Delta Dental's Special Health Care Needs Benefit

For the nearly 57 million people in the U.S. with intellectual or developmental disabilities,* oral health care can be inaccessible or overwhelming. Delta Dental of Virginia is working to change that.

The American Academy of Pediatric Dentistry defines special health care needs as any physical, developmental, mental, sensory, behavioral, cognitive, emotional impairment or limiting condition that requires medical management, health care intervention, and/or the use of specialized services or programs. The condition may be congenital, developmental, or acquired through disease, trauma or environmental cause, and may impose limitations in performing daily activities. Individuals who fall into these categories often require extra care. Check if your dental plan includes the Special Health Care Needs benefit to provide the best possible experience when visiting the dentist.

What's included?

- **Extra exam benefits** are included for additional consultations with the dentist that may be necessary to help patients understand what to expect prior to treatment.

- **Up to four dental cleanings** in a benefit year.

- **Treatment delivery modifications**, including anesthesia, necessary for dental staff to provide oral health care for patients with sensory sensitivities, behavioral challenges, severe anxiety or other barriers to treatment.

How do I use the benefit?

- Delta Dental members (you and your covered dependents or spouse) should let your dentist know your Delta Dental group** plan includes the Special Health Care Needs benefit and you have a qualifying special health care need.

- To help your dentist understand the benefit and how to bill Delta Dental, take the "Special Health Care Needs Benefit — Dentist Instructions" flyer to your next dental visit. Download the flyer using the QR code, or visit **DeltaDentalVA.com/special-health-care-needs-resources**.

For questions, visit DeltaDentalVA.com/special-health-care-needs-resources or call 800-237-6060.

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