

## 2020 Consumer Directed Healthcare (CDH) Preventive Medications - Leidos

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA/COPD

ACCOLATE (zafirlukast)  
ADVAIR DISKUS (wixela inhub, fluticasone/salmeterol)  
ADVAIR HFA  
AEROSPAN  
AIRDUO RESPICLICK  
albuterol  
ANORO ELLIPTA  
ARMONAIR RESPLICLICK  
ARCAPTA NEOHALER  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide  
COMBIVENT RESPIMAT  
cromolyn oral inhalation  
DALIRESP  
DULERA  
FASENRA  
FLOVENT DISKUS  
FLOVENT HFA  
FLUTICASONE/SALMETROL  
INCRUSE ELLIPTA

### ASTHMA/COPD (continued)

Inhaler and nebulizer assistive devices  
ipratropium/albuterol oral inhalation  
ipratropium oral inhalation  
levabuterol  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
NUCALA  
Peak flow meters  
PERFOROMIST  
PROAIR HFA  
PROAIR RESPICLICK  
PULMICORT FLEXHALER  
QVAR REDHALER  
SEEBRI NEOHALER  
SEREVENT DISKUS  
Spirometers  
SYMBICORT  
terbutaline  
THEO-24 (theophylline)  
TRELLEGY ELLIPTA  
UTIBRON NEOHALER  
VENTOLIN HFA  
XOLAIR  
YUPELRI  
zileuton ER

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
ATELVIA (risedronate)  
BONIVA (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX (alendronate)  
FOSAMAX D  
BINOSTO  
RECLAST (zoledronic acid)

### CANCER TREATMENT, SIDE EFFECTS FROM

ARANESP  
EPOGEN  
NEUPOGEN  
PROCRIT  
NEULASTA

### CAVITIES

CLINPRO  
GEL-KAM  
PHOS-FLUR  
PREVIDENT  
sodium fluoride rinse, gel, cream, paste, tabs and drops  
stannous fluoride rinse and gel

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## COLONOSCOPY PREPARATION\*

CLENPIQ  
COLYTE (polyethylene glycol)  
GOLYTELY (polyethylene glycol)  
NULYTELY (polyethylene glycol)  
MOVIPREP  
OSMOPREP  
PLENVU  
PREPOPIK  
SUPREP

## DIABETES

### INSULINS

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA  
XULTOPHY

### NON-INSULINS

ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
ACTOPLUS MET XR  
ALOGLIPTIN/PIOGLITAZONE  
AMARYL (glimepiride)  
AVANDIA  
AVANDAMET  
BYETTA  
BYDUREON  
chlorpropamide  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA

## NON-INSULINS (continued)

FORTAMET (metformin)  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
GLUCOVANCE (glyburide/  
metformin)  
GLYNASE (glyburide)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
Lancets  
metformin  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters)  
Needles  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
QTERN  
repaglinide/metformin  
RIOMET solution  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
Syringes  
Test strips  
tolbutamide  
tolazamide  
TRADJENTA  
TRULICITY  
XIGDUO XR

## DEPRESSION

CELEXA (citalopram)  
fluvoxamine  
LEXAPRO (escitalopram)  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
PEXEVA  
PROZAC (fluoxetine)  
PROZAC WEEKLY (fluoxetine)  
SARAFEM (fluoxetine)  
ZOLOFT (sertraline)

## ESTROGEN REPLACEMENT AND

OTHER HORMONES  
PREMARIN PREMPRO PREPHASE  
estradiol tablets  
estradiol transdermal  
medroxyprogesterone

## FUNGAL

MEPRON  
NEBUPENT  
NOXAFIL

## GOUT

allopurinol  
colchicine

## GUM DISEASE

ARESTIN

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
AGGRENOX  
(aspirin/dipyridamole ER)  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
ticlopidine  
XARELTO  
ZONTIVITY

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## CHOLESTEROL LOWERING

### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
FLOLIPID suspension  
LESCOL (fluvastatin)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

### OTHER CHOLESTEROL LOWERING AGENTS

ANTARA  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN (fenofibrate)  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
PRALUENT  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
TRIGLIDE  
TRILIPIX (fenofibric acid)  
VASCEPA  
WELCHOL (colesevelam)

## HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

### ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

### BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
INDERAL XL  
INNOPRAN XL  
LOPRESSOR  
(metoprolol tartrate)  
pindolol  
propranolol  
TENORMIN (atenolol)  
timolol  
TOPROL XL  
(metoprolol succinate)

### BETA BLOCKER/DIURETIC COMBINATIONS

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

### CALCIUM CHANNEL BLOCKERS

ADALAT CC (nifedipine ER)  
amlodipine  
CALAN (verapamil)  
CARDIZEM LA (diltiazem ER)  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
VERELAN (verapamil)  
TIAZAC ER (diltiazem ER)

### DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

### OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWYNSTA (amlodipine/telmisartan)

### MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/proguanil)  
PRIMAQUINE

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## MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg

## MISC ANTIVIRALS

PREVYMIS  
SYNAGIS  
TRUVADA 200mg/300mg

## NAUSEA AND DIZZINESS

ANZEMET  
granisetron  
meclizine  
ondasetron  
prochlorperazine

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
BELVIQ  
BELVIQ XR  
diethylpropion  
LOMAIRA  
phendimetrazine  
SAXENDA  
XENICAL

## SMOKING-CESSATION\*

CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
ZYBAN (bupropion SR 150mg)

## ULCER DISEASE

esomeprazole  
famotidine  
lansoprazole  
omeprazole  
pantoprazole  
rantidine

## VACCINATION\*

Anthrax, BCG, Cholera,  
Diphtheria, Haemophilus  
Influenza B, Hepatitis A and B,  
Human Papillomavirus, Influenza,  
Japanese Encephalitis, Measles,  
Meningococcal, Mumps, Pertussis,  
Pneumococcal, Poliovirus, Rabies,  
Rotavirus, Rubella, Shingles,  
Tetanus, Typhoid, Varicella, Yellow  
Fever, Zoster

## VITAMINS OR MINERALS

Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](http://express-scripts.com).**

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