefits: <ul style="list-style-type: none"> • One mammography, for women who are thirty-five (35) to thirty-nine (39) years old. • One annual mammography for women who are forty (40) years old or over. • One annual mammography and follow-up treatment or supplementary diagnostic tests (MRI/sonomammograms), for women who are forty (40) years old or over whose breast tissue is classified as heterogeneously dense or extremely dense.
Diabetes mellitus screening after pregnancy	Screening for diabetes mellitus among women with a history of gestational diabetes mellitus (GDM) who are not currently pregnant and have not been previously diagnosed with type 2 diabetes mellitus. It would be ideal for initial tests to be performed within the first year after birth, and they may be done as soon as 4 to 6 weeks after delivery.
Breastfeeding	Support and counseling through a provider trained in breastfeeding during pregnancy and/or postpartum, as well as access to breastfeeding equipment and supplies, per delivery. Interventions during pregnancy and after delivery to support breastfeeding.
Cervical cancer screening	Cervical cancer screening for members aged 21 to 29 years old along with the Pap test every three (3) years; or every five (5) years in combination with the Human Papilloma Virus (HPV) test, for members aged 30 to 65 years old who want to get the test less frequently.
Chlamydia screening	Chlamydia screening for all members who are pregnant or for members who are sexually active and under 24 years old or older if at a high risk of infection.
Contraceptive Methods	All FDA-approved contraceptive methods, sterilization procedures, counseling and education for members of reproductive age, as prescribed. Insertions and removals of all devices are covered.

Preventive Service	Indication
Screening for domestic violence: members who are at a reproductive age	Screening for violence in the intimate romantic relationships of members of a reproductive age, such as domestic violence, and offering and referring people with a positive screening result to the corresponding intervention services. This recommendation applies to members who exhibit no signs or symptoms of abuse.
Folic acid	All female members who may or are planning to get pregnant should take a daily folic acid supplement of 0.4 to 0.8 mg (400 – 800ug)
Gestational Diabetes Mellitus	Screening for gestational diabetes mellitus in pregnant people showing no symptoms after 24 weeks of pregnancy and for those identified as high-risk for gestational diabetes mellitus.
Gonorrhea screening	Gonorrhea screening for members who are sexually active and under 24 years old or older if at a high risk of infection.
Hepatitis B screening: pregnant members	For pregnant members, screening of Hepatitis B virus infection during the first prenatal visit.
Human Immunodeficiency Virus (HIV) screening: members during their pregnancy	Doctors must perform an HIV screening for all pregnant members, including those who are just showing up for delivery and who have not had the screening done before, and whose HIV status is unknown. The following tests are covered without copay for pregnant members: <ul style="list-style-type: none"> a. First HIV test during the first trimester of pregnancy at the first prenatal visit, and b. Second test during the third trimester of pregnancy (between 28 and 34 weeks of pregnancy)
Osteoporosis screening	Osteoporosis screening with bone densitometry tests for members over 65 years old and post-menopause members under 65 years old who are at a higher risk of osteoporosis, to prevent fractures.
Osteoporosis Screening: post-menopause members under 65 years old at a higher risk for osteoporosis.	Osteoporosis screening with bone densitometry test to prevent osteoporosis fractures in post-menopause members under 65 years old who are at a higher risk for osteoporosis, as determined through a formal clinical risk assessment tool.
Osteoporosis screening: members over 65 years old	Osteoporosis screening with bone densitometry test to prevent osteoporosis fractures in members over 65 years old.
Perinatal Depression: counseling and intervention	Clinical staff are advised to provide interventional counseling or refer pregnant members or members after birth who are at a risk for perinatal depression.
Pre-eclampsia prevention: aspirin	Use of low-dose aspirin (81 mg/d) as a preventive drug after 12 weeks of pregnancy in members at a high risk of pre-eclampsia.

Preventive Service	Indication
Pre-eclampsia screening	Pre-eclampsia screening for pregnant members, with blood pressure monitoring throughout the pregnancy.
Rh(D) Incompatibility Screening	Screening for Rh(D) blood type and antibodies, for all pregnant members at their first prenatal visit. Includes repeating the antibody test for pregnant members with non-sensitized RH(D) negative tests at 24 to 28 weeks of pregnancy, unless the biological father is Rh(D) negative.
Anxiety screening tests	The Women's Preventive Services Initiative recommends anxiety screening tests for teenage and adult women, including those who are pregnant and postpartum. Optimal screening intervals are unknown, and clinical judgment should be used to determine screening frequency. Given the high prevalence of anxiety disorders, lack of recognition in clinical practice, and multiple problems associated with untreated anxiety, physicians should consider screening women who have not been recently screened.
Screening for syphilis infection during pregnancy	Screening for syphilis infection for all members during their pregnancy The USPSTF recommends screenings for the early detection of syphilis infection in all pregnant members.
Tobacco use and smoking cessation for pregnant members	Physicians should ask all members during their pregnancy about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for tobacco use cessation to members who are tobacco users.
Preventive visits for members	Annual preventive check-up (depending on the member's health condition and requirements and any other risk factors) for adult members receiving the preventive services that are recommended and suitably developed for their age, including prenatal care and any services necessary to provide prenatal care. This preventive annual check-up should, if appropriate, include other listed preventive services. If the doctor determines that the patient requires additional visits, these shall be covered with no copay.

PREVENTIVE SERVICES FOR MINORS

A preventive health care visit for minors normally includes the following services: medical history, measurements, sensory screening, development/behavior evaluation, physical examination, anticipatory guidance (such as nutritional counseling), and dental referrals, among others. The minor has the following services available, according to age and other established guidelines, as listed below:

Preventive Service	Indication
Alcohol abuse	Screening and counseling Clinical screening for adults over 18 years old for alcohol abuse, as well as behavioral counseling interventions to reduce alcohol use for members who exhibit a pattern of risk or dangerous alcohol consumption.
Anemia/Iron	Perform risk assessment or screening, as appropriate, per recommendations in the current edition of the AAP Pediatric Nutrition: Policy of the American Academy of Pediatrics (Iron chapter). Iron supplement for minors aged 4 months to 21 years old who are at a risk of anemia.
Autism screening	For minors between 12 and 36 months of age
Behavioral health evaluation	Assessment for minors of all ages: 0-11 months, 1-4 years, 5-10 years, 11-14 years, 15-17 years
Cervical displacement	Screening for sexually active members
Hypothyroidism Screening	Congenital hypothyroidism screening for newborns
Screening for cavities for minors up to 5 years old	Oral fluoride supplements, starting at 6 months old, for minors whose water supply is low in fluoride. Topical fluoride (varnish) application on primary teeth for infants and minors, from the eruption of their primary teeth.
Depression screening for teenagers	Screening for depressive disorders in teenagers aged 12 to 18 years old. The screening must be performed through an adequate system to guarantee an accurate diagnosis, an effective treatment, and an appropriate follow-up.
Development screening and monitoring	Screening for children under 3 years of age and monitoring throughout childhood
Dyslipidemia	Screening for minors at risk for lipids disorders Ages: 1-4 years, 5-10 years, 11-14 years, 15-16 years
Eye prophylaxis for gonorrhea: preventive medication	Topical eye medication to prevent gonorrhea in newborns
Hearing	Hearing screening for all newborns
Increase in height, weight, and body mass index	Screening for minors. Ages: 0-11 months, 1-4 years, 5-10 years, 11-14 years, 15-17 years

Preventive Service	Indication
Sickle cell disease (hemoglobinopathies)	Screening for sickle cell disease in newborns
Vaccines	Recommended vaccines, from birth until 21 years old The recommended doses, ages, and populations vary: Diphtheria, Tetanus, Whooping Cough, Haemophilus Influenza B, Hepatitis A, Hepatitis B, Human Papilloma Virus (HPV), Inactive Poliovirus, Influenza, MMR, Meningococcus, Pneumococcus, Rotavirus, and Chickenpox. Follow-up vaccines are covered. HPV starts from 9 years old for minors and teenagers with a history of sexual abuse or assault who have not initiated or completed the 3 doses (as recommended by the <i>Advisory Committee on Immunization Practices</i> (ACIP))
Medical history	For any minor during development, from 0 to 21 years old
Screening for obesity in minors and teenagers	For minors and teenagers aged 6 years old and up, intensive comprehensive behavioral interventions to promote an improvement in the minor's weight
Oral health	Risk assessment for minors from 0 to 11 months old, from 1 to 4 years old, and from 5 to 10 years old
Phenylketonuria (PKU) screening for newborns	Phenylketonuria (PKU) in newborns
Skin cancer: Counseling	Counseling for minors, adolescents, and young adults with white skin, aged 6 months to 24 years old, to minimize their exposure to ultraviolet radiation and reduce their risk for skin cancer
Tobacco use in minors and teenagers	Interventions, including education and counseling, for school-age minors and teenagers, to prevent the start of tobacco use
Tobacco, alcohol, and drug use	Screening for minors aged 11 to 21 years old
Tuberculosis	Test for minors at high risk for tuberculosis. Ages: 0-11 months, 1-4 years, 5-10 years, 11-14 years, 15-21 years
Vision screening: minors	Vision screening, at least once (1 time) for all minors aged 3 to 5 years old, to detect amblyopia or other risk factors
Lead	Screening for minors aged 1 to 6 years old with high levels of lead in their blood who are at a moderate to high risk, and for pregnant members exhibiting no symptoms.

STANDARD VACCINE COVERAGE FOR MINORS, ADOLESCENTS, AND ADULTS

The table on this page summarizes Triple-S Salud's standard vaccine coverage. For more information, please call our Customer Service Department or visit our website www.ssspr.com.

Vaccines, including catch-up immunizations, are covered according to the vaccine itinerary established by the *Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC)* and the *Advisory Committee on Immunization Practices of the Puerto Rico Department of Health*, and as established by the Commissioner of Insurance of Puerto Rico:

<p>Covered vaccines with \$0 copayment</p> <ul style="list-style-type: none"> • Hib-HepB (90748) • ROTA- Rotavirus Vaccine (90680) • ROTA- Rotavirus Vaccine, human – Rotarix (90681) • IPV- Inactivated Poliovirus Vaccine – injectable (90713) • Hib- Haemophilus Influenza B Vaccine (90647, 90648) • Menomune- Meningococcal Polysaccharide Vaccine 90733) • MCV- Meningococcal Conjugate Vaccine – Menactra and Menveo (90734) • PPV- Pneumococcal Polysaccharide Vaccine (90732) • FLU- Influenza Virus Vaccine (90630, 90653, 90654, 90655, 90656, 90657, 90658, 90661, 90662, 90673, 90674, 90685, 90686, 90687, 90688) • PCV- Pneumococcal Conjugate Vaccine - Prevnar 13 (90670) • DTaP- Diphtheria, Tetanus Toxoid and Acellular Pertussis Vaccine (90700) • DT- Diphtheria, Tetanus Toxoid (90702) • HPV*- Human Papilloma Virus (Gardasil (90649), Cervarix (90650), 9vHPV (90651)) • Tdap- Tetanus, Diphtheria and Acellular Pertussis (90715) • Zoster- Zostavax (90736), Shingrix (90750) • MMR- Measles, Mumps and Rubella Vaccine (90707) • VAR- Varicella Virus Vaccine (90716) • HEP A Hepatitis A Vaccine (90632, 90633, 90634) • HEP A-HEP B Hepatitis A and Hepatitis B Vaccine (90636) • Td- Tetanus and Diphtheria Toxoid Adsorbed (90714) • HEP B- Hepatitis B Vaccine (90740, 90743, 90744, 90746, 90747) • Meningococcal B (90620, 90621) • Pentacel (90698) • DtaP-IPV-HEP B (Pediarix, 90723) • Kinrix (90696)
<p>Covered vaccine with coinsurance. The member will be responsible for paying the coinsurance established in the Table of Deductibles, Copayments, and Coinsurance at the end of this policy.</p>
<p>Immunoprophylaxis for respiratory syncytial virus (Synagis, Palivizumab 90378) – Requires precertification following the protocol established by Triple-S Salud.</p>

*It also covers members between the ages of 9 and 27 years. It also covers minors and adolescents who are at least 9 years of age with a history of sexual abuse or assault, who have not started or completed the series of three (3) doses.

Note: The vaccine codes included are shown as published in the latest revision of the *Current Procedural Terminology (CPT)* Manual. Any further updates could change the included codes. For an updated version, please contact our Customer Service Department.

OUTPATIENT MEDICAL-SURGICAL AND DIAGNOSTIC SERVICES

(Services available when the member is not admitted to the hospital)

The member will be responsible for paying the plan's copayment or coinsurance directly to the participating provider.

Diagnostic and Treatment Services

- Visits to the general practitioner's office
- Visits to specialists
- Visits to subspecialists
- Visits to audiologists
- Visits to optometrists
- Visits to podiatrists, including routine foot care
- Annual preventive visits
- Medical services provided in the member's home by physicians who provide this service
- Intra-articular injections, up to two (2) daily injections and up to a maximum of twelve (12) injections per member, per policy year
- Cryosurgery of the uterine cervix, one procedure per year per member
- Vasectomy

Note: the supplies used at a gynecologist's medical office for covered diagnostic tests are included in the visit copayment.

Allergy Care

- Allergy tests, up to fifty (50) tests per policy year, per member

Laboratories, X-rays, and other diagnostic and specialized tests

- Clinical laboratory, genetic tests require precertification
- X-Rays
- PET Scan and PET CT, up to one (1) per member, per policy year. In cases of lymphoma-related conditions, including Hodgkin's disease, it will be covered up to two (2) per member, per policy year. **Requires precertification.**
- Non-invasive cardiovascular tests
- Non-invasive vascular tests
- Electrocardiograms and echocardiograms
- Nuclear medicine tests
- Computerized tomography (CT), up to two (2) per anatomical region, per member, per policy year. Requires precertification if the member exceeds the established limit.
- *Single Photon Emission Computerized Tomography (SPECT)*
- Sonograms
- Mammograms, digital mammograms, or sonomammograms, if they are not rendered as preventive tests as provided by federal law, but as a follow-up to a condition diagnosis or treatment
- Magnetic resonance angiography (MRA) study
- Magnetic resonance imaging (MRI) study, up to two (2) per anatomical region, per member, per policy year. Requires precertification if the member exceeds the established limit.
- Electromyograms, up to two (2) per anatomical region, per member, per policy year
- Color Doppler Flow
- Nerve Conduction Velocity Test, two (2) services of each, per member, per policy year
- Gastrointestinal endoscopies
- Electroencephalograms
- Polysomnography diagnostic test (study of sleep disorders), one (1) test of each kind, for life, per member

- Bone densitometry, for people under 65 years of age, or if it is not conducted as a preventive test as provided by federal law, but as a follow-up to a condition diagnosis or treatment
- Neurological tests and procedures
- Audiological and vestibular function tests, and special diagnostic procedures
- Tympanometry, one (1) test per member, per policy year
- Blood pressure monitoring up to four (4) services per member, per policy year

Surgeries

- Surgeries provided on an outpatient basis. **Requires precertification** if it is medically necessary to change the level of service (hospitalization or outpatient surgery center)

Treatment Therapies

- Dialysis and Hemodialysis: Services related to any type of dialysis or hemodialysis, as well as any complications that may arise and the hospital or medical-surgical services that may be needed to treat these complications, will be covered during the first 90 days from:
 - a. the date the member first becomes eligible to this policy; or
 - b. the date the first dialysis or hemodialysis is performed.

This will apply if the subsequent dialyses or hemodialyses are related to the same clinical condition.

Respiratory Therapy (administered in the physician's office)

- Respiratory therapy (provided by physicians specialized in allergy, pediatric allergy, anesthesia, pneumology, pediatric pneumology), two (2) therapy sessions per day, up to a maximum of 20 sessions per member, per policy year.

Durable Medical Equipment

- Requires precertification
- Purchase or rental of oxygen and the necessary equipment for its administration
- Purchase or rental of wheelchairs or adjustable beds
- Purchase or rental of respirators, ventilators, and other equipment to treat respiratory paralysis
- FDA approved glucometers, up to one per policy year. If the endocrinologist orders a specific glucometer, due to the insured person's treatment, the endocrinologist will submit a justification. In this case, the brand of the glucometer ordered by the endocrinologist will be covered with its attachments in those patients who present a clinical picture of predisposition or a greater number of risk factors for developing the condition of Diabetes Mellitus Type I.
- The following services are covered policyholders diagnosed with Type 1 Diabetes Mellitus, as required by Law No. 19 of January 12, 2020, to amend Title and Articles 1, 2 and 4 of Law No. 177 of 2016:
 - Lancets, up to 150 for 30 days
 - Test Strips, up to 150 for 30 days
 - Insulin infusion pump and supplies ordered by the endocrinologist for insured persons diagnosed with Type 1 Diabetes Mellitus. The endocrinologist will determine the brand of the insulin infusion pump based on age, level of physical activity and knowledge of the condition of the insured person or caregiver. **Requires precertification.**

Mechanical ventilator

- Coverage comprises the necessary medical services, tests and equipment for underage members who, even after turning 21 years old, require the use of technological equipment to stay alive, a minimum of one (1) daily session of eight (8) hours, per patient, of services provided by skilled nurses specialized in respiratory therapy or respiratory therapist specialists with nursing skills, the supplies needed to manage the technological equipment, any physical and occupational therapy necessary to develop the patient's motor skills, as well as prescription drugs, which must be dispensed by a participating pharmacy that has been freely selected by the member and authorized by the laws of Puerto Rico (under the pharmacy benefit). The coverage will provide for each member to have annual access to the appropriate laboratory tests and immunizations for their age and physical condition.
- These services will be covered, provided that the member or his/her representative submits proof of the medical justification and the member's inscription in the registry designed by the Health Department for such purposes. It also includes the necessary supplies to manage the Mechanical Ventilator technological equipment.
- The mechanical ventilator services and the services provided by skilled nurses with knowledge in respiratory therapy or respiratory therapy specialists with knowledge in nursing, supplies needed to manage the technological equipment and physical and occupational therapy shall be covered 100%. For the copayments and coinsurance for medical services, treatments, diagnostic tests, and medications, please refer to the Table of Copayments and Coinsurance at the end of this policy.

Nutrition services

- Triple-S Salud will pay for nutritional services rendered by licensed nutritionists or physicians specialized in nutrition or metabolic diseases. Visits are covered up to four (4) visits per member, per policy year.

Chiropractors

- Visits to the chiropractor
- Up to fifteen (15) chiropractic manipulations per member, per policy year

Physical Therapy (rehabilitative and habilitative)

- Physical therapies provided by physiatrists (or under their supervision and billed by such professionals) or chiropractors
- These therapies will be covered up to fifteen (15) sessions per member, per policy year.

