



Take advantage of your Supplemental Health wellness benefit

*Congratulations! You made a great decision by enrolling for Accident and Hospital Indemnity Insurance issued by **The Prudential Insurance Company of America (Prudential)**.*

➔ But did you know that your coverage includes a wellness benefit¹ of \$100 for Accident and \$100 for Hospital Indemnity Insurance, which helps you to stay healthy by rewarding you for routine health screening tests such as your routine health check-up, dental exam, mammogram, and more?² And now you can easily submit your wellness claim with documentation from your provider just by:

- Visiting www.prudential.com/mybenefits
- Or calling **844-455-1002**, M-F, 8 a.m. to 8 p.m. ET to speak with a representative.

Claim your benefit if you or a covered person received one of the covered wellness benefits listed below. For a complete list of health screening tests, please see your Outline of Coverage.

Health Screening Test	
Biopsies for cancer	Carotid doppler
Blood chemistry panel	Chest x-rays
Blood test to determine total cholesterol	Clinical testicular exam
Blood test to determine triglycerides	Colonoscopy
Bone marrow testing	Complete blood count (CBC)
Breast MRI	Covid-19 vaccination
Breast sonogram	Dental exam
Breast ultrasound	Digital rectal exam (DRE)
Cancer antigen 125 blood test for ovarian cancer (CA 125)	Doppler screening for cancer
Cancer antigen 15-3 blood test for breast cancer (CA 15-3)	Doppler screening for peripheral vascular disease
Carcinoembryonic antigen blood test for colon cancer (CEA)	Echocardiogram
	Electrocardiogram (EKG)



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Electroencephalogram (EEG)	Serum cholesterol test to determine LDL and HDL levels
Endoscopy	Serum protein electrophoresis
Eye exam	Skin cancer biopsy
Fasting blood glucose test	Skin cancer screening
Fasting plasma glucose test	Skin exam
Flexible sigmoidoscopy	Stress test on bicycle or treadmill
Hearing test	Successful completion of smoking cessation program
Hemoccult stool specimen	Tests for sexually transmitted infections (STIs)
Hemoglobin A1C	Thermography;
Immunizations/vaccinations	Two hours post-load plasma glucose test;
Lipid panel	Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms
Mammogram	Ultrasounds for cancer detection;
Oral cancer screening;	Virtual colonoscopy.
Pap smears or thin prep pap test	
Prostate-specific antigen (PSA) test	
Routine health check-up exam (including Covid-19 testing)	

1 The Wellness benefit is payable once per calendar year, per covered person, if the covered person receives a covered health screening test while not confined in a hospital.

2 The Screening/Wellness benefit is not available in all states.

Group Accident, Group Critical Illness and Group Hospital Indemnity Insurance coverages are limited benefit policies and are not substitutes for medical coverage that provides benefits for medical treatment, including hospital, surgical and medical expenses, and they do not provide reimbursement for such expenses. Group Insurance coverages are issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ.

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