

We give you another reason to smile! Members of Delta Dental of Virginia have 24/7/365 access to a dentist through Delta Dental — Virtual Visits when your dentist is not available.\*

## It's safe.

Teledentistry is a safe and effective way to receive care and avoid the emergency room. You can use Delta Dental — Virtual Visits when you:

- have a dental emergency and do not have a dentist,
- · need access to a dentist after hours,
- or need to consult a dentist without leaving home or while traveling.

The teledentistry service is included in your existing dental plan\* and counts as an oral examination.

## Follow these steps to get started

- Step 1: Visit DeltaDentalVA.com and click on Delta Dental Virtual Visits to create an online account.
- Step 2: Fill out required online forms.
- **Step 3:** Take photos of the problem area.
- **Step 4:** Connect with a TeleDentistry.com dentist and begin your consultation.

## It's easy.

You can conveniently access the teledentistry service by a smartphone, tablet or computer with audio/visual capabilities. Or you may call a dedicated phone number at 866-256-2101.

TeleDentistry.com dentists provide the initial consultation and can write prescriptions\*\* when appropriate. Members will then be referred to a Delta Dental network dentist for further diagnosis and treatment.

## After the initial consultation

The TeleDentistry.com dentist will email consultation notes to your Delta Dental network dentist for further treatment. If you have not established care with a Delta Dental dentist, TeleDentistry.com will refer you to an in-network dentist.\*\*\*

Need more help? Call the Delta Dental — Virtual Visits dedicated phone number, available 24/7/365 at 866-256-2101.

<sup>\*</sup>TeleDentistry.com services are only available to current Delta Dental of Virginia members. A TeleDentistry.com consultation counts as a problem-focused exam (D0140) under your dental plan. \*\*e-prescriptions are not available internationally through TeleDentistry. com. \*\*\*TeleDentistry.com services are not currently available in the state of Texas or Maine.