Visual care

- Ophthalmology diagnostics tests
- Refraction examination, one (1) exam per member, per policy year, if the examination is conducted by a specialist in ophthalmology or optometry.

Alternative therapies (Triple-S Natural)

The program is only available through participating facilities in the Program. Please refer to the Participants and Providers Directory for a list of participating facilities. Up to 6 visits per policy year, per member, including the following types of therapy:

- Comprehensive and Complementary Health Care
- Medical Acupuncture
- Therapeutic Massage
- Naturopathic Medicine
- Bioenergetic Medicine
- Hypnotherapy
- Traditional Chinese Medicine
- Reflexology
- Clinical nutrition
- Botanical Medicine
- Aromatherapy
- Music therapy

Other Services to Treat Disorders within the Autism Continuum

This policy covers services aimed at diagnosing and treating people with Disorders within the Autism Continuum, without limits, such as:

- Neurological exams
- Immunology
- Gastroenterology services
- Genetic tests
- Laboratory tests for autism
- Nutrition services
- Physical, occupational, and speech/language therapy
- Visits to the psychiatrist, psychologist (with a Masters or Doctorate degree and a current license issued by the Puerto Rico Board of Psychologist Examiners), or social worker.

Note: Genetic tests require precertification.

In compliance with the Act for the Hyperbaric Oxygenation Treatment of Individuals with Autism Spectrum Disorders, we cover therapeutic hyperbaric oxygenation treatments for individuals with autism if it is recommended by a medical practitioner and the treatment is allowed by federal law and regulations; and for other related purposes.

Phenylalanine-free Amino Acid Formula

This policy covers the phenylalanine-free amino acid formula for patients who have been diagnosed with the genetic disorder known as phenylketonuria (PKU), with no exceptions as to the member's age.

MEDICAL-SURGICAL SERVICES DURING HOSPITALIZATION

During hospitalization periods, the member shall be entitled to receive medical-surgical services, including:

Medical-Surgical Services

- Surgeries, including orthognathic surgery
- Corneal transplants, skin and bone grafts, including care before and after the procedure
- Bariatric surgery: initial treatment must be diet and lifestyle changes. The physician must document the failed attempts at supervised weight loss. This policy only covers gastric bypass surgery to treat morbid obesity, up to one surgery per lifetime, per member, provided the services are available in Puerto Rico. Surgeries to remove excess skin will be covered if the physician certifies it is necessary to remove the excess skin because it affects the functions of any body part. These surgical procedures **require precertification** from Triple-S Salud.
- Diagnostic services
- Treatments
- Anesthesia administration
- Consultation with specialists
- Gastrointestinal endoscopies
- Sterilization services
- Audiological evaluations, including the Neonatal Hearing Screening Test
- Invasive cardiovascular tests
- Lithotripsy (*ESWL*); **requires precertification**

AMBULANCE SERVICES AND SERVICES PROVIDED BY HOSPITALS AND OTHER FACILITIES

- Triple-S Salud promises to pay for the services contracted with the corresponding hospital institution during the member's hospitalization, during the eligible person's term of insurance, provided that such hospitalization is ordered in writing by the attending physician and that it is medically necessary.

Hospitalizations

- Semi-private or isolation room, up to a maximum of three hundred and sixty-five (365) days for regular admissions
- When a member uses a private room at a participating hospital, Triple-S Salud will cover what it would have paid for a semi-private room. The hospital may charge the patient for the difference between the normal cost of the private room and the fee established by Triple-S Salud for a semi-private room, except in cases where it is medically necessary and with prior notification to Triple-S Salud. The member's other hospitalization costs covered by this policy are included in the contract between the participating hospital and Triple-S Salud, hence no other difference may be charged to the member. Please check the Table of Copayments and Coinsurance for any copayment or coinsurance amounts additional to the hospital admission.
- Meals and special diets
- Use of telemetry service
- Use of recovery room
- Use of *Step-Down Unit* (intermediate care unit for infants)
- Use of Intensive Care, Coronary Care, Pediatric Intensive Care, and Neonatal Intensive Care Units
- General nursing service
- Administration of anesthesia by non-medical personnel
- Clinical laboratory services
- Medications, biological products, healing supplies, hyperalimentation products, and anesthesia supplies
- Production of electrocardiograms
- Production of radiological studies
- Physical therapy services (habilitation and rehabilitation)
- Use of services provided by physicians in training, interns, and hospital residents authorized to provide medical services to patients
- Respiratory therapy services
- Use of emergency room if the member is admitted to the hospital
- Use of other facilities, services, equipment, and supplies, as ordered by the primary physician, that the hospital usually provides and that have not been expressly excluded from the contract with the hospital
- Blood for transfusions

Note: These services are included in the copayment you pay for hospital admission

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- Chemotherapy in all its methods of administration (injectable, oral, intravenous, or intrathecal), and radiotherapy
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- Hemodialysis Facilities: Services related to any type of dialysis or hemodialysis, as well as any complications that may arise and the hospital or medical-surgical services that may be needed to treat these complications, are covered for the first 90 days from:
 - a. the date the member first becomes eligible to this policy; or
 - b. the date the first dialysis or hemodialysis is performed.

This will apply if the subsequent dialyses or hemodialyses are related to the same clinical condition.

-
- Lithotripsy procedure (ESWL); **requires precertification.**
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- Outpatient Surgery Center
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POST-HOSPITALIZATION SERVICES THROUGH A HOME HEALTH CARE AGENCY

Triple-S Salud covers these services if they begin within 14 days after the member's date of discharge after a hospitalization of at least three (3) days, and if they are provided due to or in relation to the same condition for which he/she was hospitalized. It covers the following services rendered and supplies delivered at the patient's home by a Home Health Care Agency certified by the Puerto Rico Department of Health. **Requires precertification.**

- **Nursing Services** – partial or intermittent services provided by or under the supervision of a graduate nurse.
- **Home Health Services Assistant** – partial or intermittent services provided primarily for the care of the patient.
- **Physical, Occupational and Speech/Language Therapies (habilitative and rehabilitative):** up to forty (40) visits, combined, per member, per policy year.
- One visit by an employee from the home health care agency, or four (4) hours of service provided by an assistant; each one will be considered a home visit.

Note: These services should be supervised by a licensed physician, and its **medical necessity should be certified in writing.**

SKILLED NURSING SERVICES

The Plan covers these services if they begin within 14 days after the date the member was discharged after a hospitalization of at least three (3) days, and if they are provided due to or in relation to the same condition for which he/she was hospitalized. **Requires precertification.**

- They are covered up to a maximum of one hundred twenty (120) days per member, per policy year.

Note: These services must be supervised by a licensed physician or graduate registered nurse (RN) dedicated full-time to such supervision, and its **medical necessity must be certified in writing. Requires precertification.**

EMERGENCY ROOM / URGENT CARE SERVICES

Emergency room/urgent care services: supplies and medicines included in the suture tray contracted with Triple-S Salud. In addition to those included in the suture tray, it also covers any medications and supplies provided in the emergency/urgent care room due to an accident or illness. Copayment or coinsurance for illnesses and accidents applies, as per the Table of Copayments and Coinsurance.

If a member requires urgent care for a condition, a lower copayment may apply if the patient visits an urgent care center from our provider network instead of an emergency room.

If the member requires emergency treatment for a condition, please seek immediate attention at the emergency room of the nearest hospital or health facility or call the 9-1-1 System. Emergency services require no precertification and are not subject to wait periods. However, we only cover emergency services in an emergency room to treat an emergency condition, and these are covered regardless of whether they were rendered by a participating provider.

If the member receives emergency services from a non-participating provider, these services will be paid directly to the provider based on the contracted rates that would have been paid to a participating provider, after deducting the applicable copayment and/or coinsurance, as established in the policy. The non-participating provider is obligated to accept the payment for an amount no less than the contracted fee for participating providers for the same services.

If the member receives health care services after receiving post-stabilization or emergency services, which would be covered under this policy, except for the fact that the services were rendered by a non-participating provider, Triple-S Salud will reimburse the member the lesser between the cost incurred and the fee that would have been paid to a participating provider, after deducting the applicable copayment and/or coinsurance, as provided in this policy.

If the member calling Teleconsulta is advised to go to the emergency room with a registration number, a lower copayment/coinsurance may apply for the use of such facilities.

Psychiatric emergencies are covered, in accordance with Act No. 183 of August 6, 2008, as well as transportation between healthcare service providers, including ambulances, that are certified by the Public Service Commission and the Department of Health, as established in the last paragraph of section 4.20 (b) of Act No. 183 of August 6, 2008, and as stated in the Ambulance Benefit under the Section of Services Provided by a Hospital or any other Facility and Ambulance Services.

Note: For diagnostic tests provided in emergency rooms, other than laboratories and X-rays, the coinsurance and/or limits corresponding to the outpatient benefit will apply, as specified in this policy.

Hospital admissions: If a member was admitted to the hospital as part of an emergency, they do not have to notify the plan about the admission, except if it happened outside Puerto Rico. In these cases, the member or anyone else must notify the plan at the telephone number that appears on the back of the identification card, within forty-eight (48) hours after the admission or as soon as reasonably possible.

Urgent care/emergency services in the United States

Members are entitled to urgent care/emergency service coverage if they are in the United States.

Triple-S Salud will cover urgent care/emergency services based on the contracted fees by *Blue Cross Blue Shield* plan in the area, as long as the provider rendering the services is a participant of the *Blue Cross Blue Shield* Plan network.

The member will be responsible for paying the coinsurance established in the Extended Coverage in the United States, which appears in the Table of Copayments and Coinsurance at the end of this policy.

AMBULANCE SERVICES

- Ground ambulance services will be covered based on the fees determined by Triple-S Salud, according to the distance traveled. In accordance with Act No. 383 of September 6, 2000, if the service is used through the 9-1-1 System in emergency situations, Triple-S Salud will pay the provider directly based on the established fees. The service will only be covered if it meets all the requirements mentioned below:
 - a) the member was transported by an ambulance service, as defined in this policy;
 - b) the member was suffering from an illness or injury where using other means of transportation would have put their life at risk;
 - c) medical report of the emergency, including a diagnosis;
 - d) the invoice states the place where the member was picked up and their destination.

This benefit is covered if the patient was transported:

- a) from the residence or place of the emergency to the hospital or Skilled Nursing Facilities;
- b) from a hospital to another hospital or *Skilled Nursing Facility* – in cases where the institution doing the transfer or authorizing the discharge is not adequate for the covered service
- c) from the hospital to the residence, if the discharged patient's condition requires it

- d) Between health care institutions, in case of psychiatric emergencies, by ambulances certified by the Public Service Commission and the Health Department.

In non-emergency cases, this benefit is covered by reimbursement. The member shall pay the total cost and send the claim to Triple-S Salud with the medical report including the diagnosis. Triple-S Salud will reimburse up to a maximum of \$80.00 per case.

- Air ambulance service in Puerto Rico, subject to medical necessity.

CANCER SERVICES

In accordance with the requirements of Act No. 107 of 2012, this policy establishes equality of coverage for chemotherapy treatment against cancer in its various administration methods, such as intravenously, oral, injectable or intrathecal; as per the medical order from the specialist or oncologist.

This policy covers pelvic exams and all types of Pap smear tests that may be required to detect, diagnose, and treat the early stages of abnormalities that could lead to cervical cancer. Outpatient services for cancer treatment, such as radiotherapy and cobalt are also covered.

In accordance with Act No. 275 of September 27, 2012, Triple-S Salud does not reject or deny any accorded treatment and/or within the terms and conditions of the health insurance contract subscribed by the parties, to any patient diagnosed with cancer or cancer survivor, when medical orders have been issued to such ends. It also covers all preventive services and benefits mentioned under the federal ACA Act for the early detection of breast cancer, and also breast cancer monitoring studies and tests, such as visits to specialists, breast clinical exams, mammographies, digital mammographies, magnetic resonance mammographies, sonomammograms, and treatments like, but not restricted to, mastectomies, post-mastectomy reconstructive surgeries, the reconstruction of the other breast to achieve a symmetrical appearance, breast implants, treatment for physical complications during all stages of the mastectomy, including lymphedema (inflammation that occurs sometimes after breast cancer treatment), as well as any other post-mastectomy surgery necessary for the patient's physical and emotional recovery.

In compliance with Act No. 79 of August 1, 2020, also known as the Special Law to Ensure Access to Care and Diagnosis for Cancer Patients in Puerto Rico or the "Gabriela Nicole Correa Law," the following is established:

- Triple-S Salud shall not reject or deny any treatment that is agreed upon and/or included in the terms and conditions of the health care contract signed between the parties to any patient who has been diagnosed with cancer or has survived cancer, when there is a medical recommendation for such purposes. This includes the treatments, medications, and diagnostic tests listed in the National Comprehensive Cancer Network (NCCN) Guidelines and/or approved by the Food and Drug Administration (FDA), as well as those necessary to address and minimize harmful effects, subject to the provisions of this Law. The "Local Coverage Determinations-LCD from First Coast Service Options, INC," "Medicare Approved Compendia List," "National Coverage Determinations Alphabetical Index," and "Milliman Care Guidelines" will also be used.
- Additionally, we shall send your approval or denial for the treatment medications and diagnostic tests listed in the NCCN Guidelines or approved by the FDA within a term of 24 to 72 hours after receiving the request, or within 24 hours in cases marked as urgent or expedited.

MATERNITY SERVICES

(Applies to members, spouses, and direct dependents)

Outpatient Maternity Care

- Medical Visits
- Obstetric sonograms; according to clinical protocol
- Biophysical profile, 1 service per pregnancy
- Preventive *Well-Baby Care* visits according to age and coverage recommended by the *United States Preventive Services Task Force (USPSTF)*

Maternity Hospital Care

Hospitalization services will be extended in case of maternity or secondary, pregnancy-related conditions, only if the member is entitled to maternity benefits. As provided by Act No. 248 of August 15, 1999, Act to Guarantee Adequate Care for Mothers and their Newborns during the Post-Partum Period, hospital admissions in the event of delivery will be covered for a minimum of 48 hours in the event of natural childbirth, and 96 hours for cesarean deliveries, unless the physician, after consulting with the mother, authorizes the hospital discharge for the mother and/or newborn.

- Semi-private or isolation room, assistance and physical care for the minor, education on child care for both parents, breastfeeding assistance or training, counseling about home support, and medical treatments and tests for both the infant and the mother.
- Obstetric services
- Use of Delivery Room
- Fetal Monitoring production and interpretation
- Use of Well-Baby Nursery (newborns' room)

Note: These services are included in the copayment you pay for hospital admission.

HOSPICE

Services provided through hospice for members who have been diagnosed with a life expectancy of six (6) months or less as a result of a terminal health condition.

Note: These services **require precertification** from Triple-S Salud and will be evaluated by your Individual Case Management Program to coordinate through network participating providers.

MENTAL HEALTH AND SUBSTANCE ABUSE

This policy covers mental health and controlled substance abuse services, as provided under state and federal laws, Act No. 183 of August 6, 2008, and the *Mental Health Parity and Addiction Equity Act of 2008*, which promotes equity in the care of mental health and substance abuse disorders. This policy does not have any major restrictions in terms of limits to medical-surgical benefits, such as limited days or visits, limits to mental health benefits/substance abuse applied to medical-surgical benefits. Copayments have no major restrictions on the medical-surgical benefits.

If your plan includes the hospital preferred network, participating hospitals in the Triple-S Salud network have been grouped as preferred and non-preferred hospitals, according to the cost and quality of the hospital facilities. You will benefit from using preferred hospitals as your first option, since their copayments/coinsurance is lower than those of non-preferred hospitals.

General Mental Health Conditions

Hospitalizations for mental conditions

- Regular hospitalizations
- Partial hospitalizations
- Electro-convulsive therapy for mental conditions, covered according to justified medical necessity and the standards of the American Psychiatric Association (APA).

Outpatient Services

- Patient visits to the office of the psychiatrist or psychologist (with a Masters or Doctorate degree and a current license issued by the Puerto Rico Board of Psychologist Examiners)
- Collateral visits (immediate family), including marriage counseling provided by a psychiatrist or psychologist (with master's or doctorate degree and a current license issued by the Puerto Rico Board of Psychologist Examiners)
- Group therapy visits

Other Psychological Evaluations

- Psychological evaluation
- Psychological tests: Psychological tests required by Act No. 296 of September 1, 2000, known as the Children and Adolescents Health Conservation Act of Puerto Rico.

Substance Abuse (Drug Addiction and Alcoholism)

- Regular hospitalizations, including detoxification services
- Partial hospitalizations
- Visits to the office of the psychiatrist or psychologist (with masters or doctorate degree and a current license issued by the Puerto Rico Board of Psychologist Examiners).
- Collateral visits (immediate family), including marriage counseling provided by a psychiatrist or psychologist (with master's or doctorate degree and a current license issued by the Puerto Rico Board of Psychologist Examiners)
- Group therapy visits

Residential treatment

- This policy covers residential treatment, as long as there is medical justification and the facilities have the required accreditations and personnel to offer the service. **Requires precertification.**
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EXTENDED COVERAGE IN THE UNITED STATES

The benefits provided in this coverage are available to the primary policyholder and his/her dependents.

Triple-S Salud will cover any medical and hospital services in this policy that have been rendered in the United States of America, only in cases of medical emergency or when the required equipment, treatment, and facilities are not available in Puerto Rico.

To receive services under this coverage in cases that require equipment, treatment, and facilities not available in Puerto Rico, it is required to obtain precertification from Triple-S Salud before they are provided. In cases of medical emergency, precertification is not required, but they will be subject to corroboration from Triple-S Salud regarding their medical necessity.

Triple-S Salud will cover services under this policy based on the fees Triple-S Salud gets from *Blue Cross Blue Shield* plan in the area, if the provider rendering the services is a participant of the *Blue Cross Blue Shield Plan* network.

If the member uses a non-participating provider in the local *Blue Cross Blue Shield network*, he/she will have to pay the total cost of the services and will not be eligible for reimbursement, except in case of an emergency. In such cases, Triple-S Salud shall pay:

- the fee percentage established for non-participating providers by the local *Blue Cross Blue Shield Association*
- or the greatest of the following three amounts (adjusted to cost-sharing from the participating provider network): the negotiated fee for participating providers, the amount of the usual, customary, and reasonable (*UCR*) charge, or the amount that would be paid by Medicare.

In either case, the member is responsible for paying the coinsurance established in the coverage for services in the United States, as shown in the Table of Copayments and Coinsurance at the end of this policy.

The member may request an Assignment of Benefits if the services to be received are not provided in Puerto Rico, subject to a benefit precertification from Triple-S Salud. By accepting the Assignment of Benefits, the non-participating *Blue Cross Blue Shield Association (BCBSA)* physician, hospital, or facility may bill through the local plan for the services provided to the member.

If the service is provided in the United States and it is not an emergency or is available in Puerto Rico, Triple-S Salud shall reimburse the member for the amount equivalent to the fee established in Puerto Rico, as established in this policy under the Member Compensation section.

MEMBER COMPENSATION

If any person entitled to benefits, as per this policy, receives covered services from non-participating professionals or facilities outside Puerto Rico, except if otherwise provided in this policy or for services paid based on compensation, Triple-S Salud will issue direct payment to the member for the expenses incurred, up to the amount that it would have paid to a participating professional or facility, or up to the corresponding amount according to what is specified in the benefit. If the service is provided in the United States and it is not an emergency or it is available in Puerto Rico, Triple-S Salud will pay the amount equivalent to the fee established in Puerto Rico. The member must provide Triple-S Salud with all the reports and evidence of payments required by law in such cases.

BASIC COVERAGE EXCLUSIONS

This policy does not cover the following expenses or services:

1. Services provided while the patient's insurance is not in force.
2. Services that can be received according to workers' compensation laws, the employer's responsibility, private workers' compensation plans, automobile accidents (ACAA), and services available as per state or federal law, which the member is not legally required to pay. Also, such services shall be excluded if they are denied by the corresponding governmental agencies, due to breach or infringement on the requirements or provisions of the aforementioned laws, even if said breach or infringement does not constitute a crime.
3. Treatment services that may arise as a result of the member committing a crime or not complying with the laws of the Commonwealth of Puerto Rico or any other country, except for injuries resulting from an act of domestic violence or a medical condition.
4. Services that are received free of charge or paid through donations.
5. Expenses or services for personal convenience, such as telephone, television, custodial care services, rest house, convalescence home, or home care, except for post-hospitalization services provided through a Home Health Care Agency.
6. Services provided by health care professionals who are not doctors of medicine or dentistry, except for audiologists, optometrists, podiatrists, psychologists, social workers (only in cases of autism), chiropractors, and others specified in this policy.
7. Expenses for physical exams required by the insured employee's employer.
8. Reimbursement of the expenses incurred in payments issued by the member to any participating physician or provider, without being required by this policy to do so.
9. Expenses for services provided by non-participating physicians for preventive tests/executive checkups, and Triple-S Natural.
10. Expenses for covered services received without a precertification from Triple-S Salud (if it were required), except in case of emergency, as established in the policy.
11. Services that are not medically necessary, services deemed to be experimental or investigative, according to the criteria of the *Food and Drug Administration (FDA)*, the *Department of Human and Health Services (DHHS)*, the Puerto Rico Department of Health, or the *Technology Evaluation Center (TEC)* of the *Blue Cross Blue Shield Association*, for the specific indications and methods ordered.
12. Expenses or services for new medical procedures or medications not considered as experimental or trial-related, except as required by state or federal law. Also, the expenses for clinical trials and treatments, devices, experimental or investigative medications administered to be used as part of these studies, services, or products provided to obtain data and analysis, and not for the direct management of the patient, and items or services at no cost to the member that are usually offered by the research sponsor, are not covered. This restriction applies even if the member enrolls in the study to treat a life-threatening disease for which there is no effective treatment and obtains the physician's approval for participation in the trial because it offers potential benefits. In these cases, Triple-S Salud covers the patient's routine medical expenses, pursuant to the terms and conditions established in this policy. Routine medical expenses are expenses that are medically necessary for clinical trials, and are normally available for members under this plan, regardless of whether they are participating in clinical trials, as well as the services to diagnose and treat complications resulting from the trials, in accordance with the coverage established in this policy.
13. Expenses for cosmetic or aesthetic surgery, treatments to correct defects in physical appearance, except for the care and treatment of congenital anomalies and defects in newborns, recently adopted children, or children placed for adoption, mammoplasty or plastic surgery to reconstruct the breast for a size reduction or increase (except breast surgery and reconstruction after a breast cancer mastectomy),

septoplasty, rhinoseptoplasty, blepharoplasty, surgical interventions and medical treatments for obesity control, except treatment for morbid obesity or metabolic syndrome, including bariatric surgery, as defined by Act No. 212 of August 9, 2008 in Puerto Rico and in the Definitions Section of this policy; or treatments for liposuction, abdominoplasty, abdominal rhytidectomy, and injection sclerotherapy for varicose veins in the legs. Hospital and medical-surgical services, and any related complications, are also excluded, regardless of whether there is medical justification for the procedure.

14. Expenses for the member's contraceptive methods; except those listed as covered under this policy.
15. Treatment services for infertility, artificial conception, and to restore the ability to procreate (for example, in vitro fertilization, intracytoplasmic sperm injections, embryo transfers, donor fertilization). Additionally, hospital and medical-surgical services, and their associated complications, as well as drugs and hormones, are excluded. Lab tests ordered for infertility treatments will be covered, as long as they are a laboratory covered under this policy.
16. Expenses for scalenotomy services - division of the anterior scalene muscle (*anticus*) without resection of the cervical rib.
17. Expenses for alternative therapy treatments, except those specified as covered in the Triple-S Natural Program and rendered by participating providers in this Program.
18. Expenses for sports medicine services, psychoanalysis, and cardiac rehabilitation.
19. Intravenous or inhalational analgesia services provided at the oral surgeon or dentist office.
20. Necessary services to treat temporomandibular joint (jaw joint) dysfunction, either through the application of prosthetic devices or any other method.
21. Expenses for excision services for granulomas or radicular (periapical) cysts caused by infection in the pulp of the tooth; necessary services to correct vertical dimension or occlusion, or to remove exostosis (torus mandibularis, maxillary tori, etc.)
22. Expenses for materials related to orthognathic surgery (mandibular or maxillary osteotomy - Le Fort).
23. Expenses for allergy immunotherapy.
24. Services rendered for an induced abortion.
25. Surgical assistance services, regardless of whether they are medically justified.
26. Expenses in excess of the first 30 days for newborns of the primary policyholder's direct dependents after delivery, except if they meet the definition of direct dependent as established in this policy.
27. Services provided in Outpatient Surgery Centers for procedures that can be performed at the doctor's office.
28. Hospitalizations due to services or procedures that may be conducted in an outpatient setting.
29. Expenses related to the management of the employer's drug screening program, such as coordination, sampling, administration of screening tests (even if provided by a participating provider), and coordination of employee services to be provided by the employer or the entity responsible for managing the program, among others. We also exclude expenses for care, supplies, treatment and/or services that the member obtains from the employer at no cost, and the services provided by the employer's Employee Assistance Program as part of the employer's drug screening program. We will cover mental health and substance abuse services after the member completes the employer's Drug Screening Program, regardless of whether the condition was detected through this program.
30. Expenses caused by war, civil insurrection, or international armed conflict; except in cases where the services received are related to an injury suffered while the member was active in the army (*service-connected*), in which case Triple-S Salud will be reimbursed by the Veterans Administration.
31. Laboratory tests that are not coded in the Laboratory Manual, as well as those considered experimental or investigative, shall not be recognized for payment by Triple-S Salud.
32. Immunizations for travel purposes or against occupational hazards and risks.

33. Expenses for services rendered by water ambulance. Additionally, expenses for air ambulance services, except when the transportation is within Puerto Rico.
34. Services provided by residential treatment facilities outside Puerto Rico, with no medical justification or precertification for the treatment.
35. We will not cover surgeries to remove excess skin after a bariatric surgery or gastric bypass, except if the physician certifies it as necessary because the excess skin affects the functionality of a body part. Requires precertification.
36. Expenses related to organ and tissue transplants, except for cornea, skin and bone grafts, as well as hospitalizations, complications, chemotherapies, and immunosuppressant medications related to the transplant.
37. Expenses for ptosis repair and injections in tendons/trigger points.
38. Expenses for heavy metals laboratory tests, *doping*, *HLA Typing*, and paternity tests.
39. Expenses for orthopedic or orthotics devices, prostheses, or implants (except for prosthesis after mastectomy), and other artificial devices. We cover any hospital and medical/surgical services necessary for their implementation.
40. Expenses for Dental Services. Hospital and medical-surgical services, and their associated complications, are excluded. Only the preventive services required by law are covered.
41. Preventive services rendered by providers outside Puerto Rico.
42. Growth hormones and all related treatments.
43. New diagnostic or therapeutic services or procedures approved by the FDA, and equipment and devices that become available after the effective date of this policy.
44. Complications related to body piercings or tattoos and any other related procedures.
45. Occupational and speech/language therapy, except those offered under post-hospital services, mechanical ventilators, and autism (BIDA Act).
46. Any other service or treatment not explicitly described as a covered benefit, except for services and benefits required by law to be offered in the health care coverage.
47. Telemedicine services offered by specialists, except for internists, family physicians, and pediatricians.
48. Charges for drugs or medications provided during medical appointments not covered under this policy.
49. Any service related to anti-aging or aesthetic treatment.
50. Genetic tests performed in order to provide genetic counseling (offspring or family planning)
51. Gene therapy: Any FDA-approved treatment, medication, or device whose purpose or condition for which it has been approved involves the alteration of the body's genes, genetic editing, or gene expression.

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW YOUR HEALTH INFORMATION MAY BE USED AND DISCLOSED, AND HOW YOU CAN OBTAIN ACCESS TO IT.

PLEASE REVIEW THIS NOTICE CAREFULLY. THE PROTECTION OF YOUR INFORMATION IS IMPORTANT TO US.

OUR LEGAL RESPONSIBILITY

Triple-S Salud, Inc. It is required by law that we maintain the confidentiality, privacy, and security of your health information. We are also required by law to inform you about our privacy practices and your rights regarding your health information. We will follow the privacy practices described in this notice while it is in force.

This notice includes examples of the information we collect, and it describes your rights and the types of uses and disclosures we may make.

This notice includes illustrative examples, which should not be considered a complete outline of our information management practices.

Triple-S Salud is required to abide by the terms in this Notice. However, we reserve the right to change our privacy practices and the terms of this notice. Before we make any significant changes to our privacy practices, we will amend this notice and send it to all our active enrollees by the date the change becomes effective.

SUMMARY OF PRIVACY PRACTICES

Our commitment is to limit the information we collect to what is strictly necessary to manage your insurance coverage or benefits. As part of our administrative functions, we collect personal information from different sources, such as:

- Information you provide in applications and other documents to obtain a product or service
- Information originating from transactions performed with us or our affiliates
- Information provided by credit agencies
- Information from health care providers
- Government health programs

Protected Health Information (PHI) is information that identifies you (name, last name, social security number), including demographic information (such as address or zip code) obtained from you through an application or any other document in order to provide a service, created or received by health care providers, health plans, mediators processing your health care bills, business associates, and that is related to: (1) your past, present, or future mental or physical health or condition; (2) health care services provided to you; (3) past, present, or future payments in exchange for health care services. For the purposes of this Notice, this information shall be referred to as PHI. This Notice has been created and amended in tune with the HIPAA Act Privacy Rule. Any term not defined in this Notice has the same meaning as the term as it appears in the HIPAA Act Privacy Rule. We also have policies and procedures to handle your PHI, which you may examine upon request.

We do not use or disclose genetic information in order to assess or underwrite risks.

LAWS AND REGULATIONS

HIPAA: The Health Insurance Portability and Accountability Act of 1996 established guidelines for the use, storage, transmission, and disclosure of members' protected health information in order to standardize communications and protect the privacy and safety of their personal, financial, and health information.

HITECH: Refers to the act called "Health Information Technology for Economic and Clinical Health" (HITECH). This law promotes the adoption and significant use of health information technology. It also regulates the privacy and safety in electronic transmissions of health information, partly through several provisions that reinforce the civil and criminal enforcement of HIPAA Guidelines.

Rule of Privacy and Security: These are the standards for the privacy of an individual's identifiable information, as well as the security guidelines for the electronic management of protected information, which are governed by 45 C.F.R. parts 160 and 164.

USE AND DISCLOSURE OF HEALTH INFORMATION

Triple-S Salud shall not disclose or use your information for any purpose other than what is stated in this Notice, unless you provide your written authorization. You have the right to revoke the authorization in writing at any time, but its revocation will not affect the uses or disclosures allowed by your authorization while it was valid. Triple-S Salud shall not disclose information for fundraising purposes.

Triple-S Salud may use and disclose PHI for:

Disclosures to you: We are required to disclose most of your PHI to you. This includes, but is not limited to, all information related to your claims history and plan utilization. For example: You have the right to request your history of claims, medications, and any other information related to your protected health information.

As part of our insurance or benefit management functions, we may use and disclose information, without your authorization, for activities related to your medical treatment, medical service payments, and health care operations. For example:

Treatment: We may disclose information to a health care provider so they may provide your treatment, and render, coordinate, or oversee your health care services, as well as other related services. For example, the plan may disclose health information to your provider to help coordinate treatments.

Payment: We may disclose information to pay for health services provided to you, to determine their eligibility under your policy, to coordinate benefits, to collect premium payments, and other related activities. For example, the plan may use or disclose information to pay claims for health care services received by you, or to provide eligibility information to your health care provider whenever you receive treatment.

Health care operations: We may disclose information for legal and auditing services, including fraud and abuse detection and compliance, administrative and business management activities, patient safety activities, credentialing, disease management, and training for medical or pharmacy students. For example: The plan may use or disclose your health information to contact you and remind you of meetings, appointments, or treatment information.

We may use or disclose your health information to other entities related to you, subject to federal or local laws on confidentiality.

Affiliated Covered Entities: As part of our role as insurance or benefit administrator, we may use and disclose PHI to Triple-S Advantage, Inc.

Business Partners: Triple-S Salud may share information with our business partners, who provide services on behalf of Triple-S Salud and are involved in the administration of your insurance or the coordination of your benefits.

Your employer or organization sponsoring your group health plan: We may disclose your health information to your employer or the organization sponsoring your group health plan, in order to help manage the plan and any enrollments and cancellations in the plan. We may also disclose a summary of your health information. This summary includes your claim history, claim or coverage expenses, or types of claims involving plan participants.

For research: We may use or disclose your PHI to researchers, if an institutional review board or ethics committee has reviewed the research proposal and established protocols to guarantee your information's privacy, and has approved the research as part of a limited data set that does not include individual identifiers.

As required by Law: We may use or disclose PHI as required by Federal, State, or Local Law. In this Notice, the term "as required by law" is defined as provided by the HIPAA Act Privacy Rule. Your authorization, or the opportunity to approve or object, will not be required for these purposes. The information shall be disclosed in compliance with the safeguards established and required by law.

Legal proceedings: We may use or disclose your PHI during any court or administrative proceeding: in response to a court or administrative order (inasmuch as such disclosure is explicitly authorized), or in response to a summons, a request for discovery of evidence, or any other process authorized by Law.

Forensic pathologists, funeral directors, and organ donor cases: We may use or disclose your PHI to Forensic Pathologists in order to help identify deceased people, determine cause of death, or carry out other duties as authorized by law. We may also disclose information to funeral directors so they may carry out their duties regarding the deceased, and to organizations that manage the acquisition, storage, or transplant of organs, eyes, or tissue.

Workers compensation: We may disclose your PHI to comply with worker compensation laws and other similar programs established by law, that provide benefits for work-related injuries or diseases, regardless of fault.

Assistance in case of disasters or emergencies, government benefit programs: We may disclose your PHI to public or private entities, as authorized by law or the statutes involved in the efforts to provide aid in case of a disaster. This way, your family may be notified about your health condition and location in case of a disaster or any other emergency.

Monitoring activities by regulatory agencies: We may disclose health information to regulatory agencies, such as the Department of Health and Human Services (DHHS), for auditing purposes, to monitor compliance with the regulations, licensing, and investigations or inspections. These disclosures may be necessary for certain state and federal agencies to monitor the health care system, governmental programs, and compliance with civil rights laws.

Public health and safety: We may use or disclose your health information as permitted or required by law for the following purposes (your authorization or opportunity to approve or object will not be required for these purposes):

- Public health activities, including the statistic reports on diseases and vital information and specialized government functions, among others;
- Monitoring regulatory agencies and preventing fraud;
- Reporting domestic violence, abuse, or negligence against children or adults;
- Carrying out regulatory agency activities;
- Responding to judicial or administrative orders;
- Providing information to law enforcement or national security officers;

- Preventing an imminent threat to public health or safety;
- Storing or transplanting organs, eyes, or tissue;
- For statistic investigations;
- For purposes related to descendants;
- As required or permitted by the applicable laws.

Military and national security activities, protection services: We may disclose your PHI to military command authorities if you are a member or veteran of the armed forces. We may also disclose it to authorized officials who carry out activities related to national security, intelligence, counterintelligence, and other activities to protect the president and other authorities or heads of state.

Services related to your health: We may use your health information to offer you information about benefits and services related to your health, or treatment alternatives that could be of interest. We will use your information to call or write to you to remind you of your medical appointments or the preventive tests you need, according to your age or health condition.

With your authorization: You may authorize us, in writing, to use or disclose your information to other people for any purpose. Your authorization is required for activities such as the marketing of non-health-related products or the sale of health information. In these cases, the insurance policies and their benefits will not be affected if you deny authorization.

The authorization must be signed and dated by you, and it should state the person or entity authorized to receive the information, a brief description of the information to be disclosed, and the expiration date of the authorization, which shall not exceed 2 years from the date it was signed. Unless the authorization was signed for one of the following purposes:

- To support a benefit request under a life insurance policy, or to reinstate or change its benefits, in which case the authorization will be valid for thirty (30) months or until the request is denied, whichever occurs first; or
- To support or facilitate the communication of ongoing treatments for chronic illnesses or diseases, or for injury rehabilitation.

The information disclosed according to your authorization could be disclosed by the receiver and not be protected by the applicable privacy laws. You have the right to revoke the authorization in writing at any time, but its revocation will not affect the uses or disclosures allowed by your authorization while it was valid. We will keep record of the authorizations or revocations granted by you.

To your family and friends: Unless you request a restriction, we may disclose limited information about you to your family or friends who are involved in your medical care or are responsible for paying medical services.

Prior to disclosing your health information to anyone regarding your health care or payment for health services, we will give you the opportunity to object such disclosure. If you are not present or are incapacitated or in an emergency, we will use our professional judgment in disclosing information in a manner we understand will be in your best interest.

Termination of service relationship: We do not share the information of those people who no longer maintain accounts, policies, or services with us, except as permitted by law.

YOU HAVE THE FOLLOWING RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION

Access: You have the right to examine and obtain a copy of your personal, financial, insurance, or health information regarding an enrollment or claim, within the limits and exceptions provided by law. To do this, you must submit your request in writing to us. After receiving your request, we will have thirty (30) days to do any of the following:

- Request additional time
- Provide the information requested, or allow you to examine the information during working hours
- Inform you that we do not have the information requested, in which case we will tell you where to go, if we have such information
- Deny the request, partially or completely, because the information comes from a confidential source or was compiled in preparation for litigation or investigation by law enforcement officers, anti-fraud units, quality assurance programs, or whose disclosure is prohibited by law. Notify you in writing about the reasons for the denial. We will not be required to notify you in cases where it is part of a legally and duly appointed investigation, or in preparation for a judicial process.

The first report you request will be free of charge. We reserve the right to charge for subsequent copies.

Disclosure report: You have the right to receive a list of the instances where we or our business partners have disclosed your health information due to matters not related to medical treatments, health service payments, health care operations, or as per your authorization. The report shall state the date the disclosure was made, the name of the person or entity to whom your information was disclosed, a description of the information disclosed, and the reason for disclosure. If you request this report more than once within twelve (12) months, we could charge you for the costs to process any additional requests. The report only covers the last six (6) years.

Restrictions: You have the right to ask us to implement additional restrictions in the way we manage your health information. We do not have to agree with your request, but if we accept it, we shall abide by it (except in case of emergency). Your request and our agreement to implement additional restrictions in the management of your health information must be made in writing.

Confidential communications: You have the right to request that our communications to you regarding your health information be made through alternative methods or addressed to alternative addresses. You must submit a written request. We may accept your request if it is reasonable and specifies the alternate forms or addresses for communication.

Amendment: You have the right to ask us to amend your health information. Your request must be made in writing and contain an explanation or evidence to justify the amendment. We will answer your request within sixty (60) days. If we need additional time, we will send a written notice before the original term expires.

We may reject your request if we do not generate the information you wish to amend and whoever generates it is available to receive your request, or for other reasons. If we deny your request, we will provide a written explanation. You may request to include a statement from you expressing your disagreement with the determination made by us. If we accept your request, we will make reasonable efforts to inform others, including business partners, and will include such amendment in any future disclosures for such information.

Notice in case of a breach of privacy and security where your information is at risk: We shall promptly notify you if an incident occurs that would compromise the privacy, security, and confidentiality of your protected health information.

Notice by electronic means: If you received this notice through our website www.ssspr.com or by e-mail, you are entitled to receive a printed copy of it.

QUESTIONS AND COMPLAINTS

If you have questions, concerns, or wish to obtain more information about our privacy practices, please contact us. All forms to exercise your rights are available at www.ssspr.com.

If you understand we or any of our business partners have infringed on your privacy rights, or you disagree with any of our decisions regarding access to your health information, you may submit your complaint to the following address:

Contact office: Compliance Department
Attention to: Privacy Officer
Phone number: 1-888-620-1919
Fax: (787) 993-3260
E-mail: hipaacompliance@sssadvantage.com
Address: P. O. Box 11320 San Juan, PR 00922

You may also submit a written complaint to the Office for Civil Rights (OCR) of the Department of Health and Human Services (DHHS) to the following address:

U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Room 509F HHH Bldg.
Washington, D.C. 20201
Email to OCRComplaint@hhs.gov
Customer Response Center: (800) 368-1019 Fax: (202) 619-3818 TDD: (800) 537-7697

We support your right to the privacy of your health information. We will not take any kind of retaliation if you decide to file a complaint with us or with the OCR.

If you would like to receive an English version of this notice, please contact us at the address above or visit our website at <https://salud.grupotriples.com/en/privacy-policy/>.

NOTICE OF NON-DISCRIMINATION AND ACCESS: INFORMING INDIVIDUALS ABOUT THE REQUIREMENTS FOR NON-DISCRIMINATION AND ACCESS, AND STATEMENT OF NON-DISCRIMINATION: DISCRIMINATION IS AGAINST THE LAW.

Triple-S Salud, Inc. We comply with the applicable federal civil rights laws and do not discriminate on the basis of race, color, nationality, age, sex, or disability.

Triple-S Salud, Inc.

- Offers free assistance and services to persons with disabilities so they may communicate effectively with us, such as:
 - Certified sign language interpreters,
 - Information written in other formats (large letters, audio, and accessible electronic formats, among others).
- We offer free linguistic services to people whose first language is not English, such as:
 - Qualified interpreters,
 - Information written in other languages.

If need to receive these services, please contact a Customer Representative.

If you consider that Triple-S Salud, Inc. has not provided you with these services or has otherwise discriminated on the basis of race, nationality, color, age, sex, or disability, please contact:

Service Representative

PO Box 363628, San Juan, PR 00936-3628
Phone: (787) 749-6060 or 1-800-981-3241
TTY: (787) 792-1370 or 1-866-215-1999
Fax: (787) 706-2833
Email: TSACompliance@sssadvantage.com

You may also submit your grievance by mail, fax, email, or in person. If you need help to submit your grievance, one of our Customer Representatives will be available to help.

You may also submit a grievance for infringement of civil rights before the Office of Civil Rights of the Department of Health and Human Services of the United States electronically, at their website: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, by mail, or by calling:

200 Independence Ave, SW Room 509F, HHH Bldg. Washington, D.C. 20201
Phone: 1-800-368-1019, TDD: 1-800-537-7697

Call the customer service number on your ID card for assistance.

請撥打您 ID 卡上的客服號碼以尋求中文協助。

Gọi số dịch vụ khách hàng trên thẻ ID của quý vị để được hỗ trợ bằng Tiếng Việt.

한국어로 도움을 받고 싶으시면 ID 카드에 있는 고객 서비스 전화번호로 문의해 주십시오.

Para sa tulong sa Tagalog, tumawag sa numero ng serbisyo sa customer na nasa inyong ID card.

Обратитесь по номеру телефона обслуживания клиентов, указанному на Вашей идентификационной карточке, для помощи на русском языке.

العربية باللغة المساعدة على للحصول هويتك بطاقة على الموجود العملاء خدمة برقم اتصل

Rele nimewo sèvis kliyantèl ki nan kat ID ou pou jwenn èd nan Kreyòl Ayisyen.

Pour une assistance en français du Canada, composez le numéro de téléphone du service à la clientèle figurant sur votre carte d'identification.

Ligue para o número de telefone de atendimento ao cliente exibido no seu cartão de identificação para

obter ajuda em português.

Aby uzyskać pomoc w języku polskim, należy zadzwonić do działu obsługi klienta pod numer podany na identyfikatorze.

日本語でのサポートは、IDカードに記載のカスタマーサービス番号までお電話でお問い合わせください。

Per assistenza in italiano chiamate il numero del servizio clienti riportato nella vostra scheda identificativa.

Rufen Sie den Kundendienst unter der Nummer auf Ihrer ID-Karte an, um Hilfestellung in deutscher Sprache zu erhalten.

برای دریافت راهنمایی به زبان فارسی ، با شماره خدمات مشتری که بر روی کارت شناسایی شما درج شده است تماس بگیرید.

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TSS-COMP-0777-2018-A

TABLE OF COPAYMENTS AND COINSURANCE

	Copayments / Coinsurance
Outpatient Medical-Surgical and Diagnostic Services	
Benefit Description	
Diagnostic and Treatment Services	
Visits to the general practitioner's office	\$10.00
Visits to specialists	\$20.00
Visits to subspecialists	\$20.00
Visits to audiologists	\$10.00
Visits to optometrists	\$10.00
Visits to podiatrists, including routine care	\$10.00
Teleconsulta MD® (virtual consultation)	\$10.00
Preventive services covered by local or federal law, including annual preventive visits, bone densitometry, mammograms, digital mammograms, and sonomammograms. You may access these services through participating Preventive Centers or the participating providers included in the Directory.	\$0.00
Medical services provided in the member's home by physicians who provide this service	\$15.00
Intra-articular injections	\$0.00
Emergency room / Urgent care:	
• Illness	\$65.00
• Accident	\$0.00
• Teleconsulta	\$25.00
Urgent Care:	
• Illness	\$35.00
• Accident	\$0.00
Cervical cryosurgery	
Vasectomy	\$0.00
Laboratories	25%
X-Rays	25%
Diagnostic tests and other specialized tests	25%
Color doppler flow	25%
Blood Pressure Monitoring	25%
Pelvic exams and all types of Pap smear that may be required to detect, diagnose, and treat early stages of abnormalities that could lead to cervical cancer	\$0.00
Surgeries provided on an outpatient basis	\$0.00
<i>Biophysical profile (BPP)</i>	50%
<i>Well-Baby Care</i> preventive visits	\$0.00
Allergy tests	\$0.00
Chemotherapy in its various methods of administration (injectable, oral, intravenous, or intrathecal), radiotherapy, and cobalt	10%
Dialysis and hemodialysis	\$0.00
Respiratory Therapy (administered in the physician's office)	\$5.00

	Copayments / Coinsurance
<p>Durable Medical Equipment</p> <ul style="list-style-type: none"> • Rent or purchase of oxygen and necessary equipment for its administration. • Rent or purchase, according to the criteria established by Triple-S Salud, of wheel chair or hospital type bed. • Rent or purchase, according to the criteria established by Triple-S Salud, respirators, ventilators, and other equipment needed in case of respiratory paralysis. • FDA approved glucometers, up to one per policy year. If the endocrinologist orders a specific glucometer, due to the insured person's treatment, the endocrinologist will submit a justification. In this case, the brand of the glucometer ordered by the endocrinologist will be covered with its attachments in those patients who present a clinical picture of predisposition or a greater number of risk factors for developing the condition of Diabetes Mellitus Type I. 	25%
<p>The following services are covered for policyholders diagnosed with Type 1 Diabetes Mellitus, as required by Law No. 19 of January 12, 2020, to amend Title and Articles 1, 2 and 4 of Law No. 177 of 2016:</p> <ul style="list-style-type: none"> • Lancets, up to 150 for 30 days • Test Strips, up to 150 for 30 days • Insulin infusion pump and supplies ordered by the endocrinologist for insured persons diagnosed with Type 1 Diabetes Mellitus. The endocrinologist will determine the brand of the insulin infusion pump based on age, level of physical activity and knowledge of the condition of the insured person or caregiver. Requires precertification. 	20% coinsurance; nothing for the supplies for the insulin infusion pump
Mechanical ventilator, supplies, and therapies (respiratory, physical, and occupational)	\$0.00
Post-hospitalization services through a home health care agency	25%
Hospice	\$0.00
Nutrition services	\$0.00
Visits to the chiropractor	\$7.00
Chiropractic manipulations	\$7.00
Physical Therapy (rehabilitative and habilitative)	\$7.00
Visual care	
• Ophthalmology diagnostics tests	25%
• Refraction test	25%
Alternative therapies (Triple-S Natural)	\$15.00

	Copayments / Coinsurance
Medical screenings and screening tests to detect the condition of autism, as part of preventive services	\$0.00
Other Services to Treat Disorders within the Autism Continuum: <ul style="list-style-type: none"> a) Neurological exams b) Immunology c) Genetic tests d) Laboratory tests for autism e) Gastroenterology services f) Nutrition services g) Physical therapy h) Physical, occupational, and speech/language therapy i) Visits to psychiatrists or social workers (by reimbursement) j) Visits to psychologists <p>In compliance with the Act for the Hyperbaric Oxygenation Treatment of Individuals with Autism Spectrum Disorders, we cover therapeutic hyperbaric oxygenation treatments for individuals with autism if it is recommended by a medical practitioner and the treatment is allowed by federal law and regulations; and for other related purposes.</p>	<ul style="list-style-type: none"> a) 25% coinsurance b) 25% coinsurance c) 25% coinsurance d) 25% coinsurance e) 25% coinsurance f) \$0.00 copayment g) \$7.00 copayment h) \$7.00 copayment i) \$20.00 copayment j) \$20.00 copayment
Preventive vaccines	\$0.00
Palivizumab (Synagis)	20%
MEDICAL-SURGICAL SERVICES DURING HOSPITALIZATION PERIODS	
Medical-Surgical Services	
<ul style="list-style-type: none"> • Surgeries, including orthognathic surgery • Corneal transplants; skin and bone grafts • Post-mastectomy reconstructive surgery • Bariatric operations 	\$0.00
<ul style="list-style-type: none"> • Diagnostic services • Treatments • Anesthesia administration • Consultation with specialists • Gastrointestinal endoscopies • Audiological evaluations, including the Neonatal Hearing Screening Test 	\$0.00
Chemotherapy in all its methods of administration (injectable, oral, intravenous, or intrathecal), and radiotherapy	0%
Invasive cardiovascular tests	Covered at 100% after of admission copayment.
Lithotripsy (ESWL)	Covered at 100% after of admission copayment.
AMBULANCE SERVICES AND SERVICES PROVIDED BY HOSPITALS AND OTHER FACILITIES	
Hospitalizations	
Semi-private or isolation room for maternity and regular hospitalizations	\$125.00

	Copayments / Coinsurance
<ul style="list-style-type: none"> • Meals and special diets • Use of telemetry service • Use of recovery room • Use of <i>Step-Down Unit</i> (intermediate care unit for infants) • Use of Intensive Care, Coronary Care, Pediatric Intensive Care, and Neonatal Intensive Care Units • General nursing service • Administration of anesthesia by non-medical personnel • Clinical laboratory services • Medications, biological products, healing supplies, hyperalimentation products, and anesthesia supplies • Production of electrocardiograms • Production of radiological studies • Physical therapy services (habilitation and rehabilitation) • Use of services provided by physicians in training, interns, and hospital residents authorized to provide medical services to patients • Respiratory therapy services • Use of emergency room if the member is admitted to the hospital • Use of other facilities, services, equipment, and supplies • Blood for transfusions 	\$0.00
Dialysis and hemodialysis	\$0.00
Chemotherapy in all its methods of administration (injectable, oral, intravenous, or intrathecal), and radiotherapy	\$0.00
Lithotripsy (ESWL)	Covered at 100% after of admission copayment.
Outpatient Surgery Center	\$125.00
Post-hospitalization services through a Skilled Nursing Facility	\$0.00
Ambulance	
Air ambulance service in Puerto Rico	\$0.00
Ground ambulance service	\$0 in emergency cases In non-emergency cases, members pay the total cost and Triple-S Salud will reimburse up to a maximum of \$80.00 per case.
MENTAL HEALTH AND SUBSTANCE ABUSE	
General Mental Health Conditions	
Hospitalizations for mental conditions Regular hospitalizations	\$125.00
Partial hospitalizations	\$50.00
Electroconvulsive therapies for mental health conditions	\$0.00
Outpatient Services	
Visits to the psychiatrist office	\$20.00

	Copayments / Coinsurance
Visits to the psychologist office	\$20.00
Visits for immediate family (collaterals)	\$20.00
Group therapy visits	\$5.00
Other Psychological Evaluations	
Psychological evaluation	\$10.00
Psychological tests	\$10.00
Substance Abuse (Drug Addiction and Alcoholism)	
Regular hospitalizations, including detoxification services	\$125.00
Partial hospitalizations	\$50.00
Visits to the psychiatrist office	\$20.00
Visits to the psychologist office	\$20.00
Visits for immediate family (collaterals)	\$20.00
Group therapy visits	\$5.00
Residential treatment	\$0.00

TRIPLE-S SALUD, INC.
1441 Ave. Roosevelt, San Juan, Puerto Rico
Independent licensee of *Blue Cross Blue Shield Association*

Endorsement for Eyeglasses / Contact Lenses

Group Name: Leidos Inc.

Group Number: SP0007021

Effective Date: January 1, 2021

This endorsement is part of the policy to which it is attached, and it is issued in consideration of the additional corresponding premium payment in advance. It will be subject to the same terms and conditions as the policy, insofar as they are not in conflict with the terms and conditions in this endorsement.

Benefit:

Eyeglasses or contact lenses, up to \$100.00 per member, every 1 policy year(s), through reimbursement or assignment of benefits.

We invite you to carefully read this document and keep a copy with you for future reference.

We hope you will continue being part of our family, where we care for what is most important for you and your loved ones: your health.

Signed on behalf of Triple-S Salud, by its President.


Madeline Hernandez Urquiza, CPA
President

TRIPLE-S SALUD, INC.
(hereinafter referred to as Triple-S Salud)
1441 Ave. Roosevelt, San Juan, Puerto Rico
Independent licensee of *Blue Cross Blue Shield Association*

Endorsement for Major Medical Expenses

Group Name: Leidos Inc.

Group Number: SP0007021

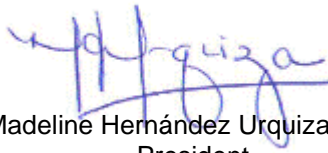
Effective Date: January 1, 2021

This endorsement is part of the PG TS Optimo Plus 17 Policy to which it is attached, and it is issued in consideration of the additional corresponding premium payment in advance. It is subject to the policy terms and conditions, insofar as these are not in conflict with the benefits and conditions in this endorsement.

We invite you to carefully read this document and keep a copy with you for future reference.

We hope you will continue being part of our family, where we care for what is most important for you and your loved ones: your health.

Signed on behalf of Triple-S Salud by its President.



Madeline Hernández Urquiza, CPA
President

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DEFINITIONS

For the purposes of this endorsement, the following terms shall be defined as stated below:

1. **COINSURANCE:** The percentage of the fee the member has to pay, when receiving covered services, to participating providers or physicians, or to any other providers, as a contribution to the cost of the services received, as established in this endorsement and as notified to the participating physician or provider. This amount is not refundable by Triple-S Salud.
2. **DURABLE MEDICAL EQUIPMENT:** Equipment whose main purpose is of a medical nature and whose medical necessity must be certified. This equipment includes, but is not limited to, hospital-type beds, wheelchairs, oxygen equipment, and walkers, among others.
3. **HOME HEALTH CARE AGENCY:** An agency or organization that offers a home health care program and:
 - a. Is approved as a Home Health Care Agency under *Medicare*, or
 - b. Is established and operates in accordance with the applicable laws in the jurisdiction where it is located, and, if a license is required, has been approved by the regulatory authority that is legally responsible for granting such a license, or
 - c. Meets all of the following requirements:
 - 1) It is an agency that is introduced to the public with the primary objective of providing a system that offers medical assistance and support services at home.
 - 2) It has a full-time administrator.
 - 3) It keeps written records of the services provided to patients.
 - 4) Its staff includes at least one registered nurse practitioner (*RN*).
 - 5) Its employees are bonded, and it provides professional misconduct and malpractice liability insurance.
4. **HOST BLUE:** *Blue Cross* or *Blue Shield* Plan in the area where the service is received under the *Blue Card program*. *Host Blues* establish a negotiated price, which is stated in the conditions of every contract with the *Host Blue*. The negotiated price the *Host Blue* provides Triple-S Salud may be:
 - d. The real price. The real price is the payment rate in effect at the time the claim is processed, with no other increases or reductions; or
 - e. Estimated fee or approximate price. The approximate price is a negotiated payment rate, effective the moment a claim is processed, reduced or increased by a percentage to take into account certain payments negotiated with the provider and other transactions that are related and unrelated to the claims. Such transactions may include, but are not limited to, recovery from fraud and abuse, provider reimbursements not applied to a specific claim, retrospective arrangements, and payments related to performance or incentives; or
 - f. Average fee or average price. The average price is a percentage of the charges billed for covered services valid at the time a claim is processed, representing the total payments negotiated by the *Host Blue* with all their health care providers, or a similar classification with

their providers, and other transactions that are related and unrelated to the claims. Such transactions may include the same as those previously stated for a similar price.

5. **IMPLANT:** Object, material, or device that is placed within the body to preserve the configuration or provide stability or a temporary or permanent stimulus to a part of the body. These are covered as established in this endorsement.
6. **MEDICAL BENEFITS SCALE:** A scale that serves as a base to pay the covered services received by the member if such services cannot be paid as a usual, reasonable, and customary charge. The Health Benefit Scale is applicable in Puerto Rico.
7. **MEDICAL MATERIALS OR SUPPLIES:** Those that, based on their diagnostic or therapeutic nature, are essential for the effectiveness of the health care plan prescribed by the physician to treat or diagnose a patient's illness or injury.
8. **ORTHOPEDIC DEVICES:** Devices used after a surgical or mechanical correction of general deviations, malformations, or fractures.
9. **ORTHOTIC DEVICES:** External attachments that restrict, impede, or redirect the movement of a weak or diseased body part, such as clamps, *corsets*, splints, casts for ligament injuries, etc.
10. **PROSTHESIS:** Artificial replacement for a dysfunctional body part, manufactured and adapted to the individual measurements and needs of the recipient in order to provide functionality and/or mobility. It may substitute a non-functioning or absent body part. These are covered as established in this endorsement.
11. **SERVICE AREA:** The area within which it is expected that the member will receive most medical-hospital services. In this endorsement, service area means Puerto Rico, because the benefits provided in this endorsement are available only to those who permanently reside in Puerto Rico.
12. **SKILLED NURSING FACILITY:**
 - a. It is a Skilled Nursing Facility, as defined by *Medicare*, that is qualified to participate and is eligible to receive payments under and in accordance with *Medicare* provisions; or
 - b. It is an institution that meets the following conditions:
 - 1) It is directed in accordance with the applicable laws of the jurisdiction where it is located.
 - 2) It is supervised by a licensed physician or a registered nurse practitioner (RN) who is dedicated full-time to such supervision.
 - 3) It regularly provides rooms, meals, and continuous skilled nursing services, 24 hours, a day to sick and injured people, at the patient's expense, during the convalescence phase of an injury or illness.
 - 4) Keeps medical records for every patient under the assistance of a duly qualified physician.
 - 5) It is authorized to administer medications and treatment to patients as per the instructions of a duly qualified physician.
 - 6) It is not, other than incidentally, a site for the elderly, blind, or deaf, a hotel, a house for home care, a maternity home, or an institution for alcoholics, drug addicts, or the mentally ill.
 - 7) It is not a hospital.
13. **SURGICAL ASSISTANCE:** When a licensed physician actively assists a primary surgeon in the performance of a covered surgical procedure, which, due to its complexity, requires such assistance.

BLUECARD® PROGRAM AND OUT-OF-AREA SERVICES

Triple-S Salud has various relationships with other Blue Cross or Blue Shield licensees. These relationships are usually called “*Inter-Plan Arrangements*.” These *Inter-Plan Arrangements* work based on the regulations and procedures issued by the Blue Cross Blue Shield Association (“*Association*”). If you access health care services outside Triple-S Salud's service area, the claim for these services may be processed through one of these *Inter-Plan Arrangements*. *Inter-Plan Arrangements* are described in general terms below.

Whenever you receive medical care outside Triple-S Salud's service area, you will get it from two provider types. Most participating providers are contracted by the Blue Cross or Blue Shield licensee in that other geographical area (“*Host Blue*”). Some providers (“non-participating providers”) are not contracted by *Host Blue*. We will explain below how Triple-S Salud pays both provider types.

Types of claim

All claim types fulfill the requirements to be processed through *Inter-Plan Arrangements*, as described above, except for any dental care, prescription drugs, or vision care benefits that may be managed by Triple-S Salud to provide services.

D. BlueCard® Program

Under the BlueCard® Program, if you receive covered services in a *Host Blue* service area, Triple-S Salud will continue being responsible for fulfilling our part in the contract. However, the *Host Blue* is responsible for hiring and coordinating all your interactions with their participating health care providers.

If you obtain covered services outside our service area and the claim is processed through the BlueCard Program, the amount you pay for the covered services is calculated based on the lowest cost between:

- Covered charges that have been billed for covered services, or
- the negotiated price between Triple-S Salud and the HostBlue.

This "negotiated price" will often consist of a simple discount that states the real price paid by the Host Blue to your health care provider. Sometimes, it is an estimated price that takes into account the special arrangements made with your specific provider or provider group, which may include arrangements, incentives, and other credits or charges. It may occasionally be an average price based on a discount that yields average anticipated savings for healthcare providers, compared to the same type of transactions occurring at an estimated price.

The estimated price and the average price also take into account previously noted adjustments to correct overstated or understated changes to old prices to correct the prices of past claims. However, said adjustments will not affect the price we have used for your claims, as these will not be applied retroactively to claims that have been paid.

Host Blues decide if they will use a real price, an estimate, or an average. *Host Blues* using either estimates or average prices may prospectively increase or reduce such prices to correct previously understated or overstated prices (in other words, prospective adjustments may mean that the current price reflects an additional amount or credit for paid claims or those that providers are to pay or receive). However, the *BlueCard* Program requires that the sum paid by the member be the final price. No future price adjustment will result in increases or reductions in the price determined for prior claims. Triple-S Salud takes into account the method *Host Blues* use for claim payments in order to determine their premiums.

E. Federal and State Taxes/Late Fees/Charges

In some cases, federal or state laws or regulations could levy a late fee, tax, or any other applicable charge to member accounts. If applicable, Triple-S Salud will include any of these late fees, taxes, or charges to determine the premium.

F. Non-Participating Providers Outside Triple-S Salud's Service Area

If covered services are rendered outside Triple-S Salud's service area by non-participating providers, the amount you pay for such services will usually be based on either the local rate payable to providers not participating as *Host Blues* or the payment agreements required by the applicable state law. In any of these cases, the member may be responsible for paying the difference between the amount billed by the non-participating provider and the payment made by Triple-S Salud for the covered services, as set out in this paragraph. Payments for emergency services outside the network are regulated by the applicable federal and state laws.

G. Blue Cross Blue Shield Global Core® Program

General Information

If you are outside the United States, the Commonwealth of Puerto Rico, and the United States Virgin Islands ("BlueCard Service Area"), you may benefit from the *Blue Cross Blue Shield Global Core program* to access covered services. The *Blue Cross Blue Shield Global Core Program* is somewhat different from the BlueCard Program available in the *BlueCard* service area. For example, though the *Blue Cross Blue Shield Global Core Program* gives members access to a professional provider network for outpatient and inpatient services, the program is not in a *Host Blue* service area. Therefore, when members receive care from providers outside the BlueCard service area, you will typically have to pay the providers and submit a claim to receive a reimbursement for those services.

If you need medical assistance services (including locating a physician or hospital) outside the *BlueCard* service area, please call the *Blue Cross Blue Shield Global Core Service Center* at 1-800-810-BLUE (2583) or place a collect call to 1-804-673-1177, available 24 hours a day, seven days a week. A care coordinator, working jointly with a medical professional, can schedule a physician appointment or hospitalization, as needed.

Inpatient Services

In most cases, if you call the *Blue Cross Blue Shield Global Core Service Center* for help, hospitals will not require you to pay for the covered inpatient services, except for the copayment / deductible / coinsurance. In such cases, the hospital will submit its claims to the *Blue Cross Blue Shield Global Core Service Center* to initiate the claims process. However, if you make a full payment upon receiving the service, you need to submit a claim to receive a reimbursement for the covered services. **You must contact Triple-S Salud to obtain a precertification for inpatient services that are not emergency services.**

Outpatient Services

Physicians, emergency rooms, and other outpatient service providers located outside the *BlueCard* service area typically require you pay the full amount when you receive the service. You must submit a claim to obtain a reimbursement for the covered services.

How to Submit a Claim to Blue Cross Blue Shield Global Core

When you pay for covered services outside the *BlueCard* service area, you must submit a claim to receive a reimbursement. For institutional and professional claims, you must complete a *Blue Cross Blue Shield Global Core* claim form and submit the claim form with the provider's itemized bill of account to the *Blue Cross Blue Shield Global Core Service Center* (see address on the form) to initiate the claim process. Follow the instructions on the claim form to ensure your claim is processed promptly. To

receive a copy of the claim form, call Triple-S Salud or the *Blue Cross Blue Shield Global Core Service Center*, or find it online at www.bcbsglobalcore.com. If you need help with your claim, call the *Blue Cross Blue Shield Global Core Service Center* at 1-800-810-BLUE (2583) or place a collect call to 1-804-673-1177, available 24 hours a day, seven days a week.

HOW DOES THIS ENDORSEMENT WORK?

This Major Medical Expense endorsement provides benefits for certain services that have been limited or excluded in the basic coverage, as specified in the Medical Expenses section, provided that they meet the conditions established in this endorsement for such services.

Medical expenses covered under this endorsement will be paid directly to the member or through an assignment of benefits, as per the rates established for such purposes and the applicable amounts for the primary policyholder and each one of his/her insured eligible dependents. Optional dependents are not eligible for the benefits offered by this coverage.

To be entitled to the reimbursement of covered medical expenses, the person must be insured by the basic policy for hospitalizations and medical-surgical and outpatient services, under the coverage that corresponds or is analogous to that of the requested service. These benefits are subject to the terms and conditions specifically established for them and are only offered for members who permanently live in the Service Area.

Expenses for services received in or outside a hospital, anywhere in the world, will be paid if they are related to a disease, accident, pregnancy, delivery, or health condition, in the following manner:

- If the service is provided in Puerto Rico, the reimbursement will be based on the health care benefit level established by Triple-S Salud for such purposes;
- If the service is provided outside Puerto Rico, payment will be based on the rates established by the *Blue Cross Blue Shield Association (BCBSA)* plans for participating BCBSA providers, except as otherwise stated in this endorsement.
- Services delivered by non-participating providers outside Puerto Rico will not be covered, except in case of emergency. In these cases, Triple-S Salud will pay the fee percentage for non-participating providers established by the local Blue Cross Blue Shield Association plan, or the highest of the following three amounts (adjusted to the shared costs of the participating provider network):
 - fee negotiated with participating providers,
 - the usual, customary, and reasonable (UCR) charge; or
 - the amount Medicare would pay.

The member will be responsible for paying the deductible and/or co-insurance established in this coverage, as well as any difference charged by the non-participating provider.

Pre-Certification

All services rendered outside of Puerto Rico are paid exclusively through this coverage, subject to a precertification from Triple-S Salud, except in case of emergency.

Expenses incurred for covered services as a result of a medical emergency while the affected member is outside Puerto Rico shall not require precertification, but they will be subject to Triple-S Salud's verification of their reasonableness and medical necessity.

Services that require a precertification in the Basic Coverage are still subject to the same requirement in this Major Medical Expenses coverage.

MAJOR MEDICAL EXPENSES COVERAGE

Coinsurance

- a. Each member is responsible for 20% of the covered medical expenses.
- b. Each insured family is responsible for 20% of the covered medical expenses.
- c. The applicable amounts for the coinsurance of covered medical expenses shall be determined based on the rates established for covered medical expenses.

Reimbursement

Covered medical expenses for medical services shall be reimbursed under the following conditions:

1. 80% of the covered medical expenses incurred during a policy year by the policyholder or his/her insured dependent, after meeting the deductible, if applicable.
2. Each insured person or family member shall be responsible for the difference between incurred expenses and the rates established by Triple-S Salud for the reimbursement of covered medical expenses.

BENEFITS

COVERED MEDICAL EXPENSES: We will cover all medically necessary expenses for treating injuries or illnesses suffered by the member and as recommended and authorized by the attending physician, if these services are rendered outside Puerto Rico, or in Puerto Rico as an extension of the basic coverage benefits if they are limited or excluded. This endorsement for Major Medical Expenses does not cover services in excess of the limitations in the Basic Coverage, except for the services explicitly stated in this section.

1. **Anesthesia and Its Administration**
2. **Outpatient services for mental health conditions and substance and alcohol abuse:** covered medical expenses for outpatient services to address mental health conditions and substance and alcohol abuse will be reimbursed based on the provisions established for any other illness.
3. **Durable medical equipment (these benefits are covered only if they are rendered outside Puerto Rico, subject to precertification from Triple-S Salud):**
 - a. Oxygen purchase or rental and the necessary equipment for its administration.
 - b. The purchase or rental of wheelchairs or adjustable beds, subject to the criteria established by Triple-S Salud.
 - c. The purchase or rental of respirators, ventilators, and other equipment to treat respiratory paralysis, subject to the criteria established by Triple-S Salud.
4. **Medical Supplies and Equipment:**
 - a. Covered medications that have been prescribed by a physician during hospitalization.
 - b. Surgical supplies and equipment, such as bandages and gauze.
5. **Ambulance Services:** To and from any medical facility. These services are covered if they are rendered by a vehicle that has been duly authorized by the governmental entity appointed for such purposes.
6. **Nursing Services:** If certified as medically necessary and rendered by someone who has been duly certified for such purposes and is not an immediate family member of the patient or part of his/her household.
7. **Hospital Services:** Semi-private room and food, as well as other hospital services and supplies for regular admissions, mental health conditions, and substance and alcohol abuse.
8. **Laboratory and X-Ray Services:** For diagnostic and treatment purposes.
9. **Physician Services**
10. **Physical Therapy and Rehabilitation Services (these benefits are covered only if they are rendered outside Puerto Rico):** For the form and duration of treatment prescribed by the attending physician, under the supervision of a surgeon-physician specialized in physical medicine and rehabilitation. In such cases, supervision will not entail a direct (face-to-face) involvement from the physician, albeit he/she will need to be available on site to evaluate or recommend a change in the treatment plan, if necessary.
11. **Outpatient Surgery Center Services**
12. **Other Services:** The following services are covered, provided that they are considered medically necessary. The concept "medically necessary" excludes services that are: not necessary, rendered outside Puerto Rico, or in Puerto Rico if the benefit is excluded or limited in the basic coverage, experimental or investigative, *clinical trials* for treatment or research, or provided in excess of those

usually required to diagnose, prevent, or treat an illness, injury, failure in bodily systems, or pregnancy.

- a. Hearing devices, up to \$250.00 per policy year, per member
- b. Prosthetic devices or implants to substitute part of or an entire physical organ, or to maintain its functionality, such as pacemakers, prostheses, valves, etc. Replacements are excluded.
- c. Orthotic devices
- d. Orthopedic devices
- e. Surgical assistance
- f. Mammoplasty, subject to precertification by Triple-S Salud.
- g. Sports Medicine, up to 20 therapy sessions per member, per policy year.
- h. *Positron Emission Tomography scans* (PET CT and PET Scan) are covered at the facilities contracted by Triple-S Salud, up to one (1) scan per policy year, per member.
- i. Cardiac Rehabilitation Services are covered if they are rendered by a physical medicine physician with expertise in rehabilitation and exercise physiology or physiatrist. Its purpose is to minimize the physical and psychological disabilities that may arise as a result of a cardiovascular disease. These services will be reimbursed based on the rates and medical necessity provisions established by Triple-S Salud.
- j. Intravenous or inhalational analgesia services rendered at the oral surgeon or dentist's office, provided the member has Triple-S dental coverage.
- k. Prenatal and postnatal services
- l. Tuboplasty
- m. Vasovasostomy
- n. Allergy immunotherapy
- o. Covered services rendered by non-participating providers and facilities in Puerto Rico, based on participating provider rates.

MAJOR MEDICAL EXPENSES EXCLUSIONS

The basic coverage exclusions for hospitalization, medical/surgical, and outpatient services apply to this coverage, except for services specifically listed as covered services.

This coverage excludes the following expenses:

1. Those caused by war or international armed conflict.
2. Dental services for the care and treatment of teeth and gums.
3. Eyeglasses and contact lenses
4. Services rendered while admitted in an institution that is mainly a school or any other training institution, a resting place, a nursing home, or a sanatorium.
5. Services provided by a social worker, including psychologist and psychiatrist social workers, except in cases of autism.
6. Services rendered by air or water ambulance.
7. Services related to all types of dialysis or hemodialysis, as well as any associated complications, and its respective hospital or medical-surgical services, regardless of whether the health condition requires them.
8. Expenses for the applicable copayments or coinsurances in the basic policy for hospitalization, medical-surgical, and outpatient services, and their endorsements.
9. Expenses for post-hospitalization services rendered at a Skilled Nursing Facility or Home Health Care Agency.
10. Expenses for immunizations (excluding allergy immunotherapy), radioactive treatment, and tympanometry
11. Chiropractic manipulations.
12. Expenses related to organ and tissue transplants.
13. Services provided by non-participating professionals and facilities outside Puerto Rico, except in emergency cases.
14. Expenses for services rendered to optional dependents, regardless of whether they are enrolled in the Basic Coverage for hospitalization, outpatient, and medical-surgical services.

TRIPLE-S SALUD, INC.
(hereinafter referred to as Triple-S Salud)
1441 Ave. Roosevelt, San Juan, Puerto Rico
Independent licensee of *Blue Cross Blue Shield Association*

Endorsement for Organ and Tissue Transplants

Group Name: Leidos Inc.

Group Number: SP0007021

Effective Date: January 1, 2021

This endorsement is part of the PG TS Optimo Plus 17 Policy to which it is attached, and it is issued in consideration of the additional corresponding premium payment in advance. It will be subject to the same terms and conditions as the policy, insofar as they are not in conflict with the benefits and conditions in this endorsement.

We invite you to carefully read this document and keep a copy with you for future reference.

We hope you will continue being part of our family, where we care for what is most important for you and your loved ones: your health.

Signed on behalf of Triple-S Salud by its President.



Madeline Hernández Urquiza, CPA
President

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DEFINITIONS

For the purposes of this endorsement, the following terms shall be defined as stated below:

1. **MAXIMUM BENEFIT:** Maximum amount of benefits to be paid for life or per policy year.
2. **NON-COVERED SERVICES:** Services that
 - a. are explicitly excluded from this endorsement;
 - b. are an integral part of a covered service;
 - c. are provided by a medical specialization that has not been recognized for payment;
 - d. are considered experimental or investigative by the corresponding entities, as stated in the policy;
 - e. are provided for the convenience or comfort of the member, the participating physician, or the facility.
3. **ORGAN TRANSPLANT INSURANCE:** It is an independent insurance, separate from the Triple-S Salud Health Plan held by the eligible member. It only provides coverage for the Organ Transplant benefit, as defined in the Benefits section of this endorsement. Payments for covered benefits are made through compensation or assignment of benefits. To be eligible for this insurance, you must be enrolled in the basic coverage.
4. **PRECERTIFICATION:** A prior authorization issued by Triple-S Salud to pay for any of the benefits and coverages under this endorsement, when deemed necessary by Triple-S Salud. Some of the objectives of the precertification process are: to assess if the service is medically necessary, to evaluate the suitability of the place of service, to confirm the member's eligibility for the service requested, and to check if the service is available in Puerto Rico. Precertifications will be assessed based on the precertification policies established by Triple-S Salud from time to time.

Medications requiring preauthorization are usually those required to meet certain clinical criteria because they have a potential for toxicity, are commonly abused, or are related to high costs.

Triple-S Salud will not be responsible for the payment of such services if they were provided or received without said authorization by Triple-S Salud.
5. **PRE-EXISTING CONDITIONS:** A member's physical or mental condition which first became apparent before the policy was issued, or which existed before the policy was issued and for which the member received treatment.
6. **PRE-TRANSPLANT:** Evaluation and preparation of the member to receive the organ or tissue transplant.
7. **PROCUREMENT:** It refers to expenses incurred during the identification, removal, preservation, and transport of an organ or tissue. It also includes the preoperative evaluation and the surgery required to remove the donor's organ or tissue. Benefits will only apply for the procurement of an organ or tissue covered under this endorsement, provided that the transplant process is not canceled due to the member's death or health condition and that the organ or tissue cannot be transplanted into someone else. These expenses will be covered insofar as the recipient is a Triple-S Salud beneficiary. When referring to bone marrow transplants, the term "donation" is used instead of procurement.
8. **SECOND MEDICAL OPINION:** Request made by Triple-S Salud, or its authorized representative, for the opinion of a physician selected by Triple-S Salud, different from the case attending physician, when Triple-S Salud has deemed such an opinion necessary before the member receives the service. Triple-S Salud may require a second medical opinion from a selected physician for those procedures where, as determined by Triple-S Salud or its authorized representative, it is necessary to obtain said opinion.

9. **TRANSPLANT:** A procedure or series of procedures where an organ or tissue is:
- a. Removed from the body of one person, the donor, and implanted in the body of another person, the recipient; or
 - b. Removed from and implanted in the same individual's body.

ORGAN AND TISSUE TRANSPLANT BENEFITS

All benefits under this endorsement are subject to their specifically established terms and conditions. They will only be available to members who permanently reside in the Service Area.

Triple-S Salud is responsible for the payment of the services offered to the member, subject to this endorsement's provisions and the following conditions:

- 1. Benefits are covered per policy year and per member, unless when stated otherwise.
- 2. It only covers human organ and tissue transplants, up to the limits established by the coverage, and **requires precertification** from Triple-S Salud or its authorized representative for each transplant phase.
- 3. Triple-S Salud or its authorized representative may require a second medical opinion from a selected physician when deemed necessary to confirm that the member is receiving the most effective treatment possible and to maximize your coverage benefits.
- 4. The member, the physician, the hospital, and the Transplant Network facility will obtain guidance on the precertification process. If Triple-S Salud requires a precertification or preauthorization before the services are rendered, it will not be responsible for the payment of such services if they have been rendered without precertification or preauthorization from Triple-S Salud or its authorized representative.

These benefits will be covered by compensation (reimbursement) to the member or by an assignment of benefits to issue direct payment to the designated Transplant Network facilities in and outside Puerto Rico.

Once the services are precertified, the member may request an Assignment of Benefits. By accepting the Assignment of Benefits, the physician, hospital, or facility agrees to bill Triple-S Salud directly for the covered services provided to the member.

ORGAN AND TISSUE TRANSPLANT BENEFITS	
Maximum Benefit	Nothing
The member pays	0%
Transplant of Covered Organs	heart, heart/lung, lung (unilateral or bilateral), liver, pancreas/kidney, kidney, and small intestine.
Covered Medical Expenses	<p>Recipient: Covers expenses that are directly related to the procedure. This includes the evaluation, pre- and post-operative care, transplant, and immunosuppressive drugs.</p> <p>Organs (procurement): Covers expenses and services provided for or related to the procurement, conservation, and transportation of organs to be used for the covered transplant.</p> <p>Transportation, food, and accommodations: This plan covers up to \$10,000 per transplant type for transportation, food, and accommodation expenses.</p> <ul style="list-style-type: none"> • Transportation: to and from the place of surgery for the patient and a companion. If the patient is under the age of nineteen (19), transportation will be allowed for two companions (parents or legal guardians). • Food and accommodations: up to \$150.00 per day per person, or \$200.00 per day for two people (parents or legal guardians of patients under the age of nineteen [19]). <p>Retransplantation</p> <p>Immunosuppressants: covers immunosuppressive drugs duly approved by the <i>Food and Drug Administration (FDA)</i> and drugs used in immunosuppressive therapy.</p> <p>Pre-transplant Expenses: This endorsement covers medical expenses related to the evaluation and preparation of a member eligible for an organ or bone marrow transplant, for thirty (30) days prior to the transplant procedure, in accordance with Triple-S Salud's established health care policy.</p> <p>Triple-S Salud will also cover one pre-transplant evaluation to determine whether the patient is an eligible candidate for transplant, regardless of the date of the procedure. This evaluation will strictly follow the protocol approved by Triple-S Salud.</p>
Bone Marrow Transplant	Covers allogenic, autologous, syngeneic, and hematopoietic stem cell transplants, as long as they are suitable for the following illnesses and conditions: breast cancer, nonmalignant hematological disorders such as aplastic anemia, acute lymphocytic leukemia, acute nonlymphocytic leukemia, acute myeloid leukemia, acute and chronic myeloid leukemia in remission, malignant infantile osteopetrosis, Wiskott-Aldrich syndrome, Hodgkin's disease, non-Hodgkin's lymphoma, advanced neuroblastomas, and severe combined immunodeficiency. The policy covers the following expenses for the aforementioned transplants:

	<ol style="list-style-type: none"> 1. Recipient: Covers expenses directly related to the procedure, including evaluation, pre- and post-operative care, transplant, and immunosuppressive drugs. 2. Bone marrow donation and storage: covers expenses and services related to the procurement, conservation, and transportation of tissue to be used for the covered transplant. 3. Pre-transplant chemotherapy or radiation treatments. 4. Postoperative outpatient care directly related to the transplant procedure. 5. Transportation, food, and accommodations: This plan covers up to \$10,000 for transportation, food, and accommodation expenses. <ol style="list-style-type: none"> a. Transportation: to and from the place of surgery for the patient and a companion. If the patient is under the age of nineteen (19), transportation will be allowed for two companions (parents or legal guardians). b. Food and accommodations: up to \$150.00 per day per person, or \$200.00 per day for two people (parents or legal guardians of patients under the age of nineteen [19]). 6. Retransplantation
Precertifications	<p>Procedure for Organ and Tissue Transplant Cases:</p> <ol style="list-style-type: none"> 1. The referral for transplant services will be made by phone, fax, or in person at the Triple-S Salud information desk. 2. Your eligibility and coverage will be verified. 3. Once coverage is verified, the specialty of the referring physician will be confirmed and whether the referral meets the previously established medical criteria. This refers to limitations or contraindications for the different types of transplant. 4. Triple-S Salud's transplant case specialist will offer initial guidance regarding transplant coverage benefits and alternatives. A precertification for the referral will be issued to one of the <i>Blue Cross and Blue Shield Association</i> Transplant Network Participating Institutions. 5. Triple-S Salud will coordinate the referral for Transplant services with the institution selected by the member and the physician. 6. The Transplant Program at the chosen institution will coordinate a clinical evaluation of the transplant candidate, based on their patient selection criteria, and will remain in direct contact with Triple-S Salud. 7. The member will request a precertification from Triple-S Salud for the Transplant services and at each of its stages. <p>The coordination of claims for transplant services rendered at the selected institution will be handled between said institution and Triple-S Salud, Inc.</p>

ORGAN AND TISSUE TRANSPLANT COVERAGE EXCLUSIONS

This endorsement does not cover the following expenses or services:

1. Expenses caused by war or international armed conflict.
2. Services provided while the patient's insurance is not in force.
3. Services that are available as per state or federal legislation, for which the member is not legally required to pay. Also, such services shall be excluded if they are denied by the corresponding governmental agencies due to breach or infringement of the requirements or provisions in the aforementioned laws, even if said breach or infringement does not constitute a crime.
4. Treatment services required arising from the member's perpetration of a crime or breach of the laws of the Commonwealth of Puerto Rico or of any other country, except for injuries resulting from an act of domestic violence or a medical condition.
5. Services received free of charge or paid through donations.
6. Expenses or services for personal convenience, such as telephone, television, custodial care services, rest house, convalescence home, or home care.
7. Reimbursement of expenses incurred in payments issued by the member to any physician or provider for services not covered under this endorsement.
8. Services that are not medically necessary, services deemed to be experimental or investigative, as defined by the *Food and Drug Administration (FDA)*, the *Department of Human and Health Services (HHS)*, and the Puerto Rico Department of Health, or which are not in compliance with the health care policy established in the *Technology Evaluation & Coverage Manual (TEC)* of the *Blue Cross Blue Shield Association*, for the specific indications and methods ordered.
9. Expenses or services for new medical procedures not considered experimental or investigative, until Triple-S Salud determines their inclusion in the coverage offered under this endorsement.
10. Expenses and services related to organ and tissue transplants that were donated or received without a precertification from Triple-S Salud or an authorized representative.
11. Expenses related to special nursing services and home care.
12. Services rendered by air or water ambulance.
13. Expenses for services rendered to optional dependents.
14. Expenses for services rendered by facilities or providers not participating in the established Organ Transplant Network.

TRIPLE-S SALUD, INC.
1441 Ave. Roosevelt, San Juan, Puerto Rico
Independent licensee of *Blue Cross Blue Shield Association*

Endorsement for Pharmacy Coverage

Group Name: Leidos Inc.

Group Number: SP0007021

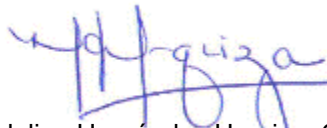
Effective Date: January 1, 2021

This endorsement is part of the policy to which it is attached, and it is issued in consideration of the additional corresponding premium payment in advance. It will be subject to the same terms and conditions as the policy, insofar as they are not in conflict with the terms and conditions in this endorsement.

We invite you to carefully read this document and keep a copy with you for future reference.

We hope you will continue being part of our family, where we care for what is most important for you and your loved ones: your health.

Signed on behalf of Triple-S Salud, by its President.



Madeline Hernández Urquiza, CPA
President

DEFINITIONS

1. **90-DAY PRESCRIPTION DRUG DISPENSING PROGRAM:** Voluntary program that allows members to obtain a 90-day supply of certain maintenance medications through participating pharmacies.
2. **ACUTE DRUGS:** Medications prescribed to treat a non-recurrent disease (for example: antibiotics). These medications have no refills.
3. **BLUE CROSS BLUE SHIELD PLAN:** Independent insurer that, through a contract with the Blue Plans Association (Blue Cross/Blue Shield), acquires the license to belong to the association of independent plans and to use its trademarks.
4. **COINSURANCE:** The percentage of the fee the member has to pay, when receiving covered services, to participating providers or physicians, or to any other providers, as a contribution to the cost of the services received, as established in this endorsement and as notified to the participating physician or provider. This amount is not refundable by Triple-S Salud.
5. **COPAYMENT:** The predetermined fixed amount that the member has to pay, when receiving covered services, to participating providers or physicians or to any other providers, as a contribution to the cost of the services received, as established in this endorsement and as notified to the participating physician or provider. This amount is not refundable by Triple-S Salud.
6. **DRUG LIST OR FORMULARY:** Guide of the medications selected by Triple-S Salud's Pharmacy and Therapeutics Committee, containing the therapies necessary for a high-quality treatment. Pharmacy coverage benefits are determined according to the medications included in the Drug List or Formulary. This selection is made based on the safety, effectiveness, and cost of the medications that ensure the quality of therapy, minimizing misuse that could affect the patient's health.
7. **EFFECTIVE DATE:** The first day of coverage of the plan.
8. **FDA:** United States Food and Drug Administration (Federal Food and Drug Administration or FDA).
9. **MAIL ORDER PHARMACY PROGRAM:** Voluntary program that allows members to receive certain maintenance medications through the United States Postal Service.
10. **MAINTENANCE PRESCRIPTION DRUGS:** Medications that require prolonged therapy and have a low probability of changes in dosage or therapy due to side effects. Also, medications whose most common use is to treat a chronic illness when a therapeutic end cannot be determined.
11. **MEDICAL OR SCIENTIFIC EVIDENCE:** Means evidence produced by any of the following sources:
 - Peer-reviewed studies, published or accepted for publication by specialized medical journals that comply with nationally-recognized standards for scientific texts;
 - Peer-reviewed medical publications, including those related to therapies that have been evaluated and approved by institutional review boards, the biomedical compendia, and other medical journals that comply with the indexing criteria of the National Institutes of Health Medical Library, in the Medicus Index (Medline), and those of Elsevier Science Ltd. In Excerpta Medicus (EMBASE);

- Medical journals recognized by the Secretary of Health and Human Resources of the United States Government, pursuant to the federal Social Security Act;
 - The following regulations:
 - The American Hospital Formulary Service-Drug Information;
 - Drug Facts and Comparisons®;
 - The American Dental Association Accepted Dental Therapeutics; and
 - The United States Pharmacopoeia-Drug Information;
 - The findings, studies, or investigations conducted by or under the sponsorship of federal government agencies and by federal research institutes recognized in the United States of America, which include:
 - The federal Agency for Health Care Research and Quality;
 - National Institutes of Health;
 - National Cancer Institute;
 - The National Academy of Sciences;
 - Centers for Medicare and Medicaid Services (CMS); and
 - Any national board recognized by National Institutes of Health whose purpose is to evaluate the efficiency of healthcare services;
 - Any additional medical or scientific evidence comparable to the provisions in Subsections (A) to (E) cited above.
 - Categorical exclusion - means the specific provision established by Triple-S Salud to not cover a prescribed drug, identifying it by its scientific or commercial name.
12. **MEMBER OR INSURED PERSON:** Any eligible and subscribed person, be it the main insured or a (direct or optional) dependent, who is entitled to receive the services and benefits covered under this endorsement.
 13. **NEW PRESCRIPTION DRUGS:** Drugs that have been recently introduced in the market. They are evaluated by the Pharmacy and Therapeutics Committee for a period of no more than ninety (90) days after their approval by the Food and Drug Administration (FDA).
 14. **NON-PARTICIPATING PHARMACY:** Any pharmacy that has not signed a contract with Triple-S Salud to provide services to the members.
 15. **NON-PREFERRED BRAND-NAME PRESCRIPTION DRUGS (Tier 4):** A drug is classified as non-preferred because there are alternatives in the previous tiers that are more cost-effective or have fewer side effects. If the member obtains a non-preferred brand-name prescription drug, he/she will have to pay a higher cost for the medication.
 16. **NON-PREFERRED GENERIC PRESCRIPTION DRUGS (Tier 2):** This tier includes generic prescription drugs with a higher cost than the drugs in Tier 1. These are classified as non-preferred because there are alternatives in the previous tier that are more cost-effective or have fewer side effects.
 17. **NON-PREFERRED SPECIALTY PRODUCTS (Tier 6):** Identifies the medications or products in the Drug List or Formulary that are offered under the Specialty Drug Management Program. Medications in this tier have a higher cost than the specialty products in Tier 5. These are used to treat chronic and high-risk conditions that require special administration and handling.
 18. **OVER-THE-COUNTER MEDICATIONS (OTC):** These are medications without federal legend that can be sold to clients without a physician's prescription.

19. **PARTICIPATING PHARMACY:** Any pharmacy that has signed a contract with Triple-S Salud to provide services to the members.
20. **PHARMACY:** Any legally approved establishment to dispense medications.
21. **PHARMACY AND THERAPEUTICS COMMITTEE:** A committee or similar body consisting of an uneven number of employees or external consultants hired by an insurer or health insurance organization. The members of the pharmacy and therapeutics committee are health care professionals, such as physicians and pharmacists, with knowledge and expertise regarding:
- The adequate manner, from a clinical perspective, of prescribing, administering, and overseeing the use of prescription drugs for outpatients; and
 - Reviewing and assessing the use of these drugs, as well as intervening with such usage.

If the pharmacy and therapeutics committee includes members who represent the pharmacy benefit administrator or the insurer or health insurance organization, these members may only contribute with operational or logistics concerns, but they will not have a vote in any decisions regarding the inclusion or exclusion of prescription drugs in the drug list.

22. **PHARMACIST:** A person who is licensed to prepare, mix, and administer drugs, and practices within the scope of such license.
23. **PHARMACY DEDUCTIBLE:** The annual amount that must be accrued before becoming entitled to the benefits under this endorsement. In this case, it may apply to pharmacy benefit, depending on the selected plan. Each member insured under an individual or family contract shall be responsible for paying the covered services until they reach the annual coverage deductible. Afterwards, they may pay the plan's copayments and/or coinsurance, as established in the Table of Deductibles, Copayments, and Coinsurance of this endorsement.
24. **PHYSICIAN OR PARTICIPANT PROVIDER:** Any physician, hospital, primary services center, diagnostic and treatment center, dentist, laboratory, pharmacy, pre-hospital emergency medical services or any other person or entity authorized in Puerto Rico to provide health care services, which under direct contract with Triple-S Salud or through a third party provides health services to insured Triple-S Health persons.
25. **PREFERRED BRAND-NAME PRESCRIPTION DRUGS (Tier 3):** There are certain brand-name medications that have been selected by the Pharmacy and Therapeutics Committee as preferred agents after evaluating their safety, efficacy, and cost. For therapeutic classes where there are no generic equivalents available, we urge members to use medications identified as preferred as their first choice.
26. **PREFERRED GENERIC PRESCRIPTION DRUGS (Tier 1):** This tier includes generic drugs that have been selected by the Pharmacy and Therapeutics Committee as preferred agents after evaluating their safety, efficacy, and cost.
27. **PREFERRED SPECIALTY PRODUCTS (Tier 5):** Identifies the medications or products in the Drug List or Formulary that are offered under the Specialty Drug Management Program. Medications in this tier include generic, biosimilar (generic versions of biological products), and brand medications. These are used to treat chronic and high-risk conditions that require special administration and handling.
28. **PREMIUM:** The specific amount of money paid to an insurer, in this case Triple-S Salud, as a condition for the eligible employees from SMB employers to receive health plan benefits. The

premium charged for a health plan may not be adjusted per contract year, except if there is a change in the SMB employer's enrollment, the eligible employee's household composition, or the benefits of the health plan requested by the SMB employer.

29. **PRESCRIPTION DRUGS:** Drug approved or regulated that the Food and Drug Administration (FDA) allows to be traded, and that the laws of Puerto Rico or the United States require to be dispensed by prescription.
30. **PRESCRIPTION DRUGS WITH REPETITIONS (REFILLS):** Prescription containing written indications from the physician authorizing the pharmacy to dispense a medication on more than one occasion.
31. **SPECIALIZED PHARMACIES:** Pharmacies providing services for chronic and high-risk conditions requiring specialty drugs for plan members.
32. **STANDARD REFERENCE COMPENDIA** means:
 - "The American Hospital Formulary Service-Drug Information";
 - "Drug Facts and Comparisons®";
 - "The American Dental Association Accepted Dental Therapeutics"
 - "The United States Pharmacopoeia-Drug Information";
33. **STEP THERAPY (ST):** The protocol that specifies the sequence in which prescription medications must be dispensed for certain medical conditions. In some cases, we require that the member use a medication first as therapy for his/her condition before we cover other medications for the same condition (first step medications). For example, if Medication A and Medication B are both used to treat a medical condition, we require that the member use Medication A first. If Medication A does not work for the member, then we will cover Medication B (second step medications).
34. **THERAPEUTIC CLASSIFICATION:** Categories used to classify and group drugs in the Drug List or Formulary according to the conditions they treat or the effects they produce in the human body.
35. **WAITING PERIOD:** Means the period that must elapses with respect to the insured person before he or she may be eligible to receive certain benefits under the terms of the health plan. The waiting period in no case may exceed ninety (90) days. However, emergency room services will not have a waiting period and the waiting period for preventive services may not exceed thirty (30) days.

PROCEDURE FOR REIMBURSEMENTS

1. Reimbursement requests should be sent:
 - a. Through our website www.ssspr.com. You will find the Member Forms under the Tools for You section located at the bottom of the main page, including information to request a reimbursement online.
 - b. Via email. For medical services, to the following email: reembolso@ssspr.com.
 - c. By mail: Triple-S Salud, Inc. PO Box 363628, San Juan, PR 00936-3628
 - d. You should include the following:
 - Full name (including both last names) and contract number of the member who received the service
 - Date of service
 - Diagnostic Code (*ICD-10*) and description of received services
 - Procedure Code (in force at the time of service)
 - *National Provider Identifier (NPI)*
 - Stamped payment receipt, including provider's name, address, specialization, and license number
 - Amount paid for each service
 - Signature of the provider or participant who rendered the services
 - Reason you are requesting a refund
 - For ambulance services, you must include information about the traveled distance and evidence of medical necessity
 - If the services required a precertification, copy of such precertification

If you are requesting a reimbursement for medications, you must add:

- Pharmacy's official receipt
- Name and contract number of the member who received the service
- Name of medication
- Daily dosage
- Prescription number
- Amount dispensed
- National Drug Code (*NDC*)
- *National Provider Identifier (NPI)* of the pharmacy and prescribing physician
- If you paid a participating pharmacy, state the reason
- State the cost for each medication

If you are requesting a reimbursement for Coordination of Benefits, you should include:

- Contract number of your primary plan if it is with Triple-S Salud
- If you are requesting reimbursement for the amount not paid by your primary health insurance plan, you must include the Explanation of Benefits of the other plan.

5. You must notify Triple-S Salud in writing about the claim within twenty (20) days after receiving the service or as soon as reasonably possible for the member or the employer, but no later than one (1) year after the date the service was rendered, unless evidence is submitted that it was impossible to file the claim within the established time.

6. Triple-S Salud has up to 15 days to deliver an acknowledgement of receipt after receiving the claim notice by mail. Notices delivered to a member's appointee shall be considered notices delivered to the member, provided that the authorization is in force and has not been revoked. If the person is not authorized and receives a notice addressed to the member, he/she must report it to the claimant within 7 days, stating the name and address of the person who should receive the notification. Should the claim notice be sent by email, the member will immediately receive a system confirmation. Should the claim be submitted at a Service Center, receipt is given upon delivery of the document.
7. Triple-S Salud will investigate, adjust, and resolve all claims in the shortest reasonable period, within 30 days after receiving the request. If Triple-S Salud cannot arrive at a resolution within the aforementioned period, it shall keep record of the documents that prove just cause to exceed such term. The Commissioner of Insurance has the authority to request an immediate resolution if it is understood that the process is being delayed unduly or unreasonably.

PHARMACY BENEFIT (FZ-08)

Generic medications are dispensed as a first choice, except for brand-name medications included in the Drug List or Formulary for which there is no generic version. If the member chooses a brand-name drug when there is a generic version in the market, the member will pay the copayment for the brand-name drug and the difference in cost between the brand-name and the generic drug.

This benefit is governed by the guidelines of the Food and Drug Administration (FDA), ANDA (Abbreviated New Drug Application), NDA (New Drug Application), and BLA (Biologics License Application). These include, dosage, medication equivalence, and therapeutic classification, among others.

This plan will provide for the dispensing of covered medications, regardless of the ailment, injury, condition, or disease for which they are prescribed, as long as the medication is approved by the FDA for at least one indication and the medication is recognized for treatment of the ailment, injury, condition, or disease in one of the standard reference compendiums or in generally accepted peer-reviewed medical literature. However, this plan is not required to cover a medication if the FDA has determined that its use is contraindicated for the treatment for which it is prescribed. It also includes the medically necessary services associated with the administration of the medication.

To ensure your benefits are covered, you must present the Triple-S Salud member card at any participating pharmacy when requesting benefits. Upon presentation of the Triple-S Salud member card and a prescription, the participating pharmacy will provide the covered Drug List or Formulary medications specified in the prescription, and it shall not charge or bill the member any amount in excess of what is established in the Table of Deductibles, Copayments and Coinsurance that appears at the end of this endorsement. Upon receiving the medications, the member shall sign for the services received and present a second photo identification.

If your physician prescribed a medication not covered by your pharmacy benefit, he/she may issue a new prescription with a covered medication, or he/she may request an exception pursuant to the "Process for Exceptions to the Drug List or Formulary" section of this endorsement. This applies when the therapeutic classification (category) is covered and there are other treatment options.

A pharmacy is not required to fill an ordered prescription if, for any reason and according to its professional judgment, it should not be filled. This does not apply to decisions made by pharmacies in terms of the fees applied by Triple-S Salud.

Any medical prescriptions that do not include indications for use or medication amount may only be dispensed for a supply of forty-eight (48) hours. Example: when a physician writes in his indications: "to administer when necessary (PRN, by its acronym in Latin)".

Medications with refills may not be dispensed before 75% of the supply has elapsed from the date of the last supply, or after one year from the original date of the prescription, unless otherwise provided by the law governing the dispensing of controlled substances.

This pharmacy coverage has the following characteristics:

- This pharmacy benefit uses a Drug List or Formulary, which is approved by the Pharmacy and Therapeutics Committee for this coverage. Our Pharmacy and Therapeutics Committee comprises physicians, clinical pharmacists, and other health care professionals who meet regularly to evaluate and select the medications to be included in the List by following a rigorous process of clinical evaluation.

The Pharmacy and Therapeutics Committee evaluates the Drug List or Formulary and approves changes when:

- a. new medications are included, after being evaluated within no more than 90 days after being approved by the FDA
 - b. medications are changed from a higher copayment/coinsurance level to a lower copayment/coinsurance level
 - c. there are changes for safety reasons, if the prescription drug manufacturer cannot provide the medication or has removed it from the market.
- We shall notify these changes, no later than their effective date, to:
 - a. All members
 - b. Participating pharmacies, for the inclusion of new medications, 30 days in advance before the effective date

Pharmacy Benefit Description

- We shall cover the preferred generic drugs, non-preferred generic drugs, preferred brand-name drugs, non-preferred brand-name drugs, preferred specialty products, and non-preferred specialty products included in the Drug List or Formulary and whose label contains the phrase «Caution: Federal law prohibits dispensing without prescription», as well as insulin and other Over-the-Counter (OTC) medications.
- We will cover preventive services according to the federal laws: Patient Protection and Affordable Care Act, Public Law No. 111-148 (PPACA), and the Health Care and Education Reconciliation Act of 2010 (HCERA), Public Law No. 111-152, and as established by the United States Preventive Services Task Force (USPSTF). Medications classified as preventive, as listed below, are covered with a \$0 copayment if they are prescribed by a physician and dispensed by participating pharmacies in the Triple-S Salud network:
 - Low-dose aspirin (81 mg) for adults aged 50 to 59 years old, to prevent the risk of cardiovascular disease and colorectal cancer.
 - Contraceptive methods: It only covers the drugs included in the Contraceptive List of the Formulary, which includes at least one drug for each category defined in the Patient Protection and Affordable Care Act, Public Law No. 111-148 (PPACA). Generic drugs will be covered as the sole option, except in categories where there are no generic versions in the market. Prescription is required.
 - Folic acid supplements (400 mcg and 800 mcg) for members who are planning or are capable of becoming pregnant.
 - Oral fluoride supplements for preschool-age children, six (6) months old to five (5) years old, whose drinking water sourced do not include fluoride.
 - For those who use products to cease tobacco use, this plan covers the nicotine nasal spray, nicotine inhaler, and bupropion hcl (smoking deterrent), for ninety (90) consecutive days per attempt and up to two (2) attempts per year. Generic drugs will be covered as the sole option, except if there are no generic versions in the market. Does not apply to over-the-counter (OCT) products.
 - Preventive medications to reduce the risk of developing breast cancer, generic equivalents such as tamoxifen or raloxifene in tablets, for patients who are found to be at high risk of developing the disease and are at low risk of having adverse reactions to medications.

- Iron supplements for children ages 4 months old to 21 years old, who are at risk of anemia.
- Statins to prevent cardiovascular events: low or moderate dose of statins for adults aged 40 to 75 years old with no history of cardiovascular disease, who exhibit one or more risk factors (dyslipidemia, diabetes, hypertension, or smoking) and a calculated risk of 10% or more for a cardiovascular event within 10 years. We cover generic drugs simvastatin 5, 10, 20, and 40mg; atorvastatin 10 and 20 mg; and pravastatin 10, 20, 40, and 80 mg; rosuvastatin 5 and 10mg; lovastatin 10, 20, and 40 mg; and fluvastatin 20 and 40 mg.
- Colorectal cancer prevention: prescriptions issued by gastroenterologists for intestinal slides for colonoscopies in adults over 50 years old, only the following prescription drugs will be covered: Suprep and PEG (polyethylene Glycol).
- Medications for Pre-exposure for Prophylaxis for Human Immunodeficiency Virus (HIV PrEP), Descovy and Truvada, these require pre-authorization for diagnostic validation.

For more information about the preventive medications to which these law provisions apply, you may access the following link: <http://www.healthcare.gov/center/regulations/prevention.html>.

- This plan covers prescription drugs to comply with the federal Act for the Welfare, Integration, and Development of Persons with Autism (known as the BIDA Act), subject to the copayments and coinsurance established in this endorsement.
- Buprenorphine
- The amount of medications provided for an original prescription is limited to a 15-day supply for acute drugs and a 30-day supply for maintenance drugs.
- The maintenance drug amount is provided as per the dispensed original prescription, and up to five (5) refills, all for 30-day supplies, within one year from the original prescription date. The physician must state the amount of refills in the prescription.
- Ninety (90)-day supplies apply to certain maintenance drugs, such as medications for heart conditions, thyroid, and diabetes, among others; released through the Mail Order Pharmacy Program or the 90-Day Medication Dispensing Program in Pharmacies. This does not apply to Tier 5 and Tier 6 Specialized Products.

MANAGEMENT PROCEDURES

- Some prescription drugs are subject to management procedures. Triple-S Salud will provide its members, and as part of the information provided in this endorsement, the Drug List or Formulary, which includes detailed information about which prescription drugs are subject to management procedures. The following reference guidelines establish the different types of management that could apply:

- a. **Medications requiring preauthorization (PA):** Certain medications require a preauthorization for the patient to be able to obtain them. These are identified in the Drug List or Formulary as PA (requires Pre-Authorization), in which case the pharmacy shall process the preauthorization before dispensing the medication to the member. The pharmacy will also contact us to obtain authorization for dosage changes and when charges exceed \$750 per dispensed prescription, so as to avoid billing errors.

Medications requiring preauthorization are usually those with adverse effects, candidates for misuse, or related to high costs.

Medications that have been identified as requiring preauthorization must meet the established clinical criteria as determined by the Pharmacy and Therapeutics Committee. These clinical criteria have been developed according to current medical literature.

- b. **Quantity limits (QL):** Certain medications have a limit on the amount to be dispensed. These amounts are established according to what is suggested by the manufacturer, such as the adequate maximum amount not associated with adverse effects that is effective to treat a condition.
- c. **Medical specialization limits (SL):** Some medications have a specialization limit according to the specialist who is treating the condition. These specialization limits are established according to current medical literature.
- d. **Age limits (AL):** There are medications in the Drug List or Formulary that include the initials AL. AL means these medications have an age limit.

Specialty Prescription Drug Management Program

The Specialty Prescription Drug Management Program is coordinated exclusively through participating pharmacies in the Triple-S Salud Specialty Pharmacy Network. The purpose of this program is to help members who have chronic and high-risk conditions requiring the administration of specialized drugs, to receive fully integrated clinical management services for the condition. Some of the medical conditions or medications that require management through the Specialty Prescription Drug Management Program are:

- Cancer (oral treatment)
- Antihemophilic Factor
- Crohn's disease
- Erythropoietin (blood cell deficiency)
- Cystic Fibrosis
- Hepatitis C
- Rheumatoid arthritis
- Multiple sclerosis

- Gaucher Disease
- Pulmonary Hypertension
- Osteoporosis
- Osteoarthritis
- Psoriasis

Among the services included in the program are the following:

- An evaluation that helps identify any particular needs the patient may have regarding the use of his/her medication.
- Clinical interventions that include, among others:
 - Patient care coordination with his/her physician
 - Personalized education for patients and caregivers, according to the condition
 - Management and coordination of drug preauthorization
 - Monitoring the condition's signs and symptoms
 - Monitoring adherence to therapy
 - Adequate use of medications
 - Dosage optimization
 - Drug-to-drug interactions
 - Management of side effects
 - Coordination of refills
 - Assistance via specialized staff for the condition
 - Facilitate drug delivery to the patient's preferred address
 - Access to pharmaceutical personnel 24 hours a day, 7 days a week
 - Educational material about the condition
 - To obtain information about participating pharmacies in the Specialty Pharmacy Network, please refer to the Triple-S Salud Providers Directory, visit our website at www.ssspr.com, or call Customer Service.

There may be other plan requirements that could affect coverage for certain prescription medications. Please refer to the Pharmacy Benefit Exclusions section or the Drug List or Formulary for more information.

TABLE OF DEDUCTIBLES, COPAYMENTS AND COINSURANCES

You are responsible for the following:

Apply Preferred Drug List (PDL)

Structures of Levels Applicable to the Benefit of Pharmacy	
Supply for 30 days	Copayments / Coinsurance
Level 1 - Preferred Generic Drugs	\$10.00
Level 2 - Non-Preferred Generic Drugs	\$10.00
Level 3 - Preferred Brand Drugs	25% minimum \$15.00
Level 4 - Non-Preferred Brand Drugs	25% minimum \$16.00
Level 5 - Preferred Specialty Products	30%
Level 6 - Specialty Products Not Preferred	30%
Oral chemotherapy	10%
Over-The-Counter Drug Program	\$0.00
Medications required by federal law including contraceptives with a doctor's prescription	\$0.00

Note: In some cases, you can apply the copayment or coinsurance up to a maximum established by medication or after having consumed a fixed monetary amount per insured member, applies a coinsurance.

Programs for the Extended Supply of Maintenance Prescription Drugs (90 days)

Triple-S Salud offers programs that provide 90-day supplies of certain maintenance medications. Maintenance drugs apply for the following conditions: hypertension, diabetes (insulin and oral tablets), thyroids, cholesterol, epilepsy (anticonvulsants), estrogen, Alzheimer's (patches not included), Parkinson's, osteoporosis, and prostate, among others. Does not apply to specialty products.

Triple-S Salud members will be able to select their preferred option to receive certain maintenance medications through participating pharmacies, or in the comfort of their own home, by registering in the Triple-S Salud Mail Order Pharmacy Program or Triple-S en Casa.

90-Day Prescription Drug Dispensing Program: This extended supply program allows members to obtain a 90-day supply of certain maintenance medications through participating pharmacies. The Program has pharmacy network spanning all of Puerto Rico (950 pharmacies), including chain and independent community pharmacies.

Structures of Levels Applicable to the Benefit of Pharmacy	
Supply for 90 days	Copayments / Coinsurance
Level 1 - Preferred Generic Drugs	\$20.00
Level 2 - Non-Preferred Generic Drugs	\$20.00
Level 3 - Preferred Brand Drugs	20% minimum \$40.00
Level 4 - Non-Preferred Brand Drugs	20% minimum \$40.00

Mail-Order Pharmacy Program or Triple-S en Casa: Under this program, members receive a 90-day supply of their maintenance prescription drugs at home or in any other place of preference and may order medication refills by mail or phone. The shipment for medications is free of charge, and members will save in their copayments.

Triple-S en Casa: Under this program the person through an application in their smart cell, can manage 90 days of their maintenance drugs at home or other place of preference, with next day delivery. For information call 1-888-525.4842.

Pharmacy For Mail Order	
Supply for 90 days	Copayments / Coinsurance
Level 1 - Preferred Generic Drugs	\$20.00
Level 2 - Non-Preferred Generic Drugs	\$20.00
Level 3 - Preferred Brand Drugs	20% minimum \$40.00
Level 4 - Non-Preferred Brand Drugs	20% minimum \$40.00

PREAUTHORIZATIONS FOR PRESCRIPTION DRUGS

Certain medications require the member to obtain preauthorization. Medications requiring preauthorization are usually those with adverse effects, candidates for misuse, or related to high costs.

Physicians and pharmacies have received guidance on which medications need to be preauthorized. The medications that require preauthorization are identified in the Drug List or Formulary with the acronym PA on the column to the right of the medication, in which case the pharmacy will process the preauthorization before dispensing the medication.

For preauthorizations, or if the member needs more information or has any questions regarding whether or not they should request a preauthorization for the medications they need, please contact our Customer Service Department at (787) 774-6060.

PROCEDURE FOR PREAUTHORIZATIONS FOR PRESCRIPTION DRUGS

Triple-S Salud has 72 hours (3 days) after receiving the medication preauthorization request to do the following:

1. Evaluate the documentation received
2. If necessary, additional information will be requested from the physician, insured person or pharmacy
3. Notify you of the determination

If the requested documentation is not received within 72 hours for the evaluation of the medication, Triple S Salud will send a notification which indicated that it has 5 calendar days to provide the information to the insured person, the pharmacy and the physician.

If Triple-S Salud receives all the required information and fails to make a determination regarding the

preauthorization request or to notify within the established time (72 hours; 36 hours for controlled drugs), the member will be entitled to the medication supply that was the subject of the request, for thirty (30) days as requested or prescribed, or in the case of step therapy, for the terms established in the coverage.

Triple-S Salud shall make a determination regarding the preauthorization request before the member finishes the medication supplied. If no determination or notification is provided within this period, the coverage will be maintained continuously under the same terms. This, while the medication continues being prescribed and is considered a safe treatment, and until the limits of the applicable benefits have been exhausted.

PROCESS FOR EXCEPTIONS TO THE DRUG LIST OR FORMULARY

The member may ask Triple-S Salud to make an exception to the coverage rules, provided that the medication is not an exclusion. There are medications that are classified as a “categorical exclusion”. This means that the plan has established a specific provision for the non-coverage of a prescription medication, identifying it by its scientific or commercial name.

Types of exception

There are several types of exceptions that the member may request:

- To cover their medication even if it is not in our Drug List or Formulary and is not an exclusion.
- To cover a medication that has been or will be discontinued from the Drug List or Formulary for reasons not related to health care or because the manufacturer cannot provide it or has withdrawn it from the market.
- For a management exception, which implies that the prescription drug will not be covered until the step therapy requirements are met, or because it has a limit in the amount allowed.
- For a duplicate therapy exception if there is a change in dosage or if the physician prescribes another drug within the same therapeutic category.
- For medications whose uses are not approved by the Food and Drug Administration (FDA). These medications are not usually covered, except for health conditions where there is medical or scientific evidence that the drug is effective for such purposes, according to the reference books including the medical categories for approval or denial.

How to make a request?

The member, his/her authorized representative, or his/her physician may request an exception via:

- **Phone call to 787-749-4949** – They will offer you guidance on the process you should follow to request an exception.
- **Fax** Pharmacy Department to **(787) 774-4832** – You should send all the documentation needed to evaluate the request, including the contract number.
- **Mail** to the following address: Triple-S Salud PO Box 363628 San Juan, PR 00936-3628.

Information required to approve your exception request

To process your exception request, your physician must provide the following information:

- Name of the patient
- Contract number
- Primary diagnosis
- Reason why you cannot use any prescription medication in the Formulary that would be a clinically acceptable alternative to treat the member's disease or medical condition.
- The alternative prescription medication included in the Formulary or required according to the step therapy:
- Has been ineffective in treating the disease or medical condition; or, based on clinical, medical, and scientific evidence, the member's known relevant physical and mental features, and the known features of the prescription medication regime, it is very likely that it will be ineffective, or that the efficiency of the prescription medication or the patient's adherence will be affected.

- Has caused or, according to clinical, medical and scientific evidence, is very likely to cause an adverse reaction or other harm to the member.
- The member was already at a more advanced step therapy level under another health plan, so it would be unreasonable to require that they begin again at a lower step therapy level.
- The available dosage, according to the prescription dosage limitation, has been ineffective in treating the member's disease or medical condition; or, based on clinical, medical and scientific evidence, the member's known relevant physical and mental features, and the known features of the prescription medication regime, it is very likely that it will be ineffective, or that the efficiency of the prescription medication or the patient's adherence will be affected.

How does Triple-S Salud process a prescription drug by exception?

1. Upon receiving a request for a medical exception, Triple-S Salud will ensure that it is reviewed by appropriate health professionals, who, in making their determination of the request, will consider the specific facts and circumstances applicable to the insured person to which application was submitted, using documented clinical review criteria that:
 - Will be based on firm clinical, medical and scientific evidence, and relevant practice guides.
2. The health professional designated by Triple-S Salud to review medical exception requests, will ensure that the determinations made correspond to the benefits and exclusions provided in the insured medical plan. These professionals must have experience with medication management. The referred determinations must be

included in a report which will state the qualifications of the health professionals who made the determination.

3. Triple-S Salud will make the determination of the application submitted and will notify the insured person or their representative with the urgency required by the medical condition but no later than 72 hours after receiving all the required information from the date of receipt of the request or communication from the physician who issues the prescription, whichever is later. In the case of controlled medications, it will not exceed 36 hours.
 - Triple-S Salud will request the doctor or pharmacy for the clinical information required to evaluate your request by telephone, fax or any other electronic means.
 - In the event that the insured person is the one who submitted the request, and it is necessary to obtain additional information to complete the evaluation of the medication, the insured person is contacted by phone, to inform about the additional information that must be supplied by the physician to evaluate the case, the time to send it and the fax number to which it must be sent.
 - If the information is not received within 72 hours, the case shall be closed due to insufficient information. Notice shall be provided to the member or, if applicable, his/her authorized representative, and the prescribing physician. This notification will include further details about the missing information. Closing the request does not mean the member may not submit the information again.
 - The exception request form is available free of charge at www.ssspr.com. You may find it under the Tools for You section, which is located at the bottom of

the main page, under Member Forms, as well as in the Drug List or Formulary.

4. If Triple-S Salud does not make a determination regarding the medical exception request or notify it within the before mentioned time period:

- The member shall be entitled to a 30-day supply of the prescribed medication for which the request was submitted, as per the supply was requested or prescribed; or in case of step therapy, for the term provided by the coverage.
- Triple-S Salud shall make a determination regarding the medical exception request before the member finishes consuming the medication supplied.

5. If Triple-S Salud does not make a determination regarding the medical exception request or notify it before the member finishes his/her medication supply, it should maintain coverage continuously and under the same terms, as long as the medication continues being prescribed to the member and is considered safe to treat the member's illness or health condition, unless the applicable benefit limits have been exhausted.

6. If Triple-S Salud approves an exception, it will provide coverage for the medication and will not require the member to request authorization for refills or new prescriptions to continue using the same medication, as long as:

- the medication is prescribed for the same illness or health condition; and
- that it is deemed safe within the policy year

7. Triple-S Salud shall not establish a level of copayment or coinsurance that is applicable only to those medications approved by exception requests. If your exception request is approved, the **[Tier 6]** coinsurance will apply.

8. Any denial of an exception request:

- a. The member or his/her personal representative, if applicable, in writing or by electronic means, if the member has agreed to receive information that way.
- b. To the prescriber by electronic means at his/her request, or in writing.
- c. In the denial notice, we will inform the member of his/her right to file a request to appeal the denial, as established in this endorsement.

9. Process to notify the coverage determination:

The process to notify denials for cases that do not meet the criteria established by the coverage, such as non-formulary coverage, preauthorization, step therapy, amount limits, duplicate therapies, and use not approved by the FDA, among others, shall include:

- a. The specific reasons for the denial;
- b. References to the evidence or documentation, which include the clinical review criteria and the practice guidelines considered to deny the request;
- c. Instructions on how to request a written statement of the clinical, medical, or scientific reasons for the denial;
- d. Description of the process and procedures to file a request to appeal the denial.

10. The Triple-S Salud Pharmacy Department keeps written or electronic records that document the process for exception requests.

PHARMACY BENEFIT EXCLUSIONS

The policy exclusions for hospitalizations and medical/surgical and outpatient services apply to this coverage, except for services specifically listed as covered services. Triple-S Salud will not be responsible for the expenses corresponding to the following benefits:

1. Drugs not containing the following script: «*Federal law prohibits dispensing without prescription*» (*Over-the-Counter- OTC*), except those included in the Triple-S Salud OTC Program and certain aspirin dosages for members aged 50 to 59 years old.
2. Charges for artificial instruments, hypodermic needles, syringes, strips, lancets, urine or blood glucose meters, and similar instruments, even if they are used for therapeutic purposes.
3. The following medications are excluded from the pharmacy coverage, regardless of whether they include the federal inscription: «*Caution: Federal law prohibits dispensing without prescription*».
 - a. Medications with cosmetics purposes, or any related product with the same purpose (hydroquinone, minoxidil solution, efformitine, finasteride, monobenzone, dihydroxyacetone, and bimatoprost).
 - b. Fluoride products for dental use (except for minors aged 6 months to 5 years old)
 - c. Dermatological conditions – pediculicides and scabicides (lindane, permethrin, crotamiton, malathion, ivermectin, and spinosad), products to treat dandruff, including shampoo (1% pyrrithione zinc, glycolic acid, selenium sulfide, sulfacetamide sodium), lotions and soaps, alopecia (baldness) treatments such as Rogaine® (minoxidil topical solution, finasteride)
 - d. Pain medications Nubain® and Stadol®.
 - e. Products for obesity control and other medications used in this treatment (benzphetamine, diethylpropion, lorcaserin, orlistat, liraglutide, phendimetrazine, phentermine, sibutramine, naltrexone-bupropion, and mazindol).
 - f. Dietetic products (Foltx®, Metanx®, Limbrel®, and Folbalin Plus®).
 - g. Medications to treat infertility (follitropin, clomiphene, menotropin, urofollitropin, ganirelix, cetorelix acetate progesterone vaginal insert), and fertility.
 - h. Impotence (tadalafil, alprostadil, vardenafil, sildenafil, yohimbine, avanafil).
 - i. Implants (goserelin, mometasone furoate nasal implant, buprenorphine HCl subdermal implant, dexamethasone intravitreal implant, fluocinolone acetonide intravitreal implant, autologous cultured chondrocytes for implantation, testosterone, estradiol, fluocinolone acetonide intravitreal, etonogestrel subdermal implant). In addition, any other that is approved by the FDA.
 - j. Intracranial carmustine implant (used to treat malignant gliomas and glioblastoma multiforme, a type of brain tumor) – the injectable version is covered by the basic coverage.
 - k. Intrathecal implants (nusinersen, poractant alfa, baclofen, pentetate indium, ziconotide, and calfactant)
 - l. Devices (sodium hyaluronate, hyaluronan, and hylan)
 - m. Medications used in tests with diagnostic purposes (thyrotropin, dipyridamole IV 5 mg/ml, gonadorelin HCl, cosyntropin, glucagon, barium sulfate, diatrizoate, iohexol, iopamidol, iopromide, iodixanol, iothalamate, ioversol, mannitol, technetium gadoterate, gadopentetate, gadodiamide, trichophyton, tropicamide, tuberculin, and antigens), leuprolide acetate inj kit 5 mg/ml (1mg/0.2ml)).

- n. Medications for immunization (hepatitis A & B, influenza, encephalitis, measles, mumps, poliovirus, papillomavirus, rabies, rotavirus, rubella, varicella, yellow fever, zoster, cholera, haemophilus b, Lyme disease, meningococcal, plague, pneumococcal, typhoid, tetanus toxoid, diphtheria, immune globulin, respiratory syncytial virus, palivizumab, pegademase bovine, staphylococcus aureus, Rho D immune Globulin) and their combinations, as well as those used for allergy tests. Please refer to the Standard Vaccine Coverage for Minors, Adolescents, and Adults section to learn more about the immunizations covered under your health care coverage policy.
 - o. Products used as vitamins and nutritional supplements for oral use (*Dextrose, Liposyn, Fructose, Alanicem, L-Carnitine, Tryptophan, Cardiovid Plus, Glutamine*), except some folic acid dosages for members, in compliance with the regulation *Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services under the Patient Protection and Affordable Care Act*.
 - p. Oral vitamins (alone or in combination with other vitamins, minerals and folic acid) (niacin, ascorbic acid, thiamine, riboflavin, vitamin E, pyridoxine, dihydrotachysterol, multiple vitamins with minerals, multiple vitamins with iron, multiple vitamins with calcium, vitamin B complex - biotin - D - folic acid, vitamin B complex with vitamin C - folic acid, flavonoids, and bioflavonoids), except the prenatal vitamins that are covered, and injectables.
 - q. Growth hormones (somatropin, somatrem, tesamorelin acetate).
 - r. Wound care products (collagen, dressing, silver pad, balsam, bismuth tribromophenate, wound cleansers or dressings, dimethicone-allantoin)
 - s. The mixture of two (2) or more medications that already exist separately, or extemporaneous preparations.
 - t. Sclerosants (intrapleural talc, etha nolamine, polidocanol, sodium tetradecyl)
 - u. Medications classified as alternative medicine treatments (valerian root, European mistletoe, Glucosamine-Chondroitin-PABA-vitamin E and alpha lipoic acid, coenzyme).
4. Experimental or trial products for the treatment of certain conditions, which have not been authorized by the *Food and Drug Administration*. We also do not cover *clinical trials* or treatments, devices, and experimental or trial drugs administered as part of these studies, services, or products provided for data collection and analysis instead of patient management, as well as items or services free of charge to member, which are commonly offered by the trial sponsor. This applies even if the member enrolls in the study to treat a life-threatening disease for which there is no effective treatment and obtains the physician's approval for participation in the trial because it offers potential benefits. In these cases, Triple-S Salud covers the patient's routine medical expenses, pursuant to the terms and conditions established in this policy. Routine medical expenses are expenses that are medically necessary for clinical trials, and are normally available for members under this plan, regardless of whether they are participating in clinical trials, as well as the services to diagnose and treat complications resulting from the trials, in accordance with the coverage established in this policy.
 5. Services provided by non-participating pharmacies in Puerto Rico.
 6. Services provided by pharmacies outside Puerto Rico and the United States.
 7. Refills ordered by a dentist or podiatrist.
 8. Expenses for injectable antineoplastic agents; these are covered under the Basic Coverage for hospital, medical-surgical and outpatient services.
 9. Triple-S Salud reserves the right to select new medications available in the market to include them in its Drug List or Formulary. No expense for new drugs shall be covered until that medication is evaluated by Triple-S Salud's Pharmacy and Therapeutics Committee, following the guidelines established in Chapter 4 of the Health Insurance Code of Puerto Rico. This Chapter requires that

the Pharmacy and Therapeutics Committee conduct an evaluation of new FDA-approved prescription drugs within no more than 90 days from the date they were approved by the FDA. Triple-S Salud should issue its determination within that time, indicating whether or not it will include the new medication in its Drug List or Formulary. Any new medication included in the excluded therapeutic classifications (categories) will also be considered an exclusion.

10. These will also be excluded: Trypan Blue solution (azoic dye used in histological stains to help differentiate between living cells and dead cells), intravenous lacosamide Vimpat® (medication to treat seizures), degarelix acetate, sodium tetradecyl, polidocanol, morrhuate sodium (solution for peritoneal dialysis), viaspan (cold storage solution to preserve organs before a transplant), sodium tetradecyl sulfate (improves the appearance of varicose veins), polidocanol (treatment of varicose veins), sodium morrhuate (treatment for hemangiomas), intrapleural talc (prevents malignant pleural effusion - accumulation of fluids in the chest cavity of people with cancer or other serious illnesses in people who already have this condition), solution for peritoneal dialysis (to correct the imbalance of electrolytes, fluid overload, and elimination of metabolites in patients with severe renal insufficiency), and homeopathic products in all their presentations (natural products used to treat different conditions on an individual basis). We also exclude the following: Ocrevus, Exondys 51 (treatment for multiple sclerosis), Vyondys 53 (treatment for muscular dystrophy de Duchenne), Xuriden (treatment for hereditary orotic aciduria, and antidote for fluorouracil capecitabine), Signifor (treatment for acromegaly and Cushing's Disease), Ruconest (treatment for hereditary angioedema), Cuprimine (treatment for rheumatoid arthritis, Wilson's Disease, and cystinuria), Spinraza (treatment for spinal muscular atrophy), Zolgensma (treatment for spinal muscular atrophy) Austedo (treatment for Huntington's Chorea), Lucentis Intravitreal (treatment for eye diseases), Orkambi (treatment for cystic fibrosis), Keveyis (treatment for glaucoma and periodic paralysis), Upravi (treatment for pulmonary hypertension), Impavido (treatment for leishmaniasis parasites), Darzalex (treatment for multiple myeloma), Emflaza (treatment for muscular dystrophy), Rubraca (treatment for ovarian cancer), Tagrisso (treatment for lung cancer), Lenvima (treatment for kidney and thyroid gland cancer), Odomzo (treatment for skin carcinoma), Dupixent (treatment for atopic dermatitis), H.P. Acthar (treatment for infantile spasms, multiple sclerosis, gout, sarcoidosis, and amyotrophic lateral sclerosis), Imlygic (melanoma treatment).
11. Medications used for organ and tissue transplants (cyclosporine modified, tacrolimus, sirolimus, cyclosporine, mycophenolate sodium, everolimus, azathioprine, belatacept, and basiliximab).
12. Blood and its components (hetastarch 6%/nacl IV, rheomacrodex IV, human albumin, and plasma protein fractions).
13. Any medication if the FDA has determined that its use is contraindicated for the treatment of the indication for which it is prescribed.
14. Treatment for sudden porphyria attack symptoms related to the menstrual cycle (*Hemin, Panhematin*).
15. Medications covered by the medical part that must be administered by a health professional.
16. Gene Therapy: Any treatment, drug or device that alters, the body's genes, genetic correction, or gene expression